

I'm Helen (she/her) and I'm running to be your next President.

Over the past year with CFMS, I've had the pleasure of serving as Ontario Regional Director (ORD), Education Portfolio Dyad, Vice Chair of the Board, and Chair of Governance Committee. From these experiences, I bring to the President role not only an intimate understanding of each CFMS governance level, but also a unique big-picture perspective on how they all work together to drive CFMS operations.

This year, membership engagement was a huge priority of mine. In collaboration with Monty, I undertook an analysis of CFMS recruitment data spanning 2016-2023 to identify shortcomings in CFMS's outreach strategies. As ORDs, Aidan and I then connected with impacted schools to collaboratively troubleshoot identified concerns.

Aidan and I also kept in constant communication with Ontario VP Externals, MedSoc Presidents, and the Ontario Medical Students Association (OMSA) to provide transparency regarding major CFMS developments; we believe that opportunity for membership to review and provide feedback on CFMS projects is crucial to ensuring that CFMS represents student interests appropriately.

Similarly, on the AFMC Electives Network, I ensured my advocacy was always guided by student input, brought forth by VP Academics/Externals. Together, we improved equity in elective release times for Atlantic students, reduced the cost-intensiveness of system glitches, and called for the introduction of rejection rationales to guide students' next steps.

If elected President, I commit to ensuring collaborative problem-solving, organizational transparency, and student-driven strategic planning to be core principles guiding CFMS leadership.