



Dear Friends,

It's a very busy time of year!, especially for all of us final year students in the midst of the hustle of our residency interview tour! Of course it wouldn't be complete without Canadian winter weather wreaking some major havoc. I hope everyone has found some time to relax and enjoy during the tour. As tiring as the travel process may be, I know I've already met so many amazing students and new friends! Special shout out to our colleagues in MUN for really persevering through the 75cm+ of snow. As we head into week 2 of the tour, don't forget to use #CaRMSTourConnection with your social media posts for a chance to win one of our daily \$50 gift card prizes. Reach out to medical students you don't know if you see teal and blue backpacks in airports, train stations, buses or just wondering the streets during the next 2 weeks! Let's continue to support each other and hopefully you get some time to have fun and enjoy the cities you visit as well. In the event that travel conditions prevent you from attending an interview and a residency program is not willing to make accommodations please feel free to reach out to me directly as we will also advocate for students to receive accommodations for interviews that you have earned through hard work. A reminder of some of the questions that are considered inappropriate [here](#). Wishing everyone safe travels the rest of the way through the tour.....#wegotthis

I also had the pleasure this last week of meeting Queen's medical students during my stop in Kingston and U of T medical students while in Toronto! We had great discussion and we focused on how to continue increasing engagement with the CFMS at both schools. These visits helped make my week on the residency tour even more enjoyable!

The National Wellness Challenge is also well under way now! If you haven't already there is still time to sign-up [here](#). Participate in our weekly theme week activities and use the #CFMSwellness2020 for chances to win weekly prizes.

CFMS MDFM SGM travel awards are open! Please refer to your local schools specific application process! We can't wait to see everyone in Vancouver in April! We are planning an exciting meeting agenda!

Lastly we have a number of funding opportunities currently open. Check out our [SIG program](#) due Feb. 11<sup>th</sup> as well as the new [Strategic Innovation Fund](#) due on March 15<sup>th</sup>! We look forward to seeing all the excellent applications and we are super excited to hand out LOTS of money to support your amazing initiatives.

Don't hesitate to reach out to me with any questions or concerns at [president@cfms.org](mailto:president@cfms.org)

Sincerely,

Victor Do  
CFMS President, 2019-2020