

A little about me (Odin Dumas)

I am a proud Indigenous medical student with a deep commitment to community wellness, cultural empowerment, and health equity. My journey into medicine has been shaped by years of involvement in Indigenous after-school programs, where I worked closely with youth to foster cultural pride, academic confidence, and a strong sense of belonging. These experiences taught me the power of mentorship, community-building, and culturally rooted education.



As someone who walks in both Indigenous and medical worlds, I am passionate about promoting culturally safe care and strengthening Indigenous representation in health leadership. My academic interests lie in Indigenous health policy, community-based care models, and medical education reform, especially around integrating traditional knowledge and core cultural competencies into training.

Outside of medicine, I ground myself through activities that reconnect me with the land and help me maintain balance. I love hiking through new trails, open-water swimming in lakes, and spending quiet mornings with a good book. These hobbies give me space for reflection and remind me of the importance of wellness in all its forms—spiritual, mental, emotional, and physical.

I bring with me lived experience, a strong commitment to advocacy, and a collaborative spirit. I hope to continue building pathways for future Indigenous medical students and work toward a healthcare system that respects and celebrates our diverse identities and traditions.

Feel free to reach out anytime!

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