

NATIONAL OFFICER REPORT

*Jules Perez, Co-National Officer of Reproductive and Sexual Health
Sohana Farhin, Co-National Officer of Reproductive and Sexual Health
2022 Spring General Meeting*



I. ACTIVITIES

Committee Description 2022:

The CFMS Reproductive and Sexual Health Committee (RSHC) aims to fill in the gaps to access to quality reproductive and sexual health care in Canada. The RSHC is dedicated to working on universal access to sexual and reproductive health and supports projects about increasing equity across sexual health care using an anti-oppressive lens. The RSHC will be composed of the National Officers of Reproductive and Sexual Health (NORSHs), interested Local Officers of Reproductive and Sexual Health (LORSHs) from all medical schools in Canada, and interested medical learners. The RSHC is dedicated to supporting sexual and reproductive health care projects on a local, national, and international level. The members of the committee are also subscribed to membership to the International Federation of Medical Students Association (IFMSA) and have the opportunity to attend IFMSA conferences alongside many international medical learners and form future collaborations. Members of the RSHC will also serve as delegates for the 2022 CFMS National Day of Action to advocate for universal access to contraception. The RSHC is dedicated to supporting the CFMS Global Health reform and all members of the committee will receive anti-oppression training to be provided the tools to operate through a decolonization lens.

Ongoing and Upcoming Work:

The RSHC has completed recruitment of its members during the Fall 2021 and Winter 2022 period. Screening has been completed for all committee members and individuals have received an invitation to join the committee. Two committee meetings have been held in which potential project ideas were discussed and further established. The NORSHs were also in attendance at the IFMSA Americas Regional Meeting in January 2022 which provided an opportunity to gain insight about the sexual health initiatives of other countries in North and South America as well as make connections with representatives from the IFMSA Standing Committee on Sexual and Reproductive Health and Rights including HIV and AIDS.

How CFMS medical students can get involved:

The RSHC is recruiting committee members to get involved in helping organize national projects focused on increasing equity in sexual and reproductive healthcare.

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II. MEETINGS ATTENDED

Date	Meeting	Location
January 4 2022	IFMSA Overview Meeting	Online
January 5-9 2022	IFMSA Americas Regional Meeting	Online
January 7 2022	Global Health National Officer Meeting	Online
January 12 2022	Global Health National Officer Orientation	Online
January 17 2022	GH NO - Weekly Planning Meeting #1	Online
January 19 2022	IFMSA AmRM Debrief Meeting with IFMSA Quebec	Online
January 24 2022	GH NO - Weekly Planning Meeting #2	Online
January 31 2022	GH NO - Weekly Planning Meeting #3	Online
February 7 2022	GH NO - Weekly Planning Meeting #4	Online
February 9 2022	Global Health National Officer Monthly Meeting	Online
February 12 2022	Committee Planning Meeting	Online
February 18 2022	Committee Meeting #1	Online
March 1st - 6th 2022	IFMSA General Assembly	Online
March 6 2022	Global Health National Officer Monthly Meeting	Online
March 22 2022	IFMSA General Assembly CFMS-Canada Debrief	Online
March 26 2022	Committee Meeting #2	Online
March 29 2022	Global Health National Officer Monthly Meeting	Online
April 2 2022	GH NO SGM Planning Meeting	Online
April 4 2022	GH NO SGM Planning Meeting	Online

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III. CONCLUSIONS

Future Directions: The RSHC aims to establish stronger connections with local non-profit organizations that are aimed at increasing accessibility and quality of care provided for sexual and reproductive health, and would like to contribute to bringing awareness to ongoing sexual and reproductive health projects. The committee seeks to consult experts and members of the communities and to provide compensation for their time and expertise.

Jules Perez (they/them), University of Manitoba, Class of 2025
Sohana Farhin (she/her), University of Ottawa, Class of 2024

The image shows two handwritten signatures in black ink. The signature on the left is 'Jules Perez' and the signature on the right is 'Sohana Farhin'. Both are written in a cursive, flowing style.