



University of Alberta

Faculty of Medicine and Dentistry; Edmonton, Alberta

Key Contacts and Websites

Learner Advocacy & Wellness Office

1-134 Katz Group Centre for Pharmacy & Health Research; Edmonton, AB T6G 2E1
Tel: 780-492-3092 / 780-492-3150 Fax: 780-492-1329

Dr. Melanie Lewis, Associate Dean, Student Affairs
ML5@ualberta.ca

Dr. Cheryl Goldstein, Assistant Dean, Student Affairs
cgoldste@ualberta.ca

University of Alberta Medical Students Association

Adam Mullan, MSA President
msapresident@ualberta.ca, 780-243-8111
Jillian Schneider, MSA VP Student Affairs
msavpstudentaffairs@ualberta.ca

Alberta Medical Association
T 780.482.2626; Toll-free 1.800.272.9680
Email amamail@albertadoctors.org

Websites

MD Program: www.ualberta.ca/medicine/programs/md

Student Affairs: www.ualberta.ca/medicine/programs/support-wellness

Medical Student Association: www.msa.ualberta.ca/

School Wellness Resource: www.uasucares.su.ualberta.ca/en/

Financial Wellness

Alberta Student Aid

Receive up to \$7,500 per semester in combined Alberta and Canada student loans.

www.studentaid.alberta.ca/

Out of Province Student Loans

Please select your province of residency for further information on your student loan application.

www.ualberta.ca/registrar/scholarships-awards-financial-support/student-loans/out-of-province

Undergraduate Awards

If you are a continuing student (in your second year or later), you may be eligible for the following listed scholarship opportunities.

www.ualberta.ca/registrar/scholarships-awards-financial-support/undergraduate-awards

Emergency Loans

Learners in the Faculty of Medicine & Dentistry in desperate financial need - who have exhausted all other sources of funding - may apply to the associate dean of learner advocacy & wellness for a small, one-time emergency loan
See contact above.

Physical Wellness

Hanson Fitness and Lifestyle Centre

Offers an on campus gym and a variety of fitness classes students can register for given on campus.

Phone: 780-492-7114; Email: fitness@ualberta.ca

University Health Centre

A variety of services available to students, staff members, and spouses and children of students. Include sexual health services, obstetrics and gynecology, and immunizations.

www.ualberta.ca/services/health-centre

Find a Family Physician

If you are looking for a family doctor, some of the best sources to help you find one are listed on this website.

www.acfp.ca/find-family-physician/

Intramural Sign Up

Occurs at the beginning of each semester. Simply contact your sports reps to sign up or access the following website independently.

www.imleagues.com/spa/intramural/850c8cefedf44f1f84bb73b3bf05d3cf/home

HealthLink Alberta

HealthLink is an Alberta service that provides health advice 24/7, all days of the year. Calls are answered by registered nurses.

To access, phone 811. If out of province, or using internet phone, call 1-866-408-5465.

Academic and Career Wellness

Students Union Tutoring Services

Information on signing up as a tutor and/or tutee looking for extra academic help.

T: 1-780-492-4212 E: infolink@su.ualberta.ca

www.su.ualberta.ca/services/infolink/tutor/registry

U of A Career Centre

Information on events and services for career and employment advising.

T: 1-780-492-4291 E: yourcareercentre@ualberta.ca

www.ualberta.ca/career-centre/services/advising-appointments

John C. Scott Health Sciences Library

Located in the Walter C Mackenzie centre, this space is open 7 days a week and provides information related to Health Sciences study

T: 1-780-492-7947 E: jwsinfo@ualberta.ca

www.library.ualberta.ca/locations/scott

University of Alberta Library Information

www.library.ualberta.ca/

Emotional/Mental Wellness

Counselling and Clinical Services

Provides accessible and compassionate psychological and psychiatric services to U of A students, using a short-term therapy model.

T: 1-780-492-5205

Peer Support Centre

Offers a free, confidential, and non-judgemental place to talk to someone for support

T: 1-780-492-4357 E: psc@su.ualberta.ca

Helping Individuals at Risk (HIAR)

A confidential, centralized resource for members of the campus community to report worrisome behaviours or concerns about individuals at risk of harming themselves or others to help connect individuals to supports.

T: 1-780-492-4372 E: hiarua@ualberta.ca

Edmonton Distress Line

24-hour crisis support and professional counselling.

T: 1-780-482-4357

Social/Relationship Wellness

Medical Students Association (MSA) Clubs Page

Over 55 student run clubs are available to participate in and work with numerous organizations across Edmonton. Leaders can be contacted by the emails provided below.

www.msa.ualberta.ca/en/ClubsAndInitiatives/ClubsAndInterestGroups.aspx

MSA Calendar and Events

Access the below website to make sure you're up to date on all the upcoming social and volunteer events for medical students at U of A.

www.msa.ualberta.ca/MSA%20Calendar.aspx

The Fish Tank

This lounge is available for all medical students and clerks and provides a space to relax during your busy schedule. As you turn left before the steps heading to the John C Mackenzie library from the Katz building, the medical students lounge is the first door on your left. Just swipe your card and chill out for a bit.

Spiritual Wellness

Interfaith Chaplains' Association

Support and guidance is available for students of various faith backgrounds. Weekly events take place and newcomers of all beliefs are welcome. Multi-faith rooms are also available for booking

T: 1-780-492-0339 E: interfaithchaplains@ualberta.ca

www.ualberta.ca/current-students/interfaith-chaplains/

Interfaith Centre

3-02 Students' Union Building

Multi-faith Prayer and Meditation Space

172 HUB – small and large rooms available

Aboriginal Students Services Association

Information on programs and housing for FNMI students is available

T: 1-780-492-5677 E: assc.reception@ualberta.ca

Christian Medical and Dental Society (CMDs)

U of A chapter, E: bannon@ualberta.ca

www.msa.ualberta.ca/en/ClubsAndInitiatives/ClubsAndInterestGroups/ChristianMedicalAndDentalSociety.aspx