



# National Day of Action 2024

## Re-Thinking Health Care Spending in Canada

On behalf of the Canadian Federation of Medical Students (CFMS) and its Government Affairs and Advocacy (GAA) Team, it is my pleasure to welcome you to NDoA 2024! This year, we have >100 medical students attending from coast to coast. We are also fortunate to have a jam-packed lineup of educational talks and advocacy training sessions from experts in the fields of policy, medicine, and advocacy. Finally, we have scheduled a record number of meetings with Parliamentarians this year, positioning this as (potentially) one of the most successful NDoA's yet!

This agenda contains important information that you will need throughout the training weekend and the Day of Action on Monday. Please review these resources at your leisure. Note that this is a live document; therefore, some minor changes may follow.

If you have any questions or concerns, please do not hesitate to reach out to myself or any member of the CFMS GAA Team!

*Bryce Bogie*

*Director of Government Affairs and Advocacy*

*Canadian Federation of Medical Students*

### **Important Notes:**

Session titles in **RED** reflect an in-person speaker. Session titles in **BLUE** reflect a virtual speaker. All sessions will be accessible via Zoom.

Please follow the hyperlinks attached to the name of each speaker to learn more about them!



# NDoA TRAINING WEEKEND – DAY 1

Saturday November 16, 2024  
MD Financial Management Head Office  
1870 Alta Vista Dr, Ottawa, ON K1G 6R7

Start: 10:00 am EST  
End: 5:00 pm EST

[\[JOIN ZOOM\]](#)  
[\[GOOGLE DRIVE\]](#)

Time	Session and Description	Speaker
9:15 am EST	<p><b>Transportation</b> Andaz Hotel → MDFM</p> <p><b>Instructions:</b> Please be on the bus, located across from the Andaz Hotel's front entrance, by 9:15 am. The buses will leave <b>promptly</b> at 9:15 am.</p>	Roxborough Bus Lines
<b>Welcome</b>		
10:00 - 10:15 am EST	<b>Land Acknowledgement and Welcome from CFMS</b>	<b>Bryce Bogie</b> CFMS Director of Government Affairs and Advocacy
10:15 - 10:25 am EST	<b>Overview of Training Day 1</b>	<b>Bryce Bogie</b> CFMS Director of Government Affairs and Advocacy
10:25 - 10:50 am EST	<p><b>Icebreaker NDoA BINGO!</b></p> <p><b>Instructions:</b> This activity will help you network and meet your fellow NDoA delegates!</p> <p>Every delegate is provided with a BINGO! sheet. Please go around the room and get the signature of an individual who satisfies the condition of each square. No repeat signatures on your BINGO! sheet! Once you have achieved a BINGO! (full line horizontally, vertically, or diagonally), please submit to Zili. A random draw will be run at the end of the day to select a winner!</p>	<b>Zili Zhou</b> CFMS Associate Director of Government Affairs and Advocacy
10:50 - 11:30 am EST	<p><b>Introduction to Canada's Westminster Governance</b></p> <p><b>Description:</b> This presentation will provide a brief, general introduction to the basic structure and function of the Canadian federal government.</p>	<a href="#">Dr. Jeff Kinder</a> Council of Canadian Academies & University of Ottawa
11:30 am – 12:00 pm EST	<b>Three Advocacy Lessons for Health Systems Change Agents</b>	<a href="#">Dr. Dominik Nowak</a> President, Ontario Medical Association
12:00 - 12:50 pm EST	<b>LUNCH</b>	<b>Catering: Take Another Bite</b>
12:50 - 1:30 pm EST	<p><b>Backgrounder Presentation</b></p> <p><b>Description:</b> This session will include a detailed discussion of the “Backgrounder” and the three “Asks” for NDoA 2024.</p>	<p><b>Sanya Grover</b> CFMS National Officer of Political Action Sr.</p> <p><b>Nicholas Bauer</b> CFMS NDoA Research Committee Member</p>

1:30 - 2:00 pm EST	<b>Motivation Equals Destination</b>	<b><a href="#">Dr. Alika Lafontaine</a></b> 2022-23 President, Canadian Medical Association
2:00 - 2:30 pm EST	<b>Day of Action Meetings Overview and Social Media Strategy</b>	<b>Laura Sarro</b> CFMS Communications Coordinator & NDoA Coordinator
2:30 - 3:00 pm EST	<b>Follow the Money (If You Can): The Canada Health Transfer and Where it Actually Goes</b>	<b><a href="#">Anne Dowson</a></b> Canadian Journalist & Patient Advocate
3:00 - 3:30 pm EST	<b>Canada Health Transfer: Background &amp; Future</b>	<b><a href="#">Dr. Haizhen Mou</a></b> University of Saskatchewan
3:30 - 4:00 pm EST	<b>Multi-Jurisdictional Licensure and the Atlantic Registry</b>	<b><a href="#">Dr. Gus Grant</a></b> Registrar & CEO, College of Physicians and Surgeons of Nova Scotia
4:00 - 4:15 pm EST	<b>BREAK</b>	
4:15 - 4:50 pm EST	<b>Accessibility in Advocacy: Advocating with People Living with Disabilities</b>	<b><a href="#">Dr. Lisa Freeman</a></b> University of Ottawa
4:50 - 5:00 pm EST	<b>Day 1 Wrap-Up and BINGO! Draw</b>	<b>Bryce Bogie</b> CFMS Director of Government Affairs and Advocacy
5:00 pm EST	<b>Transportation MDFM → Andaz Hotel</b>	<b>Roxborough Bus Lines</b>
7:00 pm Onwards EST	<b>SOCIAL</b>  <b>Details:</b> Note that this venue has a capacity of 50, so admittance will be on a 'first come, first served' basis. Light appetizers will be provided.  We encourage delegates to come to <a href="#">Blue Cactus Bar &amp; Grill</a> , order some food and drinks, and socialize!	<b>Blue Cactus Bar &amp; Grill</b> 2 ByWard Market Square, Ottawa, ON K1N 7A1  <b>Stephanie Howe</b> CFMS National Officer of Political Action Jr.

# NDoA TRAINING WEEKEND – DAY 2

Sunday November 17, 2024  
 MD Financial Management Head Office  
 1870 Alta Vista Dr, Ottawa, ON K1G 6R7

Start: 10:00 am EST  
 End: 3:30 pm EST

[\[JOIN ZOOM\]](#)  
[\[GOOGLE DRIVE\]](#)

Time	Session and Description Description	Speaker
9:15 am EST	<p>Transportation            Andaz Hotel → MDFM</p> <p><b>Instructions:</b>            Please be on the bus, located across from the Andaz Hotel's front entrance, by 9:15 am. The buses will leave <b>promptly</b> at 9:15 am.</p>	Roxborough Bus Lines
10:00 - 10:05 am EST	<b>Land Acknowledgement</b>	<b>Rohan Singh</b> GAAC Sr. Chair, University of Ottawa
10:05 - 10:15 am EST	<b>Overview of Day 2</b>	<b>Sanya Grover</b> CFMS National Officer of Political Action Sr.
10:15 - 10:45 am EST	<b>Easing the Family Medicine Burden – International and Domestic Solutions</b>	<b>Artem Safarov</b> College of Family Physicians of Canada
10:45 -11:15 am EST	<b>Supporting and Retaining People Working in Healthcare</b>	<b>Dr. Jennifer Zelmer</b> Healthcare Excellence Canada
11:15 - 11:45 am EST	<b>Meeting with Policymakers to Effect Change</b>	<b>Dr. Melanie Bechard</b> Canadian Doctors for Medicare & University of Ottawa
11:45 am - 12:30 pm EST	<b>LUNCH</b>	<b>Catering: Take Another Bite</b>
12:30 - 1:00 pm EST	<b>National Licensure – History, Updates, and Continuing Advocacy</b>	<b>Dr. Kyle Sue-Milne</b> University of Alberta
1:00 - 1:30 pm EST	<b>CMA Advocacy and Government Relations</b>	<b>Dr. Kathleen Ross</b> Past-President, Canadian Medical Association
1:30 - 2:00 pm EST	<p><b>Political Advocacy Training (PAT)            Didactic Portion</b></p> <p><a href="#">[SLIDES]</a></p>	<b>Kanwarpreet Karwal</b> CFMS National Officer of Political Advocacy Training
2:00 - 3:00 pm EST	<b>Political Advocacy Training (PAT)            Practice</b>	<b>Kanwarpreet Karwal</b> CFMS National Officer of Political Advocacy Training
10 mins	<b>Ask #1: Practice</b>	
10 mins	<b>Ask #1: Group Discussion</b>	
10 mins	<b>Ask #2: Practice</b>	
10 mins	<b>Ask #2: Group Discussion</b>	
10 mins	<b>Ask #3: Practice</b>	
10 mins	<b>Ask #3: Group Discussion</b>	

<p><b>3:00 - 3:30 pm EST</b></p>	<p><b>Speaking with Politicians Clearly and Effectively</b></p>	<p><b>Jun Kim</b> CFMS Director of Global Health</p>
<p><b>3:30 - 4:00 pm EST</b></p>	<p><b>Transportation MDFM → Parliament Hill</b></p>	<p><b>Roxborough Bus Lines</b></p>
<p><b>4:00 - 5:00 pm EST</b></p>	<p><b>Parliament Hill Photos</b></p>	<p><b>All Delegations</b></p>
<p><b>Night</b></p>	<p><b>Group Prep Time</b></p>	<p><b>All Delegations</b></p>

# NDoA MEETING DAY

Monday November 18, 2024  
Andaz Ottawa Byward Market (Studio Dalhousie)  
325 Dalhousie St, Ottawa, ON K1N 7G1

Start: 8:00 am EST  
End: 6:00 pm EST

## [MEETINGS SCHEDULE]

Time	Session and Description	Location
8:00 am - 6:00 pm EST	<b>Home Base: Andaz Hotel (Studio Dalhousie)</b>  <i>Studio 1 - Home Base + Lunch</i> <i>Studio 4 - Breakout space (Zoom Meetings / Calls)</i>	
12:00 - 1:00 PM	<b>Pizza Lunch</b>	Served in Studio 1 + Lounge

### Details:

\*\*\*For any questions / concerns, contact Bryce Bogie ([govtaffairs@cfms.org](mailto:govtaffairs@cfms.org)).\*\*\*

### Home Base

- Delegates can store their luggage within our Home Base after checking out of their room.
- Please use this space throughout the day to network, relax, etc. Don't forget to sight-see around Ottawa! There is lots to see within walking distance of our home Base!

### Meetings with Parliamentarians

- Each delegate has been assigned to at least one meeting with a Parliamentarian.
- Please consult the **[MEETINGS SCHEDULE]** so you know: (1) who you are meeting with; and (2) where and when your meeting is being held. Most meetings will be held in-person. The locations of the in-person meetings are all in walking distance from the Andaz Hotel.
  - Please note that this meeting schedule is subject to change with little or no notice; Parliamentarians' schedules frequently change.
- Please ensure you arrive at your meeting location **AT LEAST 30 MINUTES IN ADVANCE** of the meeting start time. You will need to go through security, and we cannot predict how long this will take, so please leave yourself ample time for this step. You **MUST** show valid, government issued photo identification to gain access to each building.
- At the end of each meeting with an MP, start to plant the seeds of advocacy follow-up. Ask questions and try to make plans to follow up in the future with their office. **Please also say that it would be wonderful if they could facilitate a meeting between their party leader and the CFMS!** You can direct them to Bryce Bogie ([govtaffairs@cfms.org](mailto:govtaffairs@cfms.org)).

### Take Lots of Photos!

- Please try to take photos with each of the Parliamentarians with whom you meet. Please also take lots of photos as you travel around Ottawa!
- You can drop your photos into this shared **[FOLDER]**.
- When posting on social media, please tag the CFMS and #NDoA2024