Sheharzad (Sherry) Mahmood & Alvin Qiu CFMS Western Regional Directors 2022 Spring General Meeting April 22-23, 2022



# I. DESCRIPTION AND INTRODUCTION

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of the CFMS to represent, support, and connect its members. The CFMS a ims to communicate within its membership, as well as from its membership, to the world at large. As an ever-expanding organization, the CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

## **Brief Description**

There are two Western Regional Directors elected for each term. The CFMS Western Regional Directors are responsible for representing all CFMS member schools in the Western provinces. The schools are:

- University of British Columbia
- University of Calgary
- University of Alberta
- University of Saskatchewan
- University of Manitoba

The Western Regional Directors will chair or attend external meetings, committees, task forces and working groups as required by their regional duties and by their attaché dyad position. They will collaborate with medical societies in the planning of Western Regional events. Finally, the Western Regional Directors carry out strategic duties in maintaining their fiduciary responsibilities to the CFMS.

Due to this terms unique circumstances of the CFMS Board and unfilled positions, the Regional Directors have not been formally attached to one specific portfolio this year in the traditional attaché/dyad role.

# II. SELECTED MEETINGS ATTENDED FOLLOWING AGM

Date	Meeting	Location	Who?
October 14, 2021	Royal College RAC&FAC Orientation	Virtual	Both
October 19, 2021	Pre-AGM meeting	Virtual	Both
October 23-24, 2021	Annual General Meeting (AGM)	Virtual	Both
October 29, 2021	AFMC Student Portal 2.0 Steering Committee Meeting	Virtual	Sherry
November 1, 2021	Royal College RAC 1 Meeting	Virtual	Both

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November 3, 2021	ARMC Match Process Evaluation Working Group Meeting	Virtual	Sherry
November 4, 2021	Education Portfolio Meeting (with DEd, WRD, ORD, and NOEs)	Virtual	Both
November 12, 2021	Royal College RAC 2 Meeting	Virtual	Both
November 12, 2021	NOR update meeting	Virtual	Alvin
November 20, 2021	CFMS November Board Meeting	Virtual	Both
November 23, 2021	AFMC ICAM Meeting	Virtual	Alvin
December 10, 2021	NOR Jr Interviews	Virtual	Alvin
December 13, 2021	NOR Jr Interviews	Virtual	Alvin
December 20, 2021	CMA Meet & Greet (with Sophia Briard)	Virtual	Both
December 28, 2021	NOR Jr Interviews	Virtual	Alvin
January 3, 2022	Education portfolio recruitment meeting (with VPC and ORD)	Virtual	Alvin
January 12, 2021	AFMC ICAM Meeting	Virtual	Alvin
January 15, 2022	CFMS RD and PTMA meeting	Virtual	Both
January 16, 2022	CFMS Board Meeting	Virtual	Both
January 16, 2022	C2023 Advisory Group Meeting	Virtual	Both
February 6, 2021	CFMS Recruitment Meeting	Virtual	Sherry
February 10, 2022	SGM Planning Committee Meeting	Virtual	Both

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February 19, 2022	Education Portfolio Meeting	Virtual	Sherry
February 26, 2022	ARTMeeting	Virtual	Alvin
February 27, 2022	CFMS February Board Meeting	Virtual	Both
February 28, 2022	Learner Meeting to Discuss AFMC Proposal to Tender CaRMS	Virtual	Alvin
March 1, 2022	The Rounds feedback session	Virtual	Alvin
March 10, 2022	Debrief on AFMC Proposal to Tender CaRMS with President	Virtual	Alvin
March 24, 2022	Debrief on AFMC Proposal to Tender CaRMS with Director of Education	Virtual	Alvin
March 25-27, 2022	CFMS Winter Board Meeting	Ottawa, ON	Alvin (Virtual), Sherry (In- person)
March 29, 2022	WRD Budget Meeting	Virtual	Both
April 2,2022	ARTMeeting	Virtual	Alvin
April 4,2022	SGM Planning Committee	Virtual	Sherry
April 10,2022	EDI RT	Virtual	Sherry
April 21, 2022	ART	Calgary, AB	Alvin
April 21, 2022	GH/EDI RT	Calgary, AB	Sherry
April 22-23, 2022	CFMS Spring General Meeting	Calgary, AB	Both

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## III. ACTIVITIES OF THE WESTERN REGIONAL DIRECTORS

### 1. Western Region-Specific Facebook Group

- Previous Western Regional Directors established a Facebook group to increase transparency and communication with MedSoc presidents and CFMS representatives at each school in the Western region
- The Facebook group a dministrative privileges were transitioned to the current Western Regional Directors, Sherry Mahmood and Alvin Qiu
- This group serves as a platform for discussion regarding region-specific issues, progress, and planning
- Drop-in sessions for virtual face-to-face meetings were planned, but the interest for such sessions remains relatively low, especially given the cancellation of the Western Deans' meeting last year again. Member engagement remains one of the largest challenges

## 2. Royal College Regional Advisory Committee for Western Region (RAC1 and 2)

- Sherry Mahmood and Alvin Qiu represent Alberta and British Columbia medical students at the Royal College's Regional Advisory Committee 1
- Sherry Mahmood and Alvin Qiu represent the Manitoba and Saskatchewan medical students at the Royal College's Regional Advisory Committee 2
- At these meetings, the Western Regional Directors first gathered specific student concerns (through ART members) and presented them to the Royal College.
- In addition, the Western Regional Directors provided feedback on Royal College initiatives (such as the specialty podcasts, which are targeted to provide students with more information, and EDI initiatives)

## 3. Western Medical School Progress Updates

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- Previous Western Regional Directors had requested schools to gather a list of asks.
- The Western Deans' Conference for 2021 was cancelled once again. It was cancelled in 2020 as well
- A hold date has been set for October 27-29, 2022. This meeting is planned to occur in-person at UBC-Okanagan (UBC-O) in Kelowna, BC. The co-hosts of the Western Deans' Conference are Dr. Cheryl Holmes and Dr. Sarah Brears (UBC)
- The Western Regional Directors will follow-up with a sks and needs from the Western region MedSocs prior to this meeting
- Discussions regarding using the remaining Western Regional Director budget to subsidize funding for a dditional students to attend are ongoing

### IV. ACTIVITIES RELATED TO THE ROLE OF ATTACHE OR OTHER BOARD ROLES

#### 1. Education Portfolio

- a. Chaired and organized the Class Advisory Group meetings for C2022 and C2023
  - Coordinated meeting times for Advisory Group members, which typically included Class Presidents from all member schools specific to the graduating year, as well as several MedSoc Presidents or VP Academics
  - ii. Facilitated discussions to identify concerns from each member school and issues common across all schools for each year
  - iii. Synthesized and compiled issues to bring to the attention of the Board, in particular, members who sit on external committees (such as AFMC) to advocate for changes that address outstanding concerns
    - 1. Notable concerns from C2022: RBC Match Day campaign and its effect on unmatched students
    - 2. Notable concerns from C2023: CaRMS timeline changes, continued cancellation of visiting electives, discussions on hypothetical visiting elective caps once they return, structured reference letters
- b. Winter recruitment for the Education portfolio

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- i. Completed recruitment for all National Officers
  - 1. NOR Jr was selected based on application and interview
  - 2. NOEs were fully onboarded
- ii. Completed recruitment for other portfolio members
  - 1. The winter recruitment was not formally conducted
  - 2. Previous applicants from prior call-outs were not yet selected
  - 3. The winter recruitment, therefore, selected applicants from these prior callouts
  - 4. Based on the portfolio restructuring, two major committees were formed (Education Committee, Research Committee)
  - 5. The Education Committee is led by 3 NOEs
  - 6. The Research Committee is led by the NOR Sr and Jr
- iii. Transitioned responsibilities to interim Director of Education

## 2. Nominations Committee (Seasonal Recruitment)

- a. Along with the rest of the CFMS Board, planned the restructuring of the old "Nominations Committee" process
  - i. Note: this is now called Seasonal Recruitment
  - ii. Proposed changes allowed for a more equitable selection of students who wish to join CFMS in non-elected roles within various portfolios
  - iii. These changes were presented at CFMS AGM 2021 and were successfully passed

#### 3. CMA Meetings

- a. Participated in discussions with CMA Board a longside other CFMS Board members.
- b. Western Regional Directors also met separately to provide both CFMS initiatives and specific updates/concerns from the region.

## 4. International Congress on Academic Medicine (ICAM)

- a. New committee planning the inaugural ICAM meeting
- b. AFMC is confirmed to be hosting The International Congress on Academic Medicine (ICAM) in Quebec City, Canada, in April 12-18, 2023
- c. ICAM group involves other learner organizations (including CITAC, RDoC)
- d. New ICAM will involve an aggregation of existing conferences (CCME, CITAC, CSHRF)
- e. More details on the ICAM meeting can be found: https://www.afmc.ca/en/faculties/icam

#### 5. ARMC Match Process Evaluation Working Group

a. Completed the creation, development, and analysis of results of surveys sent out to students, programs, and PGME offices following CaRMS 2021

#### 6. Spring General Meeting 2022

- a. Assisted with planning committee for SGM being held in Western region
- b. Coordinated with GH Director and ORD to encourage VP EDI attendance and accessibility
- c. Organized the applications and marking for MDFM travel a wards

#### 7. Calls to Action

- a. Demonstrated commitment to a chieving Calls to Action and restructuring organization
  - i. Developed matrix outlining progress towards Calls to Action
  - ii. Assisted VP Finance in navigating the ongoing investigative process as handed over by previous Board to ensure transparency and accountability
  - iii. Assisted VP Global Health in developing National EDI Network and advocating for increased funding and support for VP EDIs
  - iv. Worked with Portfolio Directors to achieve equity focused initiatives

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# V. REFLECTIONS AND CONCLUSIONS

Overall, this term has been a challenging transition time for the CFMS Board of Directors. Since being elected, there has been high Board turnover and high levels of burnout. However, as of the Special General Meeting and attaining a complete Board for the first time, the workload has been distributed and we continue to realize embedding foundational principles of equity in the organization in the same spirit as the Calls to Action. We appreciate your continued patience as we work to address the concerns of the general membership. The CFMS plays a crucial role in supporting student initiatives, advocating for medical learners on a national level, and providing key resources and tools to help learners succeed in their training. Thus, we also appreciate your understanding as we continue to support the activities of the various Portfolios as many of them continue to rebuild and restructure.

Looking forward, we are committed to representing the diverse needs of students across the country as well as the specific needs of those in the Western region. The resumption of the Western Deans' Conference in Fall 2022 is an opportunity to meet the UGME Deans in Western Canada and both voice shared concerns and implement actionable changes. We hope this will also reignite member engagement in the region. On top of this, we will continue to support the Portfolios within CFMS so that they can continue the exceptional work they always do, with the ultimate goal of continuing to reform the organization to serve all medical students.

Shehazad Mahr-1

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I respectfully a cknowledge that I am writing from the traditional, an cestral and unceded territories of the xwm  $\theta$ kw $\theta$ y  $\theta$ m (Musqueam), Skwxw1mesh (Squamish) and S $\theta$ lilw $\theta$ ta?/Selilwitulh (Tsleil-Waututh) Nations.