

## EXECUTIVE REPORT

Henry Li, CFMS President  
2021 Spring General Meeting  
Virtual, April 17-18<sup>th</sup>, 2021



### I. Description and Introduction:

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8,000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of CFMS to represent, support, and connect its members. CFMS aims to communicate within its membership, as well as from its membership, to the world at large. As an ever-expanding organization, CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

#### Brief Description

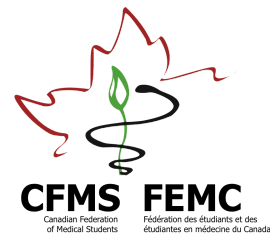
The CFMS President is responsible for setting the strategic direction of the Federation and have detailed knowledge of all CFMS policies and activities. In addition, the President acts as the primary contact and spokesperson on important member issues, often speaking to these at strategic settings including through media. The President attends external meetings on other boards, committees, task forces and working groups as the representative of medical students in Canada.

### II. Selected Meetings Attended

Date	Meeting	Location
Sep 19-20, 2020	AGM 2020	Virtual
Sep 21, 2020	Learner Organization Discussion re: MCC	Virtual
Sep 23, 2020	CFMS Fall Call for Nominations Info Night and Q&A	Virtual
Sep 24, 2020	Entry Routes Discussion with AFMC	Virtual
Sep 26, 2020	Intro Meetings with Regional Directors	Virtual
Sep 27, 2020	CFMS Indigenous Health Discussion	Virtual
Sep 28, 2020	Learner Meeting with MCC	Virtual
Sep 29, 2020	Strategic Planning Consultation with AFMC	Virtual
Sep 29, 2020	Longitudinal Advocacy Training Series Discussion	Virtual
Oct 1, 2020	CFMS-CMA MOU Touchpoint Meeting	Virtual
Oct 1, 2020	ARMC Virtual Interviews Handbook Subcommittee Meeting	Virtual
Oct 1, 2020	C2021 Advisory Group TC #1	Virtual
Oct 2, 2020	AFMC Learner News Meeting	Virtual
Oct 2, 2020	CMA Equity & Diversity Roundtable	Virtual
Oct 3-4, 2020	Strategic Discussions with Portfolio Director/VPs	Virtual
Oct 4, 2020	MCC Annual Meeting	Virtual
Oct 5, 2020	Entry Routes Discussion with Royal College	Virtual
Oct 5, 2020	Intro Meeting with AFMC Student Affairs Committee Chair	Virtual
Oct 6, 2020	ARMC Virtual Interviews Handbook Subcommittee Meeting	Virtual
Oct 6, 2020	CFMS-BMSAC Touchpoint	Virtual

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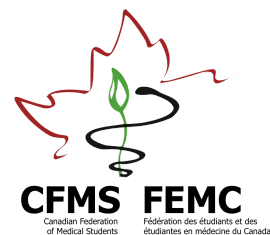
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Oct 7, 2020	CMF CEOs Meeting	Virtual
Oct 8, 2020	CACMS Consultation	Virtual
Oct 8, 2020	CFMS-MDFM Strategic Discussion	Virtual
Oct 13, 2020	Intro Meeting with RDoC President	Winnipeg, MB
Oct 14, 2020	Intro Meeting with MB Undergraduate Dean	Virtual
Oct 16, 2020	AFMC Student Affairs Committee Meeting	Virtual
Oct 16, 2020	AFMC Resident Matching Committee Meeting	Virtual
Oct 17, 2020	Western University Hippocratic Council Annual General Meeting	Virtual
Oct 18, 2020	Core Executive TC #1	Virtual
Oct 18, 2020	CFMS Board TC #1	Virtual
Oct 19-24, 2020	Board Check-ins #1	Virtual
Oct 21, 2020	CFMS-CMA Wellness Touchpoint Meeting	Virtual
Oct 21-22, 2020	AFMC 2022 R1 Match Timeline Meeting	Virtual
Oct 21, 2020	CFMS National Annual Survey Ed/Comms Strategy	Virtual
Oct 22, 2020	Intro Meeting with CANPREPP Project Manager	Virtual
Oct 24-25, 2020	CFMS Board Leadership Workshop	Virtual
Oct 24, 2020	CFMS-MDFM Board & Partnership Committee Meeting	Virtual
Oct 26, 2020	Intro Meeting with OMSA President	Virtual
Oct 26, 2020	Presidents Roundtable	Virtual
Oct 26, 2020	Core Executive TC #2	Virtual
Oct 27, 2020	Intro Meeting with MB Student Affairs Dean	Virtual
Oct 28, 2020	CFMS-AFMC CANPREPP Communications Strategy Meeting	Virtual
Oct 28, 2020	CFMS-CMA Discussion on Equity & Diversity	Virtual
Oct 30, 2020	Intro Meeting with MB Faculty of Health Sciences Dean	Virtual
Oct 30, 2020	AFMC Student Affairs Committee Meeting	Virtual
Oct 30, 2020	ARMC Virtual Interviews Handbook Subcommittee Meeting	Virtual
Oct 30-Nov 1, 2020	CFMS Fall Board Meeting	Virtual
Nov 3, 2020	CMA Impact 2040 Roundtable	Virtual
Nov 4, 2020	CMF CEOs Meeting	Virtual
Nov 4, 2020	C2021 Advisory Group TC #2	Virtual
Nov 5, 2020	AFMC Learner News Meeting	Virtual
Nov 5, 2020	Call with AFMC re: Family Medicine Structured Reference Form	Virtual
Nov 6, 2020	AFMC Resident Matching Committee Meeting	Virtual
Nov 8, 2020	CFMS Ed Portfolio Strategic Discussion	Virtual
Nov 8, 2020	Call with FM aPD re: Family Medicine Structured Reference Form	Virtual

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Nov 8, 2020	Core Executive TC #3	Virtual
Nov 9, 2020	CANPREPP Advisory Committee Meeting	Virtual
Nov 11, 2020	CFMS-CaRMS Touchpoint Meeting	Virtual
Nov 12, 2020	Learner Meeting with MCC	Virtual
Nov 13, 2020	AFMC Student Affairs Committee Meeting	Virtual
Nov 14, 2020	CFMS Rapid Response Team Lead Onboarding	Virtual
Nov 15, 2020	CFMS Governance Committee Meeting	Virtual
Nov 17, 2020	Physician Resource Planning Advisory Committee Meeting	Virtual
Nov 18, 2020	CFMS Ontario RD Strategic Discussion	Virtual
Nov 19, 2020	Learner-UGME Meeting	Virtual
Nov 19, 2020	CMF Working Group on Anti-Racism Meeting	Virtual
Nov 19, 2020	RDoC Awards Ceremony	Virtual
Nov 19, 2020	CFMS-RDoC Entry Routes Discussion	Virtual
Nov 22, 2020	Core Executive TC #4	Virtual
Nov 22, 2020	CFMS Board TC #2	Virtual
Nov 23, 2020	CFMS-AFMC Physician Wellness+ Discussion	Virtual
Nov 24, 2020	CFMS Board Debrief	Virtual
Nov 26, 2020	CMF President/CEOs Fall Meeting	Virtual
Nov 26, 2020	Presidents Roundtable	Virtual
Nov 26, 2020	Core Executive TC #5	Virtual
Nov 28, 2020	CFMS Board TC #3	Virtual
Nov 29, 2020	C2022 Advisory Group TC #1	Virtual
Nov 29, 2020	C2021 Advisory Group TC #2	Virtual
Nov 30 - Dec 9, 2020	Presidents Roundtable Check-ins	Virtual
Nov 30, 2020	Core Executive TC #6	Virtual
Nov 30, 2020	CFMS CACMS Survey Discussion	Virtual
Nov 30, 2020	CFMS-CQMSA Intro Meeting	Virtual
Dec 1, 2020	CFMS-MD Touchpoint	Virtual
Dec 3, 2020	CANPREPP Advisory Committee Meeting	Virtual
Dec 4, 2020	AFMC Learner News Meeting	Virtual
Dec 4, 2020	AFMC Resident Matching Committee Meeting	Virtual
Dec 5, 2020	CFMS Board TC #4	Virtual
Dec 6, 2020	CFMS-McMaster Medical Student Council Meeting	Virtual
Dec 6, 2020	Representatives Roundtable Debrief	Virtual
Dec 6, 2020	CFMS Volunteer Strategy Working Group Meeting	Virtual
Dec 6-12, 2020	Board Check-ins #2	Virtual
Dec 10, 2020	CMF Working Group on Anti-Racism Meeting	Virtual
Dec 11, 2020	AFMC Student Affairs Committee Meeting	Virtual
Dec 12, 2020	Core Executive TC #7	Virtual
Dec 13, 2020	CFMS Board TC #5	Virtual

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Dec 14, 2020	CFMS-BMSAC Touchpoint	Virtual
Dec 15, 2020	AFMC Data Stewardship Committee Meeting	Virtual
Dec 16, 2020	CMF CEOs Meeting	Virtual
Dec 19, 2020	CFMS uCMG Working Group Meeting	Virtual
Dec 19, 2020	CFMS Board Debrief	Virtual
Dec 20, 2020	NDoA 2.0 Discussion	Virtual
Jan 4, 2021	Core Executive TC #8	Virtual
Jan 8, 2021	AFMC Student Affairs Committee Meeting	Virtual
Jan 8, 2021	CMF Working Group on Anti-Racism Meeting	Virtual
Jan 8-17, 2021	CFMS Winter Board Meeting	Virtual
Jan 9, 2021	Presidents Roundtable	Virtual
Jan 11, 2021	Calls with EDI advisors	Virtual
Jan 11, 2021	GHRT Debrief	Virtual
Jan 12, 2021	AFMC Portal Steering Committee Meeting	Virtual
Jan 12, 2021	CFMS Board TC #6	Virtual
Jan 13, 2021	CMF CEOs Meeting	Virtual
Jan 13, 2021	Call with MB Faculty of Health Sciences Dean	Virtual
Jan 13, 2021	Call with CaRMS CEO	Virtual
Jan 13, 2021	Call with AFMC Leadership	Virtual
Jan 13, 2021	CFMS-RDoC Touchpoint	Virtual
Jan 14, 2021	CCME Learner Forum Planning Meeting	Virtual
Jan 14, 2021	Call re: SSHRC Connections Event	Virtual
Jan 15, 2021	Call with CMA Leadership	Virtual
Jan 15, 2021	ARMC Match Process Evaluation Working Group Meeting	Virtual
Jan 15, 2021	CFMS-AFMC Physician Wellness+ Discussion	Virtual
Jan 15, 2021	CFMS Board Transition Call	Virtual
Jan 17, 2021	C2022 Advisory Group TC	Virtual
Jan 18, 2021	CFMS-MD Touchpoint	Virtual
Jan 19, 2021	Call with EDI Advisors	Virtual
Jan 20, 2021	CMA/CFMS Collaborative Discussion on Wellness	Virtual
Jan 21, 2021	Learner/MCC Meeting	Virtual
Jan 21, 2021	C2021 Advisory Group TC	Virtual
Jan 22, 2021	AFMC Student Affairs Committee Meeting	Virtual
Jan 22, 2021	AFMC Resident Matching Committee Meeting	Virtual
Jan 22, 2021	Call with Senator Stan Kutcher	Virtual
Jan 25, 2021	Call re: AFMC/CaRMS Communications	Virtual
Jan 26, 2021	CaRMS Learner Meeting	Virtual
Jan 26, 2021	AFMC Board Meeting	Virtual
Jan 26-28, 2021	CFMS Board Check-ins	Virtual
Jan 27, 2021	Addressing Anti-Indigenous Racism in Canada's Health Care Systems Day 1	Virtual

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Jan 27, 2021	Call with EDI Advisors	Virtual
Jan 28, 2021	CMA/CFMS Touchpoint	Virtual
Jan 28, 2021	Addressing Anti-Indigenous Racism in Canada's Health Care System Day 2	Virtual
Jan 28, 2021	Call with Royal College CEO	Virtual
Jan 31, 2021	CFMS Board Transition Meetings	Virtual
Jan 31, 2021	CFMS Board TC #7	Virtual
Feb 3, 2021	CMF CEOs Meeting	Virtual
Feb 5, 2021	ARMC Match Process Evaluations Working Group Meeting	Virtual
Feb 9, 2021	CMF Working Group on Anti-Racism Meeting	Virtual
Feb 11, 2021	CMF Working Group on Physician Workforce Planning Meeting	Virtual
Feb 13, 2021	C2022 Advisory Group TC	Virtual
Feb 16, 2021	AFMC Culture of Medicine Meeting	Virtual
Feb 17, 2021	CMF Working Group on Anti-Racism Subcommittee Meeting	Virtual
Feb 17, 2021	C2021 Advisory Group TC	Virtual
Feb 18, 2021	Learner/MCC Meeting	Virtual
Feb 19, 2021	AFMC Student Affairs Committee Meeting	Virtual
Feb 19, 2021	AFMC Resident Matching Committee Meeting	Virtual
Feb 20, 2021	Core Executive TC #9	Virtual
Feb 20, 2021	CFMS Board TC #8	Virtual
Feb 21, 2021	Global Health Strategic Discussion	Virtual
Feb 22, 2021	AFMC Learner News Meeting	Virtual
Feb 22, 2021	CFMS-MD Touchpoint	Virtual
Feb 25, 2021	CFMS-CaRMS Touchpoint Meeting	Virtual
Feb 26, 2021	CFMS-CMA Discussion	Virtual
Feb 27, 2021	Presidents Roundtable	Virtual
Feb 28, 2021	SGM Planning Meeting	Virtual
Feb 28, 2021	CFMS Board TC #9	Virtual
Mar 2, 2021	CACMS Consultation	Virtual
Mar 2, 2021	CCME Learner Forum Planning Meeting	Virtual
Mar 2, 2021	CFMS Facilitated Global Health Discussion	Virtual
Mar 3, 2021	CMF President/CEOs Meeting	Virtual
Mar 4, 2021	AFMC Culture of Medicine Meeting	Virtual
Mar 5, 2021	AFMC Student Affairs Committee Meeting	Virtual
Mar 5, 2021	ARMC Match Process Evaluations Working Group Meeting	Virtual
Mar 5, 2021	CFMS Facilitated PRT/RRT Discussion	Virtual
Mar 6-7, 2021	RDoC Board Meeting	Virtual
Mar 6, 2021	C2022 Advisory Group TC	Virtual

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Mar 8, 2021	CFMS uCMG Discussion	Virtual
Mar 9, 2021	C2022 Advisory Group TC	Virtual
Mar 10, 2021	Data Connections Pre-Meeting Call	Virtual
Mar 11, 2021	International Social Accountability and Accreditation Think Tank Meeting	Virtual
Mar 12, 2021	CMF Call with Black Physicians of Canada	Virtual
Mar 17, 2021	CCME Learner Forum Podcast Call	Virtual
Mar 19, 2021	AFMC Student Affairs Committee Meeting	Virtual
Mar 20, 2021	Core Executive TC #10	Virtual
Mar 25, 2021	Data Connections Workshop	Virtual
Mar 28, 2021	CFMS Board TC #10	Virtual
Mar 29, 2021	Learner/MCC Meeting	Virtual
Mar 30, 2021	AFMC Data Stewardship Committee Meeting	Virtual
Mar 30, 2021	CFMS Physician Wellness+ Discussion	Virtual
Mar 30, 2021	ON Residency Spots Discussion	Virtual
Apr 1, 2021	ARMC Structured Reference Guidelines Working Group Meeting	Virtual
Apr 1, 2021	Data Connections Workshop	Virtual
Apr 3, 2021	SGM Planning Meeting	Virtual
Apr 6, 2021	AFMC Culture of Medicine Meeting	Virtual
Apr 6, 2021	CFMS EDI Advisors Call	Virtual
Apr 7, 2021	CMF CEOs Meeting	Virtual
Apr 7, 2021	Data Connections Workshop	Virtual
Apr 7, 2021	CCME Learner Forum Planning Meeting	Virtual
Apr 7, 2021	C2022 Advisory Group Call	Virtual
Apr 8, 2021	C2021 Advisory Group Call	Virtual
Apr 8, 2021	CFMS IT Contract Discussion	Virtual
Apr 9, 2021	CMF Working Group of Physician Workforce Planning Meeting	Virtual
Apr 9, 2021	AFMC Resident Matching Committee Meeting	Virtual
Apr 9, 2021	ARMC Match Process Evaluations Learner Subcommittee Meeting	Virtual
Apr 10, 2021	Presidents Roundtable	Virtual
Apr 11, 2021	CFMS Board TC #11	Virtual
Apr 12, 2021	Learner News Meeting	Virtual
Apr 12, 2021	CFMS-MD Touchpoint	Virtual
Apr 14, 2021	Data Connections Workshop	Virtual
Apr 15, 2021	CMF Working Group on Anti-Racism Meeting	Virtual
Apr 17-18, 2021	CFMS Spring General Meeting	Virtual
Apr 17-20, 2021	Canadian Conference on Medical Education	Virtual



### **III. PRIORITIES AND PROJECT AREAS**

#### **a. Educational Advocacy**

- i. This past year has seen about many changes to medical education as a result of the COVID-19 pandemic. Advocating on behalf of students has been a huge focus of my tenure and I am proud of what student leaders across the country have been able to accomplish together in the face of a constantly changing environment. This has included advocacy on the R1 match timelines, application requirements, discussions on visiting electives, virtual interviews, program promotion, match process evaluations, and the MCCQE1. Amidst the changes, equity has been a particularly important consideration as each medical school has adapted to the pandemic in different ways and it has been inspiring to see how students can come together to support each other in minimizing inequities throughout our educational journey. We have proven to be an integral voice in the decision-making process for medical education and I look forward to seeing the collaborative innovations that will come out of our advocacy and engagement in the coming years.

#### **b. Anti-racism and Equity, Diversity, Inclusion (EDI)**

- i. This year has been an eye-opening and challenging one for all in the medical community as we have seen many starting their journeys in anti-racism and EDI. This is a journey that requires unlearning, reflection, and education, as well as the engagement of those with lived experiences. The CFMS' work on EDI started in Fall 2019 with our EDI Task Force, and we saw the adoption of the task force's recommendations both for the organization and for the faculties of medicine at our AGM in September 2020. Although this year has been one filled with hurt for the CFMS and our members, it has demonstrated the forward-thinking nature of medical students across Canada and our commitment to reconciliation. As we have made mistakes and learned through our journey this past year, I am confident that our organization will be a leader in anti-racism and EDI which will come to form a core part of our work in all portfolios. Our Board has had the opportunity to set the foundation for the prioritization of anti-racism and EDI in the years to come and I look forward to seeing how our organization can be transformed and foster safe spaces for each and every one of our members.

#### **c. Medical Student Wellness**

- i. Medical student wellness has been a core focus of the CFMS for many years, supporting by mounting evidence of the disproportionate mental health burden of medical school. This year, we have continued to expand our offerings in the Student Affairs portfolio, and notably have developed a 4-year plan supported by the Physician Wellness+ initiative to exponentially expand our capacity to advance medical student wellness internally as well as in collaboration with medical education stakeholders. It is critical that we take steps to improve wellness both at the individual and organizational levels to

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ensure that we are able to provide optimal care for our patients, and I believe that the CFMS has proved itself to be a key driver of this work in Canada.

### d. Collaborations and Partnerships

- i. This past year has seen enhanced collaborations with our partners in navigating the COVID-19 pandemic.
  1. CMA: We have continued to formalize our relationship with the CMA after the MOU that was signed last year. This has included frequent discussions on potential collaborations, particularly as it relates to our work on Physician Health & Wellness and Access to Care.
  2. RDoC/FMEQ/FMRQ: We continue to enjoy strong working relationships with our sister learner organizations as a result of the pandemic response throughout the past year. I look forward to seeing how we can align and expand our collaborations.
  3. BMSAC/CQMSA/FAMS: We have formalized relationships with other representative medical student organizations and plan to expand collaborations through our Underrepresented in Medicine Committee to ensure all medical student perspectives are captured in the work of the CFMS.
  4. Medical Education Organizations: The Canadian Medical Forum is a gathering of the major medical organizations in Canada. This year, it has seen an increase in collaborations and the CFMS has been engaged as a member of the Working Group on Physician Workforce Planning and as a cochair of the Working Group on Anti-Racism. We have also continued to have regular meetings with the MCC, CaRMS, AFMC, and other medical education organizations.

## IV. REFLECTIONS AND CONCLUSIONS

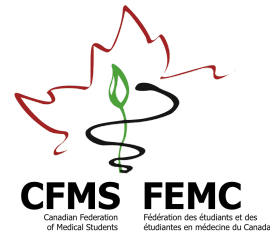
Last year at this time I stood before you as a candidate for CFMS President certain that this year would bring about new obstacles and opportunities. Our Board theme this year is *Dynamic* and our motto is *Unwavering in change, for you, with you*. Although this year has been taxing for the organization and for medical students across the country, I am proud of our Board's ability to navigate uncertainty and tirelessly advocate on behalf of you amidst considerable challenges. I believe that we have truly demonstrated our commitment to our work and to medical students in the face of significant responsibility and learnings and have persevered to ensure a smooth transition of leadership.

I have been so inspired by the amazing work of medical students throughout the pandemic and in adapting to our "new normal", whether this be through expansive initiatives at the start of the pandemic or the collaborative spirit of your student representatives. As we have all seen, the pandemic is here to stay and will require us all to continue our efforts and innovations as we seize opportunities and overcome challenges.



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As *Tomorrow's Physicians, Leading for Health Today*, the CFMS is taking leadership and pushing forward on a number of important issues relevant to medical students, the healthcare system and our patients. I truly believe that the organization is larger than any of us and am excited to see how the organization will be transformed through the new Board's leadership to better serve students across the country. The CFMS will continue to be a driving force in the medical community through the tireless work of generations and generations of medical student leaders, and I encourage you all to get involved and use the opportunity to shape medical education across the country.

It has truly been an honour and privilege to serve as your President this past year. Although this term was not the term that I expected, I am forever grateful for your trust in April of 2021, collaboration, and constant drive to push the organization to be better. Amidst the highest of highs and lowest of lows, I will remember each and every experience and use it to be a better peer, physician, and leader.

Thank you to the CFMS Board and all of our volunteers for your commitment, effort, and ideas. The organization is nothing without all of you and I am so excited to see where your careers take you. I have seen incredible dedication, sacrifice, and growth over my term, and I am confident that you will continue to be innovative leaders in medicine. Thank you to Rosemary and Stephanie without whom I would not have been able to make it through the term, and who serve as the backbone of the organization. Lastly, thank you to each and every one of our members. You are truly *Tomorrow's Physicians, Leading for Health Today*.

Sincerely,

Henry Li (he/him)  
MD Class of 2021 | University of Manitoba  
President | Président  
Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine  
du Canada  
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