

EXECUTIVE REPORT

*Khaldon Abbas & Taylor Heinzlmeir
CFMS Western Regional Directors
2021 Spring General Meeting
April 17-18th, 2021*



I. DESCRIPTION AND INTRODUCTION

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of the CFMS to represent, support, and connect its members. The CFMS aims to communicate within its membership, as well as from its membership, to the world at large. As an ever-expanding organization, the CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

Brief Description

There are two Western Regional Directors elected for each term. The CFMS Western Regional Directors are responsible for representing all CFMS member schools in the Western provinces. The schools are:

- University of British Columbia
- University of Alberta
- University of Calgary
- University of Saskatchewan
- University of Manitoba

The Western Regional Directors will chair or attend external meetings, committees, task forces and working groups as required by their regional duties and by their attaché dyad position. They will collaborate with medical societies in the planning of Western Regional events. Finally, the Western Regional Directors carries out strategic duties in maintaining their fiduciary responsibilities to the CFMS.

Khaldon Abbas is cross-appointed with the Student Affairs portfolio.

Taylor Heinzlmeir is cross-appointed with the Finance portfolio

II. SELECTED MEETINGS ATTENDED

Date	Meeting	Location	Who?
Sep 20, 2020	AGM 2020 Board Handover Meeting	Virtual	Both
Sep 26, 2020	Board Onboarding w/ Henry	Virtual	Khaldon
Oct 4, 2020	Student Affairs Attache On-boarding	Virtual	Khaldon
Oct 7, 2020	Regional Directors Meeting	Virtual	Both
Oct 8, 2020	Student Affairs Attache Turnover	Virtual	Khaldon
Oct 18, 2020	CFMS Board Meeting	Virtual	Both
Oct 18, 2020	Wellness Roundtable	Virtual	Khaldon
Oct 20, 2020	Royal College Regional Advisory Committee Orientation Meeting	Virtual	Khaldon
Oct 20, 2020	Leadership Award Planning and Check-in with Student Affairs Director	Virtual	Khaldon
Oct 21, 2020	Meeting with Past Western Region Director - Wendy	Virtual	Khaldon
Oct 23, 2020	Western Region Planning Meeting	Virtual	Both
Oct 24-25, 2020	CFMS Board Leadership & Governance Training	Virtual	Both
Oct 24, 2020	Meeting with Past Western Region Director - Devon	Virtual	Khaldon

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Oct 24, 2020	Check-in with CFMS President	Virtual	Khaldon
Oct 26, 2020	Presidents' Roundtable	Virtual	Taylor
Oct 29, 2020	Royal College Regional Advisory Committee Mentor Meeting	Virtual	Khaldon
Oct 30-Nov 1, 2020	CFMS Fall Board Meeting	Virtual	Both
Nov 5, 2020	Western Region Planning Meeting	Virtual	Both
Nov 5, 2020	FAHR Committee Meeting	Virtual	Taylor
Nov 7, 2020	UBC MUS Meeting	Virtual	Khaldon
Nov 8, 2020	National Wellness Committee	Virtual	Khaldon
Nov 14, 2020	Resiliency & Advocacy File Lead On-boarding	Virtual	Khaldon
Nov 15, 2020	Wellness Roundtable	Virtual	Khaldon
Nov 15, 2020	Slack Planning Discussion	Virtual	Khaldon
Nov 18, 2020	Royal College Regional Advisory Committee 1	Virtual	Khaldon
Nov 18, 2020	National Wellness Challenge Planning	Virtual	Khaldon
Nov 19, 2020	RAC 2 Fall Meeting	Virtual	Taylor
Nov 22, 2020	CFMS Board Meeting	Virtual	Both
Nov 24, 2020	SIF Taskforce Meeting	Virtual	Taylor
Nov 26, 2020	Presidents' Roundtable	Virtual	Taylor
Nov 27, 2020	CaRMS Member Committee Meeting	Virtual	Taylor
Nov 28, 2020	CFMS Board Meeting	Virtual	Both
Nov 29, 2020	Student Affairs Townhall #1	Virtual	Khaldon
Nov 29, 2020	Student Affairs Director Check-in	Virtual	Khaldon
Dec 2, 2020	FAHR Committee Meeting	Virtual	Taylor
Dec 5, 2020	CFMS Board Meeting	Virtual	Both
Dec 11, 2020	Check-in with CFMS President	Virtual	Khaldon
Dec 13, 2020	Wellness Roundtable	Virtual	Khaldon
Dec 13, 2020	CFMS Board Meeting	Virtual	Khaldon
Dec 21, 2020	Check-in & Planning with Student Affairs Director	Virtual	Khaldon
Jan 8, 2021	CFMS Winter Board Meeting	Virtual	Both
Jan 9, 2021	Presidents' Roundtable	Virtual	Taylor
Jan 10, 2021	CFMS Winter Board Meeting	Virtual	Both
Jan 13, 2021	CFMS Board Discussion	Virtual	Khaldon
Jan 16, 2021	Wellness Roundtable	Virtual	Khaldon
Jan 17, 2021	CFMS Winter Board Meeting	Virtual	Both
Jan 26, 2021	Check-in with CFMS President	Virtual	Khaldon
Jan 31, 2021	CFMS Board Meeting	Virtual	Both
Feb 1, 2021	UBC MUS Meeting	Virtual	Khaldon
Feb 13, 2021	National Wellness Committee	Virtual	Khaldon
Feb 13, 2021	Wellness Roundtable	Virtual	Khaldon
Feb 20, 2021	CFMS Board Meeting	Virtual	Both
Feb 27, 2021	Presidents' Roundtable	Virtual	Taylor
Feb 28, 2021	CFMS Board Meeting	Virtual	Both

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Feb 28, 2021	Student Affairs Townhall	Virtual	Khaldon
Mar 01, 2021	Check-in with CFMS Student Affairs Director	Virtual	Khaldon
Mar 02, 2021	Global Health Facilitated Discussion Meeting	Virtual	Both
Mar 05, 2021	President and Representative Roundtable Facilitated Discussion Meeting	Virtual	Both
Mar 14, 2021	Wellness Roundtable	Virtual	Khaldon
Mar 28, 2021	CFMS Board Meeting	Virtual	Both
April 10, 2021	Presidents' Roundtable	Virtual	Taylor
April 11, 2021	Wellness Roundtable	Virtual	Khaldon
April 11, 2021	CFMS Board Meeting	Virtual	Both
April 17-18, 2021	CFMS Spring General Meeting	Virtual	Both

III. ACTIVITIES OF THE WESTERN REGIONAL DIRECTORS

1. Western Region-Specific Facebook Group

- Established a Facebook group to increase transparency and communication with MedSoc presidents and CFMS representatives at each school in the Western region.
- Serve as a platform of discussion regarding region specific issues, progress, and planning.
- Coordinated posting of bi-weekly discussion questions to promote discussions and input.

2. Royal College Regional Advisory Committee for Western Region (RAC 1 and 2)

- Khaldon Abbas represented Alberta and British Columbia medical students at the Royal College's Regional Advisory Committee 1.
- Taylor Heinzlmeir represented the Manitoba and Saskatchewan medical students at the Royal College's Regional Advisory Committee 2.

3. Western Medical School Progress Updates

- Follow up is being arranged from each school on their progress on last year's asks
- This is currently in planning phases to determine how to best receive and analyze progress.
- Provide support to each western region medical school to achieve progress on the asks.

IV. ACTIVITIES OF THE STUDENT AFFAIRS ATTACHE

1. Wellness Roundtable Chair

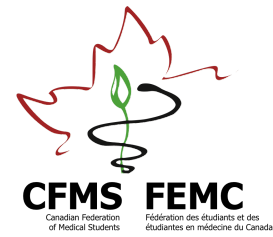
- a. Chaired monthly teleconferences with the Wellness VPs at each Medical School.
- b. Facilitated discussions on wellness initiatives at the local and national level.
- c. Invited FMEQ and OMSA Wellness VP's to our WRT meetings to promote collaboration.
- d. Worked with Quinn Mclellan, to establish a National Peer Support Contact List Resource to be embedded within the WRT.

2. Nomination Committee

- a. Coordinated the marking of applications for Fall Call, where we received over 90 applications to our portfolio.

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- b. Forwarded candidates for interview as needed.
- 3. CFMS Leadership Awards**
 - a. Responsible for leading the CFMS Leadership and Travel Awards program
 - b. Collaborated with the communications team in updating website material and social media posts
- 4. National Wellness Challenge**
 - a. Collaborated with National Wellness Challenge Lead and Director to Student Affairs to brainstorm new challenges and prizes.
 - b. New to NWC this year is to have region specific prizes to be awarded to schools with highest participation at their respective regions.

V. ACTIVITIES OF THE FINANCE ATTACHE

- 1. Presidents' Roundtable Chair**
 - a. Chaired monthly teleconferences with the Med Soc Presidents at each Medical School.
 - b. Facilitated discussions on national issues and support for individual schools.
 - c. Notified the Presidents when necessary of new and developing issues, projects, etc.
- 2. Finance and Human Resource Committee Assistant**
 - a. Assisted with coordinating some meetings and taking minutes.
 - b. Answered questions for and supported committee members.
- 3. Strategic Innovation Fund Taskforce**
 - a. Assisted with coordinating some meetings and taking minutes.
 - b. Answered questions for and supported taskforce members.

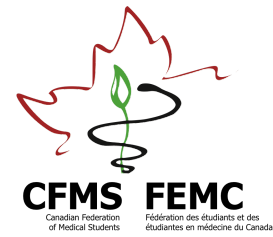
VI. REFLECTIONS AND CONCLUSIONS

This has been a challenging year in many ways and it was necessary to adapt to the challenges that were presented due to the ongoing pandemic. Some of the challenges include cancellation of the Annual Western Dean's meeting in which priorities and actions are usually discussed and established for the year and Ice bowl, a region wide social event. To adapt, we decided to focus on last year's asks instead of establishing new ones. Our portfolio continues to promote unity across the schools involved, a major focus for this year. We are working diligently to ensure that last year's asks are followed upon and medical schools are being supported with necessary resources to achieve progress. We remain in close contact with our local presidents and school representatives, and are working with them to further our policy objectives. Outside of the Western Region, we continue to represent the CFMS board in various forums, including the Royal College and in our dyad roles.

In the future, our vision for the region is continued focus of enhancing communication with the students we represent and advancing our policy interests with the faculties of medicine. Increasing activity in our dyad roles will provide additional opportunities for growth and contribution in 2021, and we are excited to continue the important work of the board.

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Khaldon Abbas, B.Sc.

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I would like to acknowledge that I am writing from the Musqueam, Squamish, and Tsleil-Waututh Traditional Territories.

Taylor Heinzlmeir, B.Sc.

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I would like to acknowledge that I am writing from Treaty 6 territory, a traditional gathering place for diverse Indigenous peoples including the Cree, Blackfoot, Métis, Nakota Sioux, Iroquois, Dene, Ojibway/Saulteaux/Anishinaabe, Inuit, and many others.