

# 1<sup>ST</sup> QTR. REPORT



## CANADIAN FEDERATION OF MEDICAL STUDENTS

Report for September 2017 – January 2018

# HIGHLIGHTS



## CFMS celebrates 40<sup>th</sup> anniversary

In 2017, the CFMS celebrated 40 years of connecting, supporting and representing medical students in Canada. A special celebration was held in Ottawa, Ontario, on September 22nd, 2017, at the time of the 2017 Annual General Meeting (AGM).



## Advocacy for better transition to residency

The CFMS continues to advocate for a fair and transparent matching process, with special emphasis upon the increasing number of unmatched Canadian Medical Graduates (CMGs), enhanced career planning & resources, learner support and resources in the transition to residency, and enhanced learner privacy.



## Implementation of CFMS HR & Operations Plan 2017-2022

The CFMS Board has begun work on adopting changes proposed by the recently passed HR & Operations Plan.

## **HENRY ANNAN, CFMS PRESIDENT**

### **I. DESCRIPTION OF POSITION**

The president is responsible for the general supervision and direction of the business of the CFMS. Overall goal-setting and vision fall under the president's responsibilities. The president also serves as the spokesperson for the organization to the public, the media, the government, and national medical organizations.

### **II. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
September 21-24, 2017	2018 CFMS AGM	Ottawa, ON
September 25-October 13, 2017	One-on-one meetings with board members	Teleconference
September 25, 2017	Meeting with MD Financial Management	Teleconference
September 28, 2017	Meeting with Alison Forestell, MD Financial	Halifax, NS
September 27, 2017	CMA Board Orientation	Ottawa, ON
October 2, 2017	CFMS Survey Platform Meeting	Teleconference
October 13-15, 2017	CFMS Fall Board Meeting	Ottawa, ON
October 15-16, 2017	CMA National Health Policy Conference	Ottawa, ON
October 17-21, 2017	CMA Board Retreat	Mont Tremblant, QC
October 26, 2017	Royal College Council Meeting	Ottawa, ON
October 30, 2017	PGME Collaborative Governance Council Meeting	Ottawa, ON
November 1, 2017	CFMS Presidents' Roundtable meeting	Teleconference
November 1, 2017	CFMS Representatives Roundtable meeting	Teleconference
November 8, 2017	AFMC Residency Matching Committee Meeting	Teleconference
November 8, 2017	Meeting with PTMA Insurance Alliance	Toronto, ON
November 8, 2017	MD Financial & CFMS Partnership Meeting	Toronto, ON
November 9, 2017	CFMS Presidential Tour: University of Toronto	Toronto, ON
November 12, 2017	Day of Action Research Committee Meeting	Teleconference
November 14, 2017	CFMS Presidential Tour: McMaster University	Hamilton, ON

November 15, 2017	CaRMS Annual Members' Meeting	Ottawa, ON
November 19, 2017	CFMS Board Meeting	Teleconference
November 19, 2017	AFMC Consultation with CFMS Board on uCMG Strategy	Teleconference
November 25-26, 2017	RDoC Board Meeting	Toronto, ON
November 27, 2017	Meeting with OMSA Co-Chairs	Teleconference
November 30, 2017	CFMS Presidential Tour: University of Ottawa	Ottawa, ON
December 1, 2017	PRPAC Meeting	Ottawa, ON
December 2, 2017	Meeting with CaRMS CEO	Ottawa, ON
December 3, 2017	CFMS VP Academics Roundtable	Teleconference
December 4, 2017	AFMC-CaRMS contract viewing	Ottawa, ON
December 4, 2017	Canadian Medical Forum Meeting with Presidents and CEOs	Ottawa, ON
December 6, 2017	CFMS IT/Communications Strategy Meeting	Ottawa, ON
December 8, 2017	CMA Holiday Dinner	Ottawa, ON
December 8-9, 2017	CMA Board Meeting	Ottawa, ON
December 9, 2017	Meeting with Joule, VP Social Innovation	Ottawa, ON
December 10, 2017	Strategic Initiative Funds/Student Initiative Grants Meeting	Teleconference
December 10, 2017	CFMS Board Meeting	Teleconference
December 13, 2017	CFMS Wellness Survey Meeting	Teleconference
December 15, 2017	AFMC Residency Matching Committee Meeting	Teleconference
December 20, 2017	Meeting with Ontario Ministry of Health and Long-term care	Teleconference
December 21, 2017	CFMS IT/Website Strategy Meeting	Teleconference
January 4, 2018	CFMS Presidential Tour: University of Alberta	Edmonton, AB
January 6-7, 2018	CFMS Winter Board Meeting	Calgary, AB

### III. PRIORITIES AND PROJECT AREAS

- ***Unmatched Canadian Medical Graduate Crisis***

The uCMG crisis continues to be an area of number one priority for my tenure as president. Highlights of my work in this area include

- Robust conversations with members of the AFMC Residency Matching Committee about supports for uCMGs
- Successful passage of a motion at the CMA Board calling provincial and federal governments to urgently increase the number of residency positions for students in this match cycle
- Presentation at the PRPAC December Meeting on the uCMG crisis.
- Joint presentation with the FMEQ at the Canadian Medical Forum meeting on the uCMG crisis
- Teleconference with the Deputy Minister of the Ontario Ministry of Health and Long-term care

I am confident that many of the solutions put forward by the CFMS will be realized in 2018, some to impact the current 2018 CaRMS match and the rest for future match cycles.

- ***Implementation of CFMS Human Resources and Operations Strategic Plan 2017 – 2022***

The table below illustrates our progress thus far on those action items that the board decided to focus on during its tenure. Overall, there has been good progress on much of the implementation plan.

Operational Direction	Action item	Progress	Comments
<b>1. Improve Efficiency of Committees and General Assembly</b>	1.1 Implement robust governance structure	Yellow	
	1.2 Create a Governance Committee	Green	
	1.3 Portfolio & Committee Workplans	Yellow	Gantt chart implemented at board level with varied uptake
	1.4 Position Paper submission guidelines	Yellow	Position Paper task force to finalize recommendations by SGM 2018
	1.6 Empower resolutions committee	Red	Clear definition needed
	1.8 Create Finance, Audit & HR committee	Green	

	1.10 Establish consent agenda		Established at board level with proposal to implement at SGM 2018
	1.12 Increase GA votes from 2 to 3		Motion for by-laws change at SGM 2018
	1.13 Implement Resolutions Task Force Recommendations		Projected full implementation at SGM 2018
<b>2. Engage and Develop Member Volunteers</b>	A.1 Elections timeline		Motion for by-laws change at 2018 AGM
	B.1 Update officer/board terms of reference		
	B.2 Consistent board handover		
	C.1 Review school absence policies		
	C.3 Ensure student on each AFMC committee		
<b>3. Enhance Board Structure and Regional Representation</b>	3.1 Past-president as chair		
	3.2 Change board member titles		Pending official by-law submission to Corporations Canada
	3.4 Regional Rep as chair of CFMS Reps RT		Pending official by-law submission to Corporations Canada
	3.5 Adopt Dyad model for board		Pending official by-law submission to Corporations Canada
		4.1 Budget appropriate deficits	
	4.2 Explore new sponsorship		

<b>4. Increase Human Resources &amp; Financial Health</b>	4.4 Transition general manager to employee status		Projected implementation for 2018/2019
	4.6 Hire PT admin		Search for administrative assistant in progress

- **CFMS Presidential Tour**

I embarked on a tour of our member schools in an effort to meet with students and discuss some of the challenges being faced at their local campuses as well as perceived barriers to CFMS engagement. Thus far I have met with students at University of Toronto, McMaster University, University of Ottawa and University of Alberta. This has been a gratifying initiative and I am confident that the insights gained from these meetings will help us improve our student engagement strategies.

- **SingularityU and TEDMeD**

Thanks to the generosity of Joule, we were able to send 10 CFMS members to the first SingularityU summit in Toronto. Similarly, we were able to send our VP Communications and Executive Vice-President to the TEDMeD Conference courtesy of the CMA.

- **2018 CFMS SGM**

I am extremely excited to welcome everyone to my hometown of Halifax, NS for the 2018 CFMS SGM. Dalhousie University will already be in a celebratory mood as the school celebrates its 200<sup>th</sup> anniversary and the medical faculty its 150<sup>th</sup>. We are so pleased to have received generous sponsorship from the Dalhousie Medical School Dean's office, the Dalhousie Medical Alumni Association, the Dalhousie Medical Students' Society and Doctors Nova Scotia.

#### **IV. REFLECTIONS & CONCLUSIONS**

I continue to be inspired by our board and members in this role as CFMS president. Much has already been accomplished and I cannot wait to see what we will accomplish together in 2018. Full steam ahead!

#### **Henry Annan**

M.D. Candidate (2018), Dalhousie University, Canada

President | Président

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

902-237-5739 | [president@cfms.org](mailto:president@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **STEPHANIE SMITH, CFMS VP STUDENT AFFAIRS & EXECUTIVE VP**

### **I. DESCRIPTION OF POSITION**

The VP Student Affairs is responsible for overseeing the CFMS Student Wellness portfolio, the CFMS Leadership Awards and for coordinating the CFMS member benefits and services. This position requires collaboration with the National Wellness Officer, Wellness Representatives, and various external partners to promote wellness and resilience.

### **II. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
September 21-24, 2017	2018 CFMS AGM	Ottawa, ON
September 26, 2017	Meeting with past VP SA	Teleconference
September 28, 2017	Meeting with regional rep, Victor Do	Teleconference
September 29, 2017	Meeting with President for Executive VP position	Teleconference
October 1, 2017	Wellness Committee meeting	Teleconference
October 2, 2017	Meeting with regional rep, Victor Do	Teleconference
October 13-15, 2017	CFMS Fall Board Meeting	Ottawa, ON
October 20-23, 2017	Interviews for NOW positions and overview of position responsibilities	Teleconference
October 17, 2017	STRIVE train the trainer	Calgary, AB
October 19, 2017	STRIVE train the trainer	Calgary, AB
November 1-3, 2017	TED MED conference	Palm Springs, US
November 5, 2017	Wellness Committee meeting	Teleconference
November 7, 2017	STRIVE course session #1	
November 7, 2017	Meeting with regional rep, Victor Do	Teleconference
November 8, 2017	Meeting with NOW	Teleconference
November 8, 2017	MD Financial & CFMS Partnership Meeting	Teleconference
November 14, 2017	STRIVE course session #2	Calgary, AB
November 16, 2017	Meeting with NOW	Calgary, AB
November 19, 2017	CFMS Board Meeting	Teleconference



November 20, 2017	Meeting with regional rep, Victor Do	Teleconference
November 14, 2017	STRIVE course session #3	Calgary, AB
November 25, 2017	Meeting with NOW and LWI lead	Calgary, AB
November 28, 2017	STRIVE course session #4	Calgary, AB
December 4, 2017	Wellness Committee meeting	Teleconference
December 6, 2017	Meeting with NOW	Calgary, AB
December 10, 2017	CFMS Board Meeting	Teleconference
January 6-7, 2018	CFMS Winter Board Meeting	Calgary, AB

### III. PRIORITIES AND PROJECT AREAS

- **Sponsorships**

This year we have been focusing on maintaining current relationships and developing new sponsorships

- New sponsorships:
  - WestJet: 10-15% discount extended to 10 April 2018. Received 10 free flights as many students used the discount!
  - Running Room: 10% discount from January-March 2018, which was also offered to RDOC.
- Maintained sponsorships:
  - UpToDate: working on app discount
  - LASIK
  - Choice Hotels: Working on free hotel rooms
  - Text Books

I would still like to gain a discount with Air Canada to help offset costs associated with traveling for electives and CaRMS.

- **Implementation of the National Wellness Initiative**

- Wellness Challenge
  - Jan 22- Feb 18
  - New theme every week
    - Nutrition, Mental Health, Physical Health and Social Relationships
    - Focus on small steps for lasting change
- Longitudinal Wellness Initiative
  - Highlight rationale for creating the Longitudinal plan related to medical student burnout, depression and suicidal ideation
  - Continue the rest of the year with new themes every 2 months

- Mar-Apr: Nutrition
  - May-Jun: Mental Health
  - Jul-Aug: Financial Health
  - Sept-Oct: Physical Health
  - Nov-Dec: Social Relationships
- Spotlight Stories
    - Link spotlight stories with themes
- ***Interview and Electives Database***

There was a significant amount of interest from the membership to provide past data related to CaRMS tour interviews. A link to this data was provided on the website and many students referenced it during their preparation. Currently there is one student working on this and we are currently trying to recruit more people. A survey will be sent to all final year students (clinical clerks) to gain feedback for creating an up to date database to help students prepare.

- ***Leadership Awards***

This year there were 62 applications submitted, with every school having at least two applications. U of A took the lead with 11 applications! MD Financial has been very supportive in advertising the award and in organizing the award cocktail social. We look forward to notifying the winners my early March and celebrating their success at SGM.

#### **IV. REFLECTIONS & CONCLUSIONS**

I continue to be motivated to improve the resources available to medical students and to create a safe, non-judgmental and transparent environment where students are encouraged to communicate their concerns, passions and ideas. There is much room to grown for the NWI, however I am confident the team will do it's best to support our membership and respond to the most important wellness concerns. I continue to be inspired by those that come forward to talk about stigma and barriers to their health. This culture change is required to create the environment we know is essential not only for our wellbeing, but ultimately for that of our patients as well.

#### **Stephanie Smith**

M.D. Candidate (2019), Cumming School of Medicine, University of Calgary  
 Vice-President Student Affairs | Vice- Présidente aux affaires étudiantes  
 Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada  
 705-716-9708 | [vpstudentaffairs@cfms.org](mailto:vpstudentaffairs@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **LAUREN GRIGGS, CFMS VP FINANCE**

### **I. DESCRIPTION OF POSITION**

The VP Finance is responsible for managing the accounts and budgets for the organization, to ensure that CFMS stays fiscally responsible. Finding new sponsorship opportunities and maintaining relationships is also a key part of the role.

### **II. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
September 21-24, 2017	2018 CFMS AGM	Ottawa, ON
October 10, 2017	One-on-one meeting with president	Teleconference
October 13-15, 2017	CFMS Fall Board Meeting	Ottawa, ON
October 26, 2017	MDFM Introduction	Teleconference
November 17, 2017	FMEQ and Sponsorships	Teleconference
November 19, 2017	CFMS Board Meeting	Teleconference
November 19, 2017	AFMC Consultation with CFMS Board on uCMG Strategy	Teleconference
December 5, 2017	OnBoard MD	Teleconference
December 7, 2017	AGM Bid Discussion	Teleconference
December 9, 2017	Finance Committee	Teleconference
December 10, 2017	Strategic Initiative Funds/Student Initiative Grants Meeting	Teleconference
December 10, 2017	CFMS Board Meeting	Teleconference
January 6-7, 2018	CFMS Winter Board Meeting	Calgary, AB

### **III. PRIORITIES AND PROJECT AREAS**

- ***Sign new partnership contract with MD Financial Management***

Contract has been reviewed by legal and MD and should be signed within the next week

- ***Continue to research new Sponsorship opportunities***

Currently in talks with MNP for their tax services and the Provincial/Territorial Medical Associations for disability insurance

- ***Open SIF application***

Changes have been made to the ToR to update the correct structure of the committee. We are also planning to review the application to make it easier for groups to apply for funding.

- ***Review HR policies at CFMS***

Hiring of a new staff person to help our general manager with office tasks and begin transition for when she retires.

- ***SGM Financial Update***

#### **IV. REFLECTIONS & CONCLUSIONS**

It has been a pleasure working for the CFMS Board as VP Finance and getting to know my other board members better, as well as the intricacies of CFMS. I am excited to see where the rest of this year goes.

#### **Lauren Griggs**

M.D. Candidate (2019), Cumming School of Medicine, University of Calgary

Vice-President Finance | Vice- Présidente aux finances

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

403-869-6448 | [vpfinance@cfms.org](mailto:vpfinance@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **KAYLYNN PURDY, CFMS VP EDUCATION**

### **I. ACTIVITIES OF VP EDUCATION**

The VP Education is responsible for directing the representation, analysis and policy of the CFMS on educational issues. She represents the Federation at such forums where concerns of a primarily educational nature are discussed. She also undertakes initiatives to enhance the educational experience of members of the Federation.

There are 5 main focuses of the portfolio at this time:

1. Unmatched Canadian Medical Graduates and the R1 Residency Match
  - a. Attending AFMC Residency Matching Committee
  - b. Letter to CMAJ to be published Jan 22, 2018
  - c. Revision of anglophone ratios data
  - d. Communicating with unmatched students
  - e. Representation at the CaRMS review committee
  - f. Representation and a report generated for Entry Routes Working Group
  - g. Discussion with Royal College regarding their role in generating tools for medical students.
2. Competency Based Medical Education
  - a. Collaboration with the Royal College to create a transition to residency guide with Silvio Ndoja (Western 2020) and RDoC.
  - b. Collaboration with the Royal College to train one medical student at each school in CBME.
  - c. Discussion with Dr. Regehr on CBME connections to better understand politics of CBME
3. Privacy
  - a. Revision of privacy paper
  - b. Considerations on legality of collection of personal information of medical students without explicit consent or knowledge of its intended use
4. Survey Platform
  - a. Survey ready to go pending board approval
5. Question Bank
  - a. Exploring partnership with MedSk1.com to allow free access to CFMS members to their currently developing Qbank.

### **II. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
October 4, 2017	Electives Network - Attended by Maylynn Ding	Teleconference
October 4, 2017	MSPR Working Group	Teleconference
October 13-15, 2017	Fall Board Meeting	Ottawa, ON
October 19-20, 2017	NOR Interviews	Teleconference
October 23, 2017	AFMC Immunizations WG - Attended by Cory Lefebvre	Teleconference

October 28-29, 2017	EdCom Exec VP interviews	Teleconference
October 29, 2017	Academic Round Table 1	Teleconference
November 1, 2017	Reps Round Table 1 - -Attended	Teleconference
November 1, 2017	Presidents Round Table 1 - Attended	Teleconference
November 4, 2017	Research Team Call	Teleconference
November 5,2017	uCMG Call with OMSA	Teleconference
November 7, 2017	Publications File Lead Call	Teleconference
November 8, 2017	AFMC Residency Matching Committee	Teleconference
November 9-11,2017	Family Medicine Forum + CFPC Partners Meeting	Montreal, QC
November 10, 2017	Learner Education Handover Meeting	Teleconference
November 15, 2017	CaRMS Members Meeting	Teleconference
November 17, 2017	MedSKL Meeting	Teleconference
November 19, 2017	Board TC	Teleconference
November 19, 2017	uCMG Paper Discussion	Teleconference
November 19, 2017	AFMC ARMC Report	Teleconference
November 20, 2017	Graduation Questionnaire Update	Teleconference
November 22, 2017	Portal Steering Committee Meeting	Teleconference
November 22, 2017	Call with James Quinlan - RDoC	Teleconference
November 23, 2017	Entry Routes Working Group In Person meeting at AFMC	Ottawa, ON
November 24, 2017	CaRMS Application Review Committee	Ottawa,ON
November 24, 2017	Graduate Questionnaire WG	Teleconference
November 27, 2017	Presidents Round Table 2 - Attended	Teleconference
November 27, 2017	Reps Round Table 2 - Attended	Teleconference
November 30, 2017	AFMC Immunizations WG - Attended By Cory Lefebvre	Teleconference
December 3, 2017	Academic Roundtable 2	Teleconference
December 3, 2017	Education Committee Full Group Meeting	Teleconference
December 5, 2017	uCMG Call with OMSA	Teleconference
December 11, 2017	Call with Dr. J Frank at Royal College	Teleconference
December 12, 2017	Royal College CEO Roundtable	Ottawa, ON
December 15, 2017	AFMC Residency Matching Committee	Teleconference
December 19, 2017	Research Team Meeting with Salwa	Teleconference
January 3, 2018	Survey Platform Meeting	Teleconference

January 4, 2018	Call with National Research Chair	Teleconference
January 6-8, 2018	CFMS Winter Board Meeting	Calgary, AB

### III. PLAN FOR EDUCATION

1. uCMGs: Continue to advocate for students, work with AFMC and CaRMS to try to create a best practices document for uCMGs
2. CBME: Plan CBME event at CCME
3. Continue to revise privacy paper and look into further options on how to protect students
4. Prepare for Innovation Symposium Learner Education Handover Project with AFMC
5. Release Demographics survey and begin data analysis - prelim report at AM for membership
6. Finalize Q-bank deal with MedSKL.com

### IV. NEXT STEPS FOR EDUCATION

With the exception of the “Best practices in resident selection” I expect all tasks to be completed by SGM

### V. CONCLUSIONS

It has been an honour to serve as the 2017/2018 CFMS VP Medical Education.

*“I slept and dreamt that life was joy. I awoke and saw that life was service. I acted and behold, service was joy.”* - Rabindranath Tagore

**Kaylynn Purdy, H.BHSc.**

M.D. Candidate (2018, Northern Ontario School of Medicine  
 Vice-President Education | Vice- Présidente aux affaires pédagogiques  
 Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

807-356-2712 | [vpeducation@cfms.org](mailto:vpeducation@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **YIPENG GE, CFMS VP GOVERNMENT AFFAIRS**

### **I. DESCRIPTION OF POSITION**

The VP Government Affairs addresses the organization's commitment to representation through political advocacy initiatives at a local and national level. He serves as the chair of the Government Affairs & Advocacy Committee (GAAC), organizes the CFMS National Day of Action, coordinates position papers, and represents the CFMS on all issues of a political nature.

### **II. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
September 22-24, 2017	CFMS AGM	Ottawa, ON
September 24, 2017	Handover and transition documents with Sarah Silverberg (past VP GA)	Ottawa, ON
September 24, 2017	Meeting with Vivian Tam, OMSA Director of Representation	Ottawa, ON
September 25, 2017	Teleconference meeting with AFMC eHealth Subgroup	Teleconference
September 27, 2017	Partners in Reconciliation: Recognizing and Respecting Indigenous Health	Ottawa, ON
October 1, 2017	Meeting with Henry Annan, (CFMS President)	Phone call
October 1, 2017	National GAAC Teleconference – #1	Teleconference
October 2, 2017	2018 National Lobby Day ResComm Meeting	Teleconference
October 4, 2017	CMA Advocacy Training Call	Phone call
October 5, 2017	Dr. Sud Opioid Summer Studentship Research Projects Call	Phone call
October 5, 2017	AFMC Opioids Proposal Call	Teleconference
October 10, 2017	CCSA JSA Phone Call (Opioids file)	Phone call
October 11, 2017	Phone call with Kriti (Opioid Summer Studentship)	Phone call
October 12, 2017	Dr. Verma, VP Education AFMC Call	Phone call
October 12, 2017	National Officer of Health Policy Interviews	Phone call
October 13 – 15, 2017	CFMS Fall Board Meeting	Ottawa, ON



October 15, 2017	National GAAC Teleconference - #2 (only updates via email)	Teleconference – rescheduled
October 17, 2017	Canadian Medical Association 150 <sup>th</sup> Birthday Gala (NOHP attended)	Ottawa, ON – NOHP attended
October 26, 2017	Cannabis Task Force Meeting	Teleconference
October 27, 2017	Meeting on Tax Changes, with MDFM (Member Relevance, Taxation Services)	Teleconference
October 31, 2017	Meeting with Chair of the Ottawa Public Health Board and Manager of Health Promotion and Disease Prevention	Ottawa, ON
November 2, 2017	Meeting with Brandon Chau and Shanza Hashmi, on Resolutions Task Force	Teleconference
November 4, 2017	Committee on Health Policy (COHP) Teleconference Meeting #1	Teleconference
November 5, 2017	National GAAC Teleconference - #2	Teleconference
November 7, 2017	Maclean’s Parliamentarian of the Year Gala, with CMA	Ottawa, ON
November 8, 2017	Meeting with Asha (National Officer of Human Rights and Peace)	Phone call
November 8, 2017	Meeting with Willow (National Officer of Indigenous Health)	Phone call
November 9, 2017	Meeting with Sarah Silverberg (Past VP GA)	Phone call
November 11, 2017	Position Paper Task Force Meeting #1	Teleconference
November 12, 2017	2018 National Lobby Day ResComm Meeting	Teleconference
November 13, 2017	Meeting with Henry (CFMS President)	Phone call
November 13, 2017	Meeting with Victoria (CFMS Atlantic Rep)	Phone call
November 16, 2017	Meeting with Kelsey (CMA Political Action team)	Ottawa, ON
November 16, 2017	Meeting with Graham (Day of Action Coordinator)	Phone call

November 17, 2017	Meeting with Legislative Assistant of MP Raj Saini's Office to Discuss Motion M-132	Ottawa, ON
November 17, 2017	Meeting with Brandon Chau and Shanza Hashmi, on Position Paper Task Force	Ottawa, ON
November 19, 2017	CFMS Executive Board T/C	Teleconference
November 19, 2017	AFMC Meeting with CFMS Executive Board	Teleconference
November 19, 2017	National GHA Team Call – NOHP taking place of VPGA	Teleconference
November 23, 2017	Meeting with Special Advisor for Officer of the Minister of Indigenous Services	Gatineau, QC
November 25, 2017	Position Paper Task Force Meeting	Teleconference
November 26, 2017	Committee on Health Policy Meeting	Teleconference
November 27, 2017	President's Roundtable T/C, Brandon to take place for VP GA	Teleconference
November 28, 2017	uOttawa GAAC CMA Advocacy Training Workshop	Ottawa, ON
November 29, 2017	Meeting with Leads of Indigenous Health Advocacy Committee (OMSA committee)	Teleconference
December 1, 2017	CPHA Tobacco Control Working Group Teleconference	Teleconference
December 3, 2017	National GAAC Teleconference - #3	Teleconference
December 4, 2017	CCSA JSA Teleconference - #2	Teleconference
December 4, 2017	Meeting with Office of the Minister of Health, Policy Advisor	Ottawa, ON
December 5, 2017	Parliamentary Reception, Assembly of First Nations, Special Chiefs Assembly	Ottawa, ON
December 5, 2017	CFMS Cannabis Task Force Meeting	Teleconference
December 5-7, 2017	Assembly of First Nations, Special Chiefs Assembly	Ottawa, ON

December 6, 2017	Phone call with Day of Action coordinator, Graham	Phone call
December 8, 2017	Meeting with Policy Advisor on Youth and Health, Prime Minister's Office	Ottawa, ON
December 10, 2017	CFMS Opioids Task Force Teleconference #1	Teleconference
December 10, 2017	CFMS Rapid Response Team Teleconference #1	Teleconference
December 10, 2017	CFMS Board T/C	Teleconference
December 10, 2017	Day of Action ResComm T/C	Teleconference
December 12, 2017	Meeting with policy advisors in Office of MP Raj Saini	Ottawa, ON
December 13, 2017	Meeting with Day of Action Coordinator, Graham	Phone Call
December 13, 2017	Position Paper Task Force #3 Teleconference	Teleconference
December 13, 2017	Meeting with Carly and Megan (University of Manitoba students), on Day of Action Representation concerns	Teleconference
December 14, 2017	Meeting with ResComm Lead (Charles)	Phone Call
December 15, 2017	Meeting with Knowledge Broker (Lisha), Canadian Centre on Substance Use and Addiction	Phone Call

### III. PRIORITIES AND PROJECT AREAS

**Day of Action on Indigenous Mental Wellness** – A tremendous amount of work and preparation has gone into the 2018 National Day of Action on Indigenous Mental Wellness. Following the passing of the CFMS position paper entitled, Mental Health and Suicide in Indigenous Communities in Canada, in April 2017, the wheels were set in motion. An extensive effort from medical students across multiple portfolios contributed to the discussions and work in making this advocacy effort possible. A thorough community consultation process was implemented to gather guidance and support from indigenous community leaders, health experts, and institutional/organizational leads. With respect to our government relations, meetings were also held with advisers in the Prime Minister's Office, Office of the Minister of Indigenous Services, and the Office of the Minister of Health. This year marks a unique shift in our efforts to communicate extensively and build relationships with community and government, in hopes of a strong, meaningful, and respectful effort to exercise our voices as medical students in a position of speaking from our own truths.

Logistical: Main logistical components are well underway and completed. Travel award applicants are under review and to be completed by the end of WBM. (66 applications for travel awards, and 23 indigenous medical student applicants!)

Technical: A committee of medical students has developed a policy document and coordinated a nationwide community engagement process to seek input on priorities regarding unmet mental health needs. Qualitative analysis was performed on consultation feedback, using an inductive approach to identify common themes. To date, more than 27 community consultations have taken place with Indigenous community leaders and healthcare experts. Emerging themes identified include: “cooperation and communication”, “land and community” and “addressing colonization”.

**Position Paper Task Force** – Assisting in the overhaul and revamping of the position paper process within the organization, as a direct subset and complement to the work being done within the Committee on Health Policy. Mission and mandate: This task force was created by members that make up the 2017-2018 Committee of Health Policy (COHP). The overarching goal and motivation behind the forming of this task force was to critically review the current process for position papers, their proposal, creation, review, passing, and follow-up process. The documents/resources that are outlined below work to breakdown this process in its many checkpoints, so that students are well-supported in their going about creating formal CFMS-supported documents.

**Rapid Response Team** – The building of a team of medical students to respond and educate on health policy issues and topics concerning medical students and the profession and field at large, in coordination and complementation with existing structures.

Mission and mandate: The CFMS Rapid Response Team (RRT) is mandated to rapidly address time-sensitive, national political and health policy issues. This group of medical students, with representation from across Canada, is responsible for rapidly analyzing, reporting, and responding to policy issues and events that affect Canadian medical trainees and the Canadian public for whom will become future patients for medical trainees.

**Opioids Crisis** – We held our National Lobby Day (now re-branded as Day of Action) on the Opioids Crisis in February 2017, bringing medical students from across Canada to ask the federal government for the passing of Bill C-37, increased access to multidisciplinary chronic pain centres, and increasing investment in research investigating the interactions between mental illness and opioid misuse. We became a proud signatory on Health Canada's and the Canadian Centre for Substance Abuse's Joint Statement of Action in commitment to working on the opioid crisis collectively and collaboratively. Over the past year and a half, our local leaders at each medical school ran opioids crisis education and naloxone kit training events at nearly every school. We have also contributed to work on competency-based curricula in pain management, substance abuse, and addictions with the AFMC. As an organization, we have also funded two summer studentships to continue addressing the opioid crisis. Most recently, we have formed an Opioids Task Force of CFMS medical students to look at creating a formal position paper. We are proud to be part of the national Opioid Response Team meetings of organizations working on the issue at various levels and approaches.

**Formation of Targeted Task Forces** – Furthermore, there exists many targeted task forces of passionate, experienced, and driven medical students working towards a common goal and interest area. One example, previously mentioned is the Opioids Task Force. The Cannabis Task Force has been working well underway on an extensive review of the literature, issues concerning medical students, and recommendations and areas of advocacy, in the form of a position paper to be shared in the very near future. The Pharmacare Task Force is re-visiting our previous advocacy efforts on the topic (two prior consecutive CFMS Lobby Days focused on this very topic) and to continue our efforts in communicating the importance of this idea. The Health Research Task Force is tasked with looking at medical student ideas and input into the year-long study of the Standing Committee on Health on federally funded health care process and outcomes.

#### **IV. REFLECTIONS CONCLUSIONS**

This report and the work done to date would not have been possible without the dedication and passion of the leads and the members of the various committees and task forces. My deepest appreciation and gratitude to all those that put in the time and effort in the advocacy/government affairs portfolio thus far. This has been a tremendous experience so far to work with everyone. I am truly humbled and ecstatic to work with you all.

**Yipeng Ge, BHSoc.**

M.D. Candidate (2020), University of Ottawa

Vice President Government Affairs | Vice-Président aux affaires gouvernementales

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

519-572-5713 | [vpgovtaffairs@cfms.org](mailto:vpgovtaffairs@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **CHRISTINA SCHWEITZER, CFMS VP COMMUNICATIONS**

### **I. DESCRIPTION OF POSITION**

The VP Communications guides the internal and external communication of the CFMS. She is responsible for maintaining regular contact with individual representatives and medical society presidents, welcoming and orienting new representatives, and communication with external organizations when this responsibility falls outside of the duties of the President.

### **II. ACTIVITIES OF VP COMMUNICATIONS**

Day-to-day activities:

- Managing internal & external communications of the CFMS
- Fielding media requests and coordinating responses
- Managing partnerships with external organizations
- Writing the biweekly Communiqué newsletter
- Social Media: managing the CFMS social media presence, encouraging grassroots member engagement (e.g. through TEDMED live tweeting), and horizon scanning for medical education issues
- Chairing and overseeing the Media Engagement Committee and creation of graphics and social media posts

Innovations:

- Revamping and standardizing Communiqué format with consistent graphic style and categories, and adding 'CFMS in the News' content
- Re-booted the CFMS Instagram account
- Overseeing final stages of development of the new website
- Planning for new direct-to-member communications system to improve engagement

Projects:

- Co-Editor of the CFMS Annual Review magazine: planning magazine theme, content, and recruiting contributors
- Planning Communications, Public & Media Relations for CFMS National Medical Student Day of Action on Indigenous Mental Wellness

Advocacy:

- Published two public statements on behalf of the CFMS:
  - o Open Letter: CFMS Response to AFMC Support for Matching Canadian Medical Graduates
  - o Press Release: Medical Students applaud World Medical Association statement on bullying and harassment within the profession

Other portfolio functions:

- Overseeing IT & website, CMAJ blog
- Chairing the CFMS Representatives (VP Externals) Round Table (function performed by Cory Lefebvre, Ontario Regional Representative and Communications dyad partner)

### III. PLAN FOR COMMUNICATIONS PORTFOLIO

- Manage Communications, Public & Media Relations for CFMS National Medical Student Day of Action on Indigenous Mental Wellness (February 12, 2018)
- Coordinate the CFMS' public statements regarding matching Canadian Medical Graduates and support for unmatched graduates
- Finalize direct-to-member communications system to improve engagement
- Re-establish CFMS presence on LinkedIn
- Complete launch of new website
- Publish the 2018 CFMS Annual Review magazine
- Promote member engagement and 'good news stories' on social media, as well as highlighting local student initiatives and successes (e.g. Humans of Medicine, #HowWeAdvocate)
- Populate the 'Communications' section of the website (e.g. back-issues of the Communiqué)
- Media Engagement Committee to create new CFMS branded materials (e.g. logos, letterhead) with improved resolution

### IV. NEXT STEPS FOR COMMUNICATIONS PORTFOLIO

- Create a 'Communications How-To Manual' for portfolios outside of Communications to refer to when planning their communications strategy, simplifying and expediting the communications process
- Consider preparing infographics for SGM & AGM ahead or following of the meeting, for example as summaries of position papers
- Preparing social media posts and web content further in advance to enable translation to be completed ahead of initial posts, rather than following
- Encouraging VPs to appoint one member of their portfolio to monitor the sections of the website pertaining to their portfolio and update as required
- Encourage use of Slack platform for IT requests (improved efficiency and ease of communication over email for IT requests)

### V. MEETINGS ATTENDED

Date	Meeting	Location
September 26, 2017	Handover VP Communications	Teleconference
September 26, 2017	On-boarding with CFMS President	Teleconference
September 28, 2017	Teleconference with ITO Sr.	Teleconference
October 13, 2017	CFMS Fall Board Meeting	Ottawa, ON
October 22, 2017	Communications strategy meeting with CFMS Communications Team	Teleconference
October 29, 2017	Communications strategy meeting with CFMS President & Communications Team	Teleconference
October 29, 2017	CFMS Media Engagement Committee onboarding	Teleconference

October 31 – November 4, 2017	TEDMED conference on innovation in medicine with CMA & Joule	Palm Springs, California
November 1, 2017	CFMS Representatives Round Table teleconference	Teleconference
November 5, 2017	Annual Review planning meeting	Teleconference
November 8, 2017	MD Financial – CFMS Partnership meeting	Teleconference
November 19, 2017	CFMS Board Teleconference	Teleconference
December 5, 2017	Teleconference with MD Financial OnboardMD team	Teleconference
December 6, 2017	CFMS IT Teleconference	Teleconference
December 10, 2017	CFMS Board Teleconference	Teleconference
January 5-7, 2017	Winter Board Meeting	Calgary, AB

**Christina Schweitzer**, *MPhil (Cantab), BSc, Gates Cambridge Scholar*

MD Program (2019) | University of Calgary

Vice-President Communications | Vice-Présidente aux communications

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

587-225-8165 | [vpcommunications@cfms.org](mailto:vpcommunications@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **CHRISTOPHER BRIGGS, CFMS VP GLOBAL HEALTH**

### **I. DESCRIPTION OF POSITION**

The VP Global Health is responsible for coordinating the CFMS Global Health Program. He forms and maintains dynamic partnerships with Canadian and international organizations, to support the interests of medical students studying in Canada with respect to global health, international development, and public health.

### **II. ACTIVITIES OF VP GLOBAL HEALTH**

#### ***Executive Team***

- A new team of National Officers has been selected and fully transitioned into their roles. I am proud to introduce:
  - National Exchange Officer (Outgoing Exchanges) - Montana Johnson (Manitoba)
  - National Exchange Officer (Incoming Exchanges) - Hillary Pearson (UBC)
  - National Officer of Partnerships - Michelle Quaye (Western)
  - National Officers of Global Health Education - Ruth Habte (Manitoba) and Dylan Ginter (Saskatchewan)
  - National Officer of Human Rights and Peace - Asha Behdinan (Toronto)
  - National Officer of Indigenous Health - Willow Thickson (UBC)
  - National Officer of Reproductive and Sexual Health - Ben Cassidy (NOSM)

#### ***IFMSA***

- Formed collaboration with IFMSA- Quebec to take on part of the planning process of the IFMSA August Meeting 2018 to take place in Montreal. CFMS planning efforts to be chaired by Lucy Luo of McGill.
- A delegation of 4 students from across Canada has been selected to represent the CFMS at the IFMSA March Meeting 2018 in Hurgada, Egypt. The delegation will be led by Hillary Pearson of UBC, CFMS National Officer of Incoming Exchanges.
- All bilateral and unilateral outgoing exchanges for Canadian students through the IFMSA SCORE and SCOPE programs have been assigned. The implementation of our new selection algorithm and online payment system has greatly improved efficiency.
- Information of CFMS Day of Action on Indigenous Mental Health has been submitted to the newsletter for the Standing Committee of Human Rights and Peace with the IFMSA to be shared with student medical associations worldwide.

#### ***Global Health Education***

- Global Health Toolkit for Social Medicine Certificate Program is ready to be shared on the CFMS website for use by the general membership. National Officers of Global Health Education past and present have put a lot of time into this project and I'm very proud.

### **III PLAN AND NEXT STEPS FOR GLOBAL HEALTH**

#### ***IFMSA***

- Continue to work with IFMSA-Quebec moving forward with the planning of the CFMS Post-GA at the August Meeting 2018.



- Ensure our delegation for the March Meeting in Egypt is well supported and able to share their experience with the general membership following their return.

### **Exchanges**

- Continue the great work of the National Exchange Officers to ensure all exchanges run smoothly.
- Push for the AFMC to have all Canadian Medical Schools to provide liability insurance for students going abroad for exchanges.
- Explore opportunities for the possibility of third party liability coverage for medical students going on exchange facilitated by the CFMS.

### **Global Health Education**

- Casefiles in Global Health is nearing being ready for publication. Final edits, the possibility of copyrighting, and publishing costs are the final aspects to be considered.
- A report of the environmental scan completed for the state of global health education across Canadian medical schools is in the early phases of authorship.

### **All Portfolios**

- Continue to work to improve engagement general membership and local officers with portfolio-specific programming, collaboration with community-led groups, and opportunities for authorship of position statements and policy papers with a focus on solutions-based intervention and elevating voices of those with lived experience and issue-specific expertise.

## **IV. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
25 Sept 2017	AFMC Exchange Working Group	Teleconference
09 Oct 2017	NOIH Interviews	Teleconference
10-11 Oct 2017	NORP Interviews	Teleconference
12 Oct 2017	NOGHE Interviews	Teleconference
13-15 Oct 2017	CFMS Fall Board Meeting	Ottawa, ON
16-17 Oct 2017	NOP Interviews	Teleconference
19-23 Oct 2017	NORSH Interviews	Teleconference
01 Nov 2017	Exchange Outgoing: Program Update	Teleconference
05 Nov 2017	Exchange Incoming: Program Update	Teleconference
19 Nov 2017	CFMS November Board Meeting	Teleconference
25 Nov 2017	Human Rights and Peace Program Update	Teleconference
10 Dec 2017	CFMS December Board Meeting	Teleconference
10 Dec 2017	Partnerships: Program Update	Teleconference
14 Dec 2017	Global Health Education: Program Update	Winnipeg, MB

## **V. CONCLUSIONS**

The role of VP Global Health has been an honour to hold. My main focus moving forward is to ensure all the hard work being done by those collaborating with Global Health is highlighted and recognized for its importance.

### **Christopher Briggs**

M.D. Candidate (2019), Max Rady College of Medicine, University of Manitoba

Vice President Global Health | Vice-Président à la Santé Mondiale

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

204-939-3192 | [vpglobalhealth@cfms.org](mailto:vpglobalhealth@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **VICTORIA JANUSZKIEWICZ, ATLANTIC REGIONAL REPRESENTATIVE**

### **I. DESCRIPTION OF POSITION**

Regional Representatives are fully functioning and voting members of the Executive and have the specialized role of ensuring that the Executive is kept abreast of up-to-the-moment developments at all of the member schools. Regional representatives serve as liaisons between the Executive and the medical society representatives and presidents. They work closely with all VPs under the direction of the President to ensure communication between the Executive and medical societies. They are also expected to take on national projects and responsibilities on behalf of the Executive.

This year each Regional Rep is paired with one of the VP portfolios. Victoria is paired with the Government Affairs portfolio.

### **II. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
September 26, 2017	Introductory Teleconference with DMSS	TC
October 13 – 15, 2017	CFMS Fall Board Meeting	Ottawa, ON
October 25, 2017	Tax Reform Update with MD Financial	TC
November 1, 2017	Update from NOHP	Phone Call
November 13, 2017	Dyad Work with Yipeng	Phone Call
November 19, 2017	November Board Meeting	TC
November 25, 2017	COHP Meeting	TC
December 10, 2017	December Board Meeting	TC
January 2, 2018	SGM Planning with Henry	Phone Call
January 6 – 7, 2018	Winter Board Meeting	Calgary, AB

### **III. PRIORITIES AND PROJECT AREAS**

#### **Atlantic Region Work**

As Atlantic Regional Representative I have been in contact with Representatives from all four Atlantic campuses since I was elected in September. We are having our first group TC on February 12<sup>th</sup>.

This year is a busy one for the Atlantic portfolio as we are fortunate to be hosting SGM in Halifax. As Atlantic Rep, I am working on the planning of SGM with members of the CFMS Executive and the Dalhousie Medical Students Society. My first job was to procure a number of hotel quotes and I ended up securing the Lord Nelson Hotel for our executive team, National Officers, and our Travel Award Winners. I am in the process of booking wellness and social events for SGM now - with a goal of having everything booked by February 10<sup>th</sup>.

The MD Financial Travel Awards are also within my portfolio this year and I have completed the first round of Travel Awards for National Day of Action. We received a whopping 67 applications from medical students across the Country, and we were able to provide five MD Financial Travel Awards to National Day of Action in Ottawa this February. I am currently working with MD Financial to coordinate how we will be featuring these award winners.

The call for MD Financial Travel Awards for SGM will be going out by February 7<sup>th</sup>. I will be putting together the call/information for the communique and coordinating the applications to go to a Nominations Committee.

This year, the Atlantic schools are hosting their first ever Conference of Atlantic Medical Students and I am working with our CFMS Communications Team to support the CoAMS on social media, and I am encouraging the Atlantic school external reps and presidents to support and engage students in this wonderful event.

In the next few months, more of my goals for the Atlantic Portfolio are as follows:

- Complete the SGM Travel Award Process
- Complete the planning of SGM social & wellness activities and provide any further support to the planning process.
- Provide support to the Conference of Atlantic Medical Students
- Have an in-person meeting with the representatives from Centre de formation médicale du Nouveau-Brunswick to help talk about their CFMS involvement and development at their campus.
- Put together a plan on the Day of Action efforts of the four Atlantic provinces.

### **Government Affairs**

As Atlantic Rep, I have been fortunate enough to work with Yipeng in the Government Affairs Portfolio since September.

This fall I had a teleconference with MD Financial to collect information on the Federal Tax Reform and from this meeting I compiled a document of the resources from MD to provide to the board – and it ultimately went to Reps RT. We are still waiting on what we are going to do with these resources, but the goal is to make this information available in a way that is easy to understand for all medical learners – so that we may understand the changes and how they may/may not affect us in the future.

As a member of the Government Affairs team I am providing any extra support that I can on the National Day of Action front. The biggest role I have played with this has been in terms of the Travel Awards and coordination/support for the Travel award winners.

One of the next exciting steps for me in the Government Affairs portfolio will be to assist in planning our “In-Facing” Day of Action/Lobby Day (name to be determined). This year we will be having a second day of political action and the focus of this day will be on the unmatched Canadian medical graduate (uCMG) crisis. The planning process and date selection process for this event is currently under works.

### **IV. REFLECTIONS CONCLUSIONS**

As the academic year continues to roll along, I hope to continue to connect with the regional schools and their representatives and to provide the support that each campus needs. I am eager to see what will unfold for the Government Affairs portfolio and am ready to continue advocating for a solution to the current uCMG crisis. I look forward to seeing everyone on the East Coast and for them to experience the beautiful city of Halifax at SGM.

### **Victoria Januszkiewicz**

M.D. Candidate (2020), Memorial University of Newfoundland

Atlantic Regional Representative | Représentante Régionale de l’Atlantique

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

506-461-4683 | [atlantic@cfms.org](mailto:atlantic@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **SARAH ZAHABI, QUEBEC REGIONAL REPRESENTATIVE**

### **I. DESCRIPTION OF POSITION**

Regional Representatives are fully functioning and voting members of the Executive and have the specialized role of ensuring that the Executive is kept abreast of up-to-the-moment developments at all of the member schools. Regional representatives serve as liaisons between the Executive and the medical society representatives and presidents. They work closely with all VPs under the direction of the President to ensure communication between the Executive and medical societies. They are also expected to take on national projects and responsibilities on behalf of the Executive.

This year each Regional Rep is paired with one of the VP portfolios. Sarah is paired with the Global Health portfolio.

### **II. ACTIVITIES OF QUEBEC REPRESENTATIVE**

- Managing translations with Bilingualism Committee
- Coordinating translation of key CFMS Website Content with National Officer for IT Junior
- Collaborating with head of CFMS Post-GA Lucy Luo for upcoming AM2018
- Collaborating with VP Global Health as needed with a special focus on upcoming AM2018
- Facilitating collaboration with FMEQ by attending meetings and connecting individuals from both organizations as needs arise
- Promoting CFMS in the Quebec region e.g. sponsorship of MedGames 2018
- Assisting CFMS Rep with promotion of CFMS at McGill e.g. introductory presentation for Med1s with raffle (160+ students attended, promoting communiqué sign up)

### **III. PLAN FOR QUEBEC REPRESENTATIVE**

- Complete translation of Matchbook with bilingualism committee
- Complete translation review of strategic CFMS Website content with National Officer for IT Junior
- Assist Lucy Luo in the planning of the CFMS post-GA with a collaboration with MUN
- Continued participation in FMEQ meetings
- CFMS representation at Quebec Lobby Day (Journée Action Politique)
  - Theme 1: Universal Pharmacare
  - Theme 2: Mandatory Vaccination

### **IV. NEXT STEPS FOR QUEBEC REPRESENTATIVE**

Tasks and activities listed above should be completed and continued by SGM.

### **V. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
October 8, 2017	FMEQ Meeting	Montreal, QC
October 13-15, 2017	CFMS Fall Executive Meeting	Ottawa, ON
October 20, 2017	Meeting with IFMSA-AM Secretary General	Teleconference

November 26, 2017	FMEQ Meeting	Sherbrooke, QC
January 6-7, 2018	CFMS Winter Board meeting	Calgary, AB

**Sarah Zahabi, BSc.**

M.D.C.M. Candidate (2020), McGill University

Quebec Regional Representative | Représentante Régional du Québec

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

514-806-6751 | [quebec@cfms.org](mailto:quebec@cfms.org) | [www.cfms.org](http://www.cfms.org)

## **MAYLYNN DING & CORY LEFEBVRE, ONTARIO REGIONAL REPRESENTATIVES**

### **I. DESCRIPTION OF POSITION**

Regional Representatives are fully functioning and voting members of the Executive and have the specialized role of ensuring that the Executive is kept abreast of up-to-the-moment developments at all of the member schools. Regional representatives serve as liaisons between the Executive and the medical society representatives and presidents. They work closely with all VPs under the direction of the President to ensure communication between the Executive and medical societies. They are also expected to take on national projects and responsibilities on behalf of the Executive.

This year each Regional Rep is paired with one of the VP portfolios. Maylynn is paired with the Education portfolio. Cory is paired with the Communications portfolio.

### **II. ACTIVITIES OF ONTARIO REGIONAL REPRESENTATIVES**

#### ***Nominations Committee***

- a. Administering the second Fall Call for positions on the Governance Committee, Rapid Response Task Force (Lead and General Members), and IFMSA delegates.
- b. Modified application process, requiring applicants to blind their own applications
- c. Collecting feedback from Nomination Committee markers to understand the issues in the marking process
- d. Developing a tracker for positions that are filled through General Member Call and Nomination Committee process to prevent secondary *ad hoc* calls for positions.

#### ***Representative Roundtable***

- a. Developing feedback form for CFMS representatives to better understand the issues of the Representative Roundtable and identify areas for improvement.

#### ***Academic Roundtable***

- a. Developed resource-sharing system among school VP Academics/Eds via Google spreadsheets on IPE curriculum and supports for unmatched CMGs

#### ***AFMC Electives Network***

- a. Represented medical student interests on AFMC electives network working groups, advocating for a decrease in electives application fees via a two-step payment model

### **III. PLAN FOR ONTARIO REGIONAL REPRESENTATIVES**

#### ***Nomination Committee***

- a. Streamline the Nomination Committee process to ensure rapid turnaround from call for positions to marked results for positions and to ensure all positions are included in the appropriate calls based on collected feedback.
- b. Administer the Winter Call and Fall Call for the upcoming year, and aid with the marking of SIGs and Travel Awards.

#### ***Representative Roundtable***

- a. Streamline the Round Table process to avoid redundancy with other roundtables and unnecessary teleconference meetings based on collected feedback.

#### ***Academic Roundtable***

- a. Leverage Round Table as a platform for feedback on EdCom file projects and track progress on supports for unmatched CMGs offered at each school

**Education Portfolio**

- a. Collaborating with CFMS Government Affairs portfolio and OMSA Director of Ed and Director of Representation portfolios to develop strategy for addressing the unmatched CMG crisis

**OMSA Relations**

- a. Develop promotional materials and social media activities for the CFMS table at OMSW 2018 in Ottawa and for future OMSW conferences as CFMS sponsorship (from Strategic Initiatives) ensures a booth at the Medical Expo each year.
- b. Modify CFMS communiqué distribution process to ensure information is communicated in a more timely manner

**IV. NEXT STEPS FOR ONTARIO REGIONAL REPRESENTATIVES**

**Ontario School Relations**

- a. Arrange to attend the medical society/council meetings of each of the six Ontario medical schools to better understand local concerns and provide CFMS updates prior to SGM.

**V. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>
September 30, 2017	OMSA Meeting	Toronto, ON
October 4, 2017	AFMC Electives Network	Teleconference
October 13-15, 2017	Fall Board Meeting	Ottawa, ON
October 20-22, 2017	OMSW (Ontario Medical Students Weekend) & OMSA Meeting	Sudbury, ON
October 23, 2017	AFMC Immunizations Working Group	Teleconference
October 28, 2017	EdCom Vice-Chair Interview	Teleconference
October 29, 2017	Academic Round Table 1	Teleconference
November 1, 2017	CFMS Representatives Round Table	Teleconference
November 3, 2017	CBME File Lead Call	Teleconference
November 4, 2017	Research Team Call 1	Teleconference
November 5, 2017	uCMG Call with OMSA	Teleconference
November 5, 2017	IPE File Lead Call	Teleconference
November 5, 2017	Accreditation File Lead Call	Teleconference
November 7, 2017	Publications File Lead Call	Teleconference
November 11, 2017	Policy Liaison File Lead Call	Teleconference
November 14, 2017	Presidents Tour Meeting	Teleconference
November 18, 2017	OMSA Meeting	Toronto, ON



November 19, 2017	CFMS Board TC	Teleconference
November 22, 2017	Portal Steering Committee Meeting	Teleconference
November 30, 2017	AFMC Immunizations WG	<i>Teleconference</i>
December 3, 2017	Academic Round Table 2	Teleconference
December 3, 2017	EdCom Full Team Meeting 1	Teleconference
December 7, 2017	AGM Bid Scoring Call	Teleconference
December 10, 2017	CFMS Board TC	<i>Teleconference</i>
December 19, 2017	Research Team Call with Salwa	Teleconference
January 6, 2018	OMSA Meeting	Toronto, ON
January 6-7, 2017	Winter Board Meeting	Calgary, AB

### **Maylynn Ding & Cory Lefebvre**

MD Candidate (2019), McMaster University & MD-PhD Candidate (2022), Western University  
 Ontario Regional Representatives | Représentants Régional d' Ontario  
 Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

647-773-7068 & 613-294-1320 | [ontario@cfms.org](mailto:ontario@cfms.org) | [www.cfms.org](http://www.cfms.org)

**ODELL TAN & VICTOR DO, WESTERN REGIONAL REPRESENTATIVES**

**I. DESCRIPTION OF POSITION**

Regional Representatives are fully functioning and voting members of the Executive and have the specialized role of ensuring that the Executive is kept abreast of up-to-the-moment developments at all of the member schools. Regional representatives serve as liaisons between the Executive and the medical society representatives and presidents. They work closely with all VPs under the direction of the President to ensure communication between the Executive and medical societies. They are also expected to take on national projects and responsibilities on behalf of the Executive.

This year each Regional Rep is paired with one of the VP portfolios. Odell is paired with the Finance portfolio. Victor is paired with the Student Affairs portfolio.

**II. MEETINGS ATTENDED**

<b>Date</b>	<b>Meeting</b>	<b>Location</b>	<b>Who</b>
Sep 24, 2017	Executive Handover Meeting at AGM 2017	Ottawa, ON	Both
Sep 27, 2017	Western Deans Pre-Meeting: U of C	Teleconference	Both
Sep 29, 2017	Onboard Call with Henry	Teleconference	Odell
Oct 1, 2017	Onboard Call with Henry	Teleconference	Victor
Oct 1, 2017	Western Deans Pre-Meeting: U of M	Teleconference	Both
Oct 1, 2017	Western Deans Pre-Meeting: UBC	Teleconference	Both
Oct 1, 2017	Western Deans Pre-Meeting: U of A	Edmonton, AB	Victor
Oct 3, 2017	Western Deans Pre-Meeting: U of S	Regina, SK	Odell
Oct 4, 2017	Western Deans Review and Western Presidents/Reps TC	Teleconference	Both
Oct 12-13, 2017	Western Medical Schools Conference (Western Deans)	Calgary, AB	Victor
Oct 13-15, 2017	CFMS Fall Board Meeting	Ottawa, ON	13-OT 14/15-Both
Nov 1, 2017	PRT TC (Chair)	Teleconference	Odell
Nov 5 2017	Wellness Committee TC	Teleconference	Victor

Nov 19, 2017	CFMS Board TC	Teleconference	Both
Nov 19, 2017	CFMS Board TC with the AFMC	Teleconference	Both
Nov 27, 2017	PRT TC (Chair)	Teleconference	Odell
Dec 6, 2017	Grants Meeting	Teleconference	Victor
Dec 7, 2017	AGM2018 Bid Adjudication TC	Teleconference	Both
Dec 9, 2017	Finance Committee TC (Member)	Teleconference	Odell
Dec 10, 2017	SIGs and SIFs Meeting	Teleconference	Both
Dec 10, 2017	CFMS Board TC	Teleconference	Victor
Jan 3, 2018	Catch-up TCs w/ Western Reps, U of M, and U of C	Teleconference	Both
Jan 4, 2018	Catch-up meeting with U of A	In-Person	Victor
Jan 4, 2018	Presidents' Tour	In-Person	Victor
Jan 4, 2018	Catch-up meeting with U of S	In-Person	Odell
Jan 5-7, 2018	CFMS Winter Board Meeting	Calgary, AB	Both

### **III. ACTIVITIES, PRIORITIES, & PROJECT AREAS**

#### ***Western Medical Schools Conference (Western Dean's Meeting) - Calgary AB***

- Main focus of advocacy was on various strategies to approach the uCMG crisis and student health and wellness, particularly in clerkship
- All Western Region medical schools have made some progress on these two fronts, with some of the new programs and changes being implemented for the 2018 CaRMS cycle
- Continuing to support the various medical societies in their advocacy efforts

#### ***Review of Grants and Funding Programs***

- Co-coordinators of the CFMS Student Initiatives Grants Program
  - Overseeing a complete review and overhaul of the program
- Adjudicators of the CFMS Student Initiatives Fund Program
  - Assisting in a complete review and overhaul of the program
- Working on more external funding opportunities for members.

**Odell:**

***VP Finance Dyad Pairing***

- Chair of Presidents' Roundtable
  - Hold regular teleconferences with items brought forth by Board Members and Presidents
  - Maintaining regular communication with Presidents on issues important to their constituents
  - Regularly following-up on action items from PRT to ensure accurate data collection
- Finance Committee Member
- SIFs Committee Member
- Governance Committee Member

**Victor:**

***VP Student Affairs Dyad Pairing:***

- Assisting in CFMS MD-Financial Leadership Awards process
- National Wellness Initiative File Lead
- Wellness Committee Member

***AGM Bid Adjudication:***

- Chair of AGM 2018 Bid adjudication process

**IV. REFLECTIONS & CONCLUSIONS**

We look forward to the rest of 2018 as we continue to work with the Western Region medical schools' administrations to improve wellness in medical students and exploring long-term options to impact future rates of uCMGs. We are also excited about our respective dyad pairings as we work to create more opportunities and supports for all CFMS members.

**Odell Tan & Victor Do**

MD Candidate (2020), University of Saskatchewan & MD Candidate (2020), University of Alberta  
Western Regional Representatives | Représentants Régional de l'Ouest  
Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

306-999-1994 & 587-588-5075 | [western@cfms.org](mailto:western@cfms.org) | [www.cfms.org](http://www.cfms.org)