



University of Manitoba

Rady Faculty of Health Sciences; Winnipeg, Manitoba

Key Contacts and Websites

UGME

Leah Deane, Student Support Coordinator,
Services for Students at Bannatyne Campus
Leah.Deane@umanitoba.ca; (204) 272-3198

Student Affairs

Dr. Aviva Goldberg, Associate Dean, Student
Affairs, UGME
StudentAffairsMed@umanitoba.ca; (204) 789-3213

Websites

MD Program: <http://umanitoba.ca/healthsciences/medicine/admissions/>

Student Affairs: http://umanitoba.ca/faculties/health_sciences/medicine/student_affairs/index.html

Medical Student Association: <http://mmsa.online>

Safe Walk Program HSC: 204-474-9312

MMSA

Jaspreet Bassi, MMSA Wellness
Representative

umbassi@myumanitoba.ca

Doctors Manitoba

Phone: (204) 985-5888, Toll free MB 1-888-
322-4242

<https://doctorsmanitoba.ca>

<http://www.docsbwwellness.org>

Financial Wellness

Manitoba Medical College Foundation Bursary Programs

Assists students in financial need. Loan funds can also be accessed for short-term emergency situations.

http://umanitoba.ca/faculties/health_sciences/medicine/student_affairs/awards.html

Government Student Loans Program

Available for students who demonstrate financial need.

<https://www.canada.ca/en/employment-social-development/services/education/student-loan.html>

Financial Counselling

MD Financial provides information for medical students designed to help organize your finances to pay for medical school, prepare for residency and manage your day to day expenses.

Phone: 1 800 267-2332

https://mdm.ca/features/avoid-over-borrowing-with-a-medical-student-and-resident-line-of-credit?WT.mc_id=SRL1401784

Dan Torbiak

Dan Torbiak is always willing to share his expertise and experience on financial matters such as investing, how to go about buying a car, and budgeting.

(204) 291-3553

daniel.torbiak@umanitoba.ca

Physical Wellness

Joe Doupe Recreation Centre

Fitness centre, multi-use gymnasium and studio, indoor track, locker and shower facilities. Intramural sports and fitness classes offered!

Located in Brodie Centre of Bannatyne Campus
<http://umanitoba.ca/faculties/kinrec/recreation/services/index.html>

Fort Garry Campus University Health Centre

Family physicians and nurses available for acute and minor health problems, prenatal care, health and travel counselling, etc.

Located 104 University Centre, Fort Garry Campus
Phone: (204) 474-8411

<http://umanitoba.ca/student/health/index.html>

Family Doctor Finder

Register by phone or online: (204) 786-7111

<https://www.gov.mb.ca/health/familydoctorfinder>

UMSU Health and Dental

110 University Centre, Fort Garry Campus

Phone: (204) 474-6666

Health and Dental Insurance

Students are automatically registered through University of Manitoba Students Union. You can opt out if you have alternate insurance.

<http://www.studentcare.ca>

Needle Stick/Accidental Exposure Procedure

https://umanitoba.ca/admin/vp_admin/risk_management/ehso/media/pep_bann.pdf

Academic and Career Wellness

Academic Learning Centre

Offers workshops, handouts and individual appointments to discuss learning related issues, areas of development and study skills.

<http://umanitoba.ca/student/academiclearning/>

Student Advocacy

Support with grade appeals, academic integrity, fairness, violations of professionalism, and more.

204-474-7423, student_advocacy@umanitoba.ca

Jim Honeyford

Working with Student Services to help students review study strategies.

jim.honeyford@umanitoba.ca

Career Planning Steps

http://umanitoba.ca/faculties/health_sciences/medicine/student_affairs/careerplanningsteps.html

Neil John Maclean Health Sciences Library

Health sciences library offering study rooms, study space, appointments with librarians,

<http://libguides.lib.umanitoba.ca/health/>

NBME Peer Residents

Two peer resident tutors (Dr. Phoebe Thiessen and Dr. Amit Bharji) who are working with student affairs to coach and support those undergoing NBME.

phoebethiessen@gmail.com,

amit.bharji@gmail.com

Spiritual Wellness

Christian Medical and Dental Society

Manitoba medical student chapter of CMDS who work to integrate faith with professional practice.

cmdsmb@gmail.com

Spiritual Health Services

Committed to a supportive environment for patients, families, staff, students and residents.

Health Sciences Centre, Green Owl Zone, Level 2, GF214

Elders-in-Residence

Provide cultural and spiritual guidance to students and staff at University of Manitoba.

Contact Indigenous Student Centre: (204) 474-8850

Traditional Wellness Clinic

Gives Aboriginal and non-Aboriginal people the opportunity to seek healing using traditional healing approach.

Phone: 1-877-940-8880 to make an appointment

Emotional/Mental Wellness

Student Counselling Centre at Bannatyne

Free, confidential counselling right on Bannatyne Campus. Appointments and drop in times available. Located S207 on Bannatyne.

For appointments call: (204) 474-8592

Student Services (204) 272-3190

Max Rady College of Medicine Counselling

Free, confidential consultation for students experiencing emotional stress by Dr. Prober and Dr. Perlov from Dept. of Psychiatry

For appointments call: (204) 789-3328

MMSA Wellness Peer Support

Peer support sessions over lunch hours for students put on by Wellness Peer Support Group.

Watch for peer support sessions or contact wellness representative for details

MD Care

Qualified psychiatrists provide educational and clinical services focused on promotion of emotional and psychiatric well being.

For appointments, leave a message on confidential voicemail at (204) 480-1310

<http://www.docsembwellness.org/resources/docsemb-services/md-care/>

Crisis Intervention

Mobile Crisis Service: (204) 490-1781

Klinik Crisis Line: (204) 786-8686 or 1 888 322-3019

Crisis Stabilization Unit: (204) 940-3633

Manitoba Suicide Line: 1 877 435-7170

24-hour Physician and Family Support Line: 1 844 436-2762 (Organization Wed ID: DOCSMB)

Social/Relationship Wellness

Student Lounge

Social area, microwaves, ping pong table as well as a small quiet area with desks and chairs for studying.

Accessed in Brodie Centre with student card

Medical Student Clubs

The MMSA interest groups and clubs on campus including specialty interest groups, choosing wisely and more! Join a club or attend some of the events these clubs put on throughout the year!

<http://mmsa.online/groups/>

Domestic Violence Crisis Line

1-877-977-0007.