

Applicant Biography

Jenny Xinye Hu is currently a medical student at McMaster University finishing her term as the Associate Global Health at the CFMS. In the past two years, she has worked closely with the CFMS Global Health portfolio, initially representing McMaster as the elected Global Health Liaison leading the local global health committee. In that role, she has co-led 7 annual events, reinstated the global health mock OSCE, and co-organized the annual McMaster Global Health Conference in collaboration with the Global Health graduate program. As Associate Global Health, Jenny is currently leading the nationally designed Cultural Competency Bootcamp, redesigning professional development plans within the portfolio, and expanding opportunities for local officer involvement in national projects. One of her most recent efforts is helping prepare the CFMS for the Canadian bid to host the International Federation of Medical Students Conference in August 2026.

In addition to her work at CFMS, Jenny holds a MSc Global Health and is heavily involved in medical education working as a global health module facilitator for undergraduate courses, program evaluator for post-graduate medical education in global medicine, and most recently, director of program development at the Trans Health Education Committee in Hamilton. At her core, Jenny believes advocacy starts with giving communities a voice, leading her to work with local Hamilton groups to expand youth debate and improve access to public speaking coaching in underserved areas. With the rest of her time, Jenny enjoys working as a professional photographer specializing in conferences and CaRMS headshots.

Director of Global Health Platform

To my fellow CFMS Members,

In the past two years, I have served at both the local and national levels of the CFMS global health portfolio, seeing firsthand the impact that our global health committees have made on their communities. As the largest portfolio at the CFMS, comprising of 200+ personnel, we are the portfolio with the most impact but also the greatest space for growth.

Leveraging my time as a Global Health Liaison and Associate Global Health, I have reflected upon the most important contributions I can bring to the global health portfolio to address our areas for improvement:

1) Streamlining Canadian Access to International Opportunities

The Global Health portfolio represents Canadian medical students at the International Federation of Medical Students (IFMSA) and is responsible for increasing access to international opportunities. My goal is to streamline access

to our exchange program by expanding social media outreach, exchange mentorship, and launching online collaborations with our exchange partners. I further aim to leverage Canada's research strengths to increase our reciprocal research exchange positions abroad. To enhance our departure process, I plan to redesign our pre-departure training with a focus on cultural competency, decolonization, and anti-saviorism.

2) Equity, Diversity, Inclusion, and Decolonization (EDID)

Each CFMS portfolio is responsible for EDID, and I will build on this year's work by establishing an open-access policy within Global Health. This includes an archive of workshops and resources on CFMS channels for asynchronous access across time zones and busy schedules, with alternating event start times for equitable access year-round. Drawing on insights from this year's Indigenous Health roundtables, I am prepared to work in collaboration and support our Directors of Indigenous Health on initiatives in their portfolio. My priority areas for the year are newcomer health, trans health, and rural/remote medicine; all of which I intend to implement publicly accessible progress trackers to keep our portfolio accountable on deliverables.

3) Nationwide Projects and Strong Local Integration

The CFMS global health portfolio comprises Global Health Liaisons and Local Officers (LOs) at each school, whose involvement in national projects I aim to expand. I propose more unifying events such as the National Rural Health Week that integrates local projects into shared initiatives, fostering collective advocacy for our priority areas. Many programs currently have independent LOs without a National Officer, leaving them without roundtables or channels to voice concerns. I will implement regular roundtables for these LOs to facilitate continuous direct communication with global health leadership and foster a stronger sense of community to support the incredible work they do.

I hope that through these points, my passion for the CFMS Global Health portfolio will resonate with you and the future you wish to see for Canadian global health efforts. I strive to create more welcoming collaborative environments for students at all levels of global health experience so I hope you will support me in my vision of a stronger inclusive space for global health work nationwide.

Sincerely,

Jenny Xinye Hu