

Kate Lim, RPh., PharmD., BSc.

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Education

Doctor of Medicine Candidate (2026), *Dalhousie University, NS*

Pharmacy Residency, *University of Toronto, ON*

Doctor of Pharmacy, *University of Waterloo, ON*

Bachelor of Science, *University of Waterloo, ON*

Sep 2022 – Present

Sep 2021 – Aug 2022

Jan 2018 – Aug 2021

Sep 2015 – May 2017

Relevant Leadership and Advocacy Experience

Atlantic Regional Director, Canadian Federation of Medical Students (CFMS)

Jul 2024 – Present

- Led the creation and execution of the first-ever Atlantic Med Games, bringing together medical students from NB, NS, NL, and PEI.
- Managed a 10-person team and secured over \$8,000 in sponsorship funding to support event operations and ensure accessibility.
- Organized the Travel Equity Funds to ensure the funds raised through sponsorship can be maximally used to give back to students to reduce their financial burden in participating in this event.
- Developed and presented a national funding gap for rural clerkship report, initiating collaboration across Canadian medical schools to standardize financial support for students.

Director of Projects and Partnerships, Canadian Atlantic Medical Students Association (CAMSA)

Jul 2024 – Present

- Raised \$20,000 through new partnerships with NS Health Authority and NB Health Authority to fund scholarships and travel equity grants for Atlantic Canadian medical students.
- Recovered previously unreceived sponsor funds and renewed some partnerships that were scheduled to expire.
- Met with all existing partners to review sponsorship agreements and laid the groundwork for collaboration.
- Oversaw sponsorship strategy to build long-term financial sustainability and expand programming support.
- Several internal projects: 1) Created a tracker for partnership engagements, 2) Formed a Current Partner document where the list of all our existing sponsors and partners is continuously updated.

A member of the EDI Mentorship Working Group under the COS EDI Committee

Mar 2024 – Present

- Prepared a proposal to the COS EDI Committee to start the Equity-Focused Mentorship Program to foster a more equitable and inclusive ophthalmological community.
- Edited the EDI Mentorship Toolkit, which is a 12-page document to create a positive mentoring environment that fosters professional growth, mutual respect, and a commitment to equity in medical education.
- Worked with a medical student and Canadian ophthalmology residents from the start to the end of the proposal to launch the Equity-Focused Mentorship Program in 2025.
- The COS Equity-Focused Mentorship Program has received \$10,000 sponsorship to start the program in Fall 2025.

VP, Treasurer & Volunteer, Swimming With a Mission New Brunswick Chapter

Feb 2024 – Present

- Revived the chapter post-pandemic, delivering swimming lessons to over 100 children with disabilities through 36 volunteers.
- Oversaw budgeting and grant applications, negotiated facility rates, and processed reimbursements, and maintained accurate financial records.

An organizer of the Orbis Global Ophthalmology Hackathon 2024

Jan 2024 – Dec 2024

- Worked with Orbis Canada and Orbis Hong Kong in organizing their first Global Ophthalmology Hackathon
- Assisted in speaker recruitment, by successfully inviting ophthalmologist from Toronto, Montreal, Vancouver, and Hong Kong
- Pitched for Pediatric Ophthalmology to be the theme of the year to increase the interest in a subspecialty that is losing attraction and expose medical students to this subspecialty early in their career
- The hackathon was successfully launched in December of 2024, hosting > 100 medical students from Canada and Hong Kong for a weekend of hacking to address various currently ongoing challenges in ophthalmology

Focus Group to address the ISA survey results for Dalhousie Medical School accreditation

May 2024

- Represented the Dalhousie Class of 2026 to discuss the student survey questions on accreditation that yielded low results. The conversation with the faculty focused on study, lounge, locker space, and library services
- Brainstormed with the faculty on how to better utilize existing resources and build spaces. Advocated for students at the satellite campus to ensure they are equipped and supported with the same quality and level of resources for their medical education journey

Relevant Work Experiences

Pharmacist in Ontario & New Brunswick

Nov 2021 – Present

- During medical school, I have been working approx. 18 hrs per week as a pharmacist in rural New Brunswick.
- Managed patients' INR and optimized warfarin doses at the anticoagulation clinic under medical directives.
- Educated risks of HIV and initiated PrEP and PEP workup at a sexual health specialized pharmacy.
- Counselling patients on how to take medication properly and informed them on adverse drug effects.
- Other pharmacists' responsibilities include identifying and managing drug therapy problems and prescribing/administering injections.

Medical Advisor, Sanofi, North York, ON

Sep 2021 – May 2022

- Developed a strategic deck for Executive VP of Sanofi, supporting a major acquisition decision in the vaccine space. This acquisition further broadened the vaccine R&D pipeline with a first vaccine candidate against acne.
- Managed advisory boards by assisting with budgeting, logistics, expert recruitment and leading the discussion.
- Presented various recent publications relevant to the growth and strategy of the company and translated the knowledge to engage numerous experts in the next few years.

Pharmacy Benefits Product Specialist, Manulife, Ontario

Jan 2019 – Apr 2019

- Top performing pharmacy intern; worked closely with group benefits team.
- Prevented ~\$1 million loss by analyzing critical data on the cost discrepancy between two parties through internal audit and presented to the team for further investigations.
- Determined a drug's entry to the DrugWatch program to re-negotiate prices with manufacturers by tracking all the new drugs with NOC coming into the market.

Residence Don, University of Waterloo Residence Life, Waterloo, ON

Sep 2016 – May 2017

- Managed 60 students living in residence; always served as a positive role model for all students and staff members, specifically with regards to academics, personal wellness and social conduct.
- Developed, planned, and implemented a minimum of 4 educational and community-building programs within the programming framework of the Office of Residence Life per month.
- Provided opportunities for students to become acquainted with other residents.

CFMS Related Meetings & Conferences Attendances

- Canadian Medical Student Conference 2025 in Halifax **2025**
- International Congress on Academic Medicine (ICAM) 2025 **2025**
- CFMS Winter Board Meeting in Montreal **2025**
- CFMB Fall Board Meeting in Ottawa **2024**
- The Canadian Medical Hall of Fame Induction Ceremony in Vancouver **2024**
- International Congress on Academic Medicine (ICAM) 2024 **2024**
- Canadian Medical Student Conference 2024 in Vancouver **2024**
- Member of the Conference Committee for the Canadian Medical Student Conference **2024**
- CFMS Summer General Meeting 2024 **2024**
- CFMS Annual General Meeting 2023 **2023**