

EXECUTIVE REPORT

*Stephanie Smith, CFMS President
Spring General Meeting Report
April 11-13th, 2019. Niagara Falls, ON*



I. DESCRIPTION OF POSITION

From the CFMS bylaws:

- a) Appoint the Chairs of all committees except as otherwise provided; and*
- b) Appoint an Executive Vice President from among the Executive Committee; and*
- c) Succeed to the Office of Past-President upon the election of their successor; and*
- d) Be responsible for the general supervision and direction of the business of the Federation.*

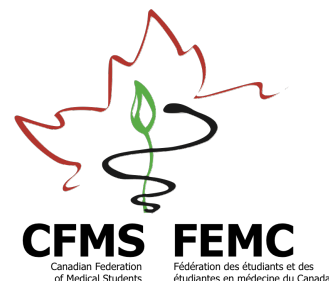
At the 2018 CFMS AGM, the general assembly approved a motion for the CFMS past-president to assume chairpersonship of the CFMS board. As a result, the CFMS past-president, Dr. Henry Annan, assumed the position as chair of the 2018-2019 CFMS board. The role of the President is multifaceted. The President sets organizational goals and oversees their implementation. Specific activities are delegated to members of the CFMS Board and the President is responsible for providing support, guidance, and institutional memory. The President contributes to agenda-setting for each General and Board meeting. The President is also the designated spokesperson for the Federation and interacts with representatives of media, government, public, and national medical organizations. Representative roles set aside for the President include the Canadian Medical Association Board of Directors, the Physician Resource Planning Advisory Committee, the Canadian Medical Forum, and others by invitation.

II. MEETINGS ATTENDED

Date	Meeting	Location
September 20-23, 2018	2018 CFMS AGM	Montreal, QC
September 23-October 12, 2018	One-on-one meetings with board members	Teleconference
September 24, 2018	CaRMS Learner Meeting	Ottawa, ON
September 27, 2018	CaRMS Webinar	Teleconference
October 2, 2018	AFMC Network on Physician Health	Teleconference
October 5, 2018	Canadian Health Workforce Conference-STRIVE Workshop	Gatineau, QC
October 11, 2018	CBC Radio-Interview on free tuition	Radio
October 12, 2018	International Conference of Physician Health-CMA Ambassador program launch	Toronto, ON
October 22, 2018	AFMC 75 th Anniversary Symposium on Future of Academic Medicine	Ottawa, ON
October 25, 2018	Royal College Celebration	Ottawa, ON
October 26-28, 2018	CFMS Fall Board Meeting	Ottawa, ON
October 28, 2018	FMEQ Meeting	Teleconference

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October 30, 2018	OMSA Meeting	Teleconference
November 2-4, 2018	Yukon Medical Association Annual General Meeting	Whitehorse, YK
November 4, 2018	MD Financial Meeting	Whitehorse, YK
November 12, 2018	CaRMS/ARMC Meeting	Teleconference
November 15-17, 2018	Family Medicine Forum	Teleconference
November 18, 2018	CFMS Board Meeting	Teleconference
November 20, 2018	AFMC Residency Matching Committee Meeting	Teleconference
November 21, 2018	CMA's annual reception on the Hill	Ottawa, ON
November 24-25, 2018	Resident Doctors of Canada	Ottawa, ON
November 29, 2018	CaRMS member annual meeting	Ottawa, ON
December 3, 2018	Canadian Medical Foundation	Ottawa, ON
December 11, 2018	National Specialty Societies Human Resources	Ottawa, ON
December 16, 2018	CFMS Board Meeting	Teleconference
December 18, 2018	AFMC Residency Matching Committee Meeting	Teleconference
January 5-6, 2018	CFMS WBM	Toronto, ON
January 18, 2019	PRPAC Meeting	Teleconference
January 18, 2019	FMEQ Meeting	Teleconference
January 21, 2019	CaRMS Learner Meeting	Teleconference
January 22, 2019	CaRMS/AFMC/CFMS/FMEQ Match Day Student Affairs Comms Mtg	Teleconference
January 23, 2019	AFMC Residency Matching Committee Meeting	Teleconference
January 28, 2019	AFMC Meeting on Learner Handover Initiative	Teleconference
January 31, 2019	MDFM Prep Meeting	Teleconference
February 2-4, 2019	National Day of Action	Ottawa, ON
February 3, 2019	MDFM Quarterly Meeting	Ottawa, ON
February 3, 2019	FMEQ Meeting	Ottawa, ON
February 4, 2019	Meeting with CaRMS CEO	Ottawa, ON
February 4, 2019	Meeting with AFMC CEO	Ottawa, ON
February 6, 2019	SGM Planning Meeting	Teleconference
February 10, 2019	CFMS Board Meeting	Teleconference
February 12, 2019	AFMC Meeting	Teleconference
February 20, 2019	CMA CPH Planning Meeting	Teleconference
February 26, 2019	Match Day Media Interviews	Teleconference

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February 28, 2019	AFMC Update meeting on Elective Diversification	Teleconference
February 28, 2019	FMEQ Planning Meeting	Teleconference
March 4, 2019	MOTP Surge 2019 Meeting	Teleconference
March 7, 2019	MCC Meeting	Teleconference
March 15, 2019	MDFM Meeting	Calgary, AB
March 17, 2019	CFMS Board Meeting	Teleconference
March 26, 2019	ARMC Meeting	Teleconference
April 4, 2019	Meeting with AFMC CEO	Teleconference
April 8, 2019	CFMS Board Meeting	Teleconference
April 11-13, 2019	SGM/CCME	Niagara Falls, ON
April 13, 2019	RDOC Resiliency Planning Meeting	Niagara Falls, ON
April 13, 2019	Meeting with AFMC CEO	Niagara Falls, ON

III. PRIORITIES AND PROJECT AREAS

The following are descriptions of initiatives that fell directly under my portfolio. I encourage members to read the reports of the other board directors to gain a true appreciation of the work the organization as a whole has done to date.

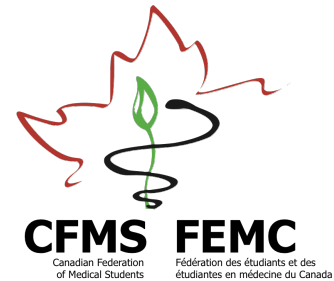
- **Implementation of CFMS Human Resources and Operations Strategic Plan 2017 – 2022**

The CFMS Board, at its first in-person meeting identified those elements of the 2017-2022 strategic plan that would be our organization’s focus for the year. I am pleased to say that we made excellent progress on all of these elements as illustrated in the matrix below.

Operational Direction	Action item	Progress	Comments
1. Improve Efficiency of Committees and General Assembly	1.1 Implement robust governance structure		Dyad model passed at SGM 2018.
	1.2 Create a Governance Committee		Initiated in 2017 and new committee delegated in fall 2018. Current focus is on TORs.
	1.3 Portfolio & Committee Workplans		Gantt chart implemented at board level

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	1.4 Position Paper submission guidelines		Position Paper task force recommendations in effect. Excellent, easy to use document created.
	1.6 Empower resolutions committee		Guidelines in effect
	1.8 Create Finance, Audit & HR committee		Initiated at AGM 2017
	1.10 Establish consent agenda		In effect as of AGM 2018
	1.12 Increase GA votes from 2 to 3		Passed at 2018 SGM. Pending official submission to Corporations Canada.
	1.13 Implement Resolutions Task Force Recommendations		Full implementation at AGM 2018
2. Engage and Develop Member Volunteers	A.1 Elections timeline		Passed at 2018 SGM. All directors and VPs will be elected at SGM and start term at AGM.
	B.1 Update officer/board terms of reference		Currently in progress by governance committee for completion by SGM 2019
	B.2 Consistent board handover		Standardized Board handover templates complete
	C.1 Review school absence policies		Ongoing discussions with AFMC. Further discuss at CCME.
	C.3 Ensure student on each AFMC committee		Preliminary discussions with AFMC

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3. Enhance Board Structure and Regional Representation	3.1 Past-president as chair		Implemented at AGM 2018
	3.2 Change board member titles		Pending official by-law submission to Corporations Canada
	3.4 Regional Rep as chair of CFMS Reps RT		Adopted but pending official by-law submission to Corporations Canada
	3.5 Adopt Dyad model for board		Pending official by-law submission to Corporations Canada
4. Increase Human Resources & Financial Health	4.1 Budget appropriate deficits		Ongoing.
	4.2 Explore new sponsorship		Currently actively pursuing options.
	4.4 Transition general manager to employee status		Projected implementation for 2018/2019
	4.6 Hire PT admin		Administrative assistant hired.

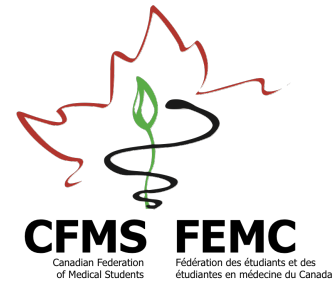
- **Unmatched Canadian Medical Graduate (uCMG) Crisis**

The uCMG crisis remains the number one priority item for the CFMS. Highlights of our work in this area included:

- Robust conversations with members of the AFMC Residency Matching Committee about supports for uCMGs.
- Collaboration with AFMC and CaRMS to ensure early release of uCMG names to student affairs when students opt in for this option.
- Continued discussions with CaRMS and AFMC to negotiate free second iteration applications to promote more application and decrease the financial burden on students that have to apply in second iteration.
- Collaboration with the CMA including their call for provincial and federal governments to urgently increase the number of residency positions for students in this match cycle.
- Collaboration with the Canadian Armed Forces to create supernumerary family medicine positions-MOTP Surge 2019

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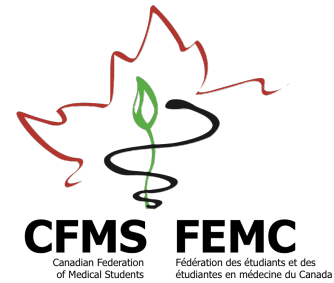


- Teleconferences with representatives at the Ontario Ministry of Health and Long-term care, BC Ministry of Health and the College of Physicians and Surgeons of Ontario.
 - Adoption of CFMS motion to allow uCMGs to continue to access CFMS resources and services while still unmatched.
 - Several interviews with various media outlets on the uCMG crisis.
 - Meeting with the representatives at the Federal Health Minister's office and other MPs to discuss the uCMG crisis for our second Day of Action to be conducted on 30 April 2019.
 - Second iteration registration fees-\$150 refund to all students who participate in the second iteration.
 - Creation of an unmatched student mentorship program and a new unmatched student advisory task force.
 - The CFMS Matchbook this year also included a section specifically dedicated to students who go unmatched.
 - Elective Diversification Policy enforcement for 2021 graduates to ensure transparency for learners at medical schools across the country. Ultimately, the goal is to ensure that learners are not forced to complete all elective time in one speciality area and to broaden their clinical experiences across the multiple medical disciplines. While this policy has been in place for more than a decade, the AFMC was aware not all school were enforcing this. The CFMS has been assured that all schools have agreed to adhere to the policy, insuring no learner is unfairly disadvantaged. Additional communication will be provided by individual schools in the near future.
 - Lastly, the CFMS will continue to engage with provincial and federal governments as well as the faculties of medicine to strategize solutions to the situation. The efforts by Alberta, Manitoba and Ontario to maintain CMG streams in both the first and second iteration will hopefully improve match rates of CMGs in the 2019 Match.
- **CFMS Advocacy**

The CFMS Day of Action was held 2-4 February, 2019 in Ottawa and the topic was Senior's Care and Aging. More than 60 students attended this extremely well-organized event. Thank you to all those that planned training sessions, meetings with MPs and prereading document and PowerPoint presentations. The RDoC have been so impressed with our DoA success and sent 2 staff members to attend the training with the intent of

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learning how to conduct a similar event in 2020 based on our model. We were fortunate to have Dr. Gigi Osler, CMA President address the students during the training as well! It's possible the exceptional efforts by the communication team may have overloaded Twitter, Instagram and Facebook on the big day!

The CFMS will conduct a second Day of Action, for the second year. The event will be held 30 April, 2019 in Ottawa and the topic will solutions for the unmatched CMG crisis. While a small team of less than 10 will attend, we are hopeful productive conversations will be head among the CFMS experts on this topic.

- **Resiliency**

The CFMS SA portfolio and RDOC Resiliency Committee have been collaborating to ensure complementary approaches to resiliency training of learners which we hope to see implemented in 2019/2020.

The National Wellness Program is headed into its second year and has more than 40 members volunteers. The CFMS will continue to highlight the stories of our members to continue inspiring and motivating one another. Many external organizations have commented on the CFMS achievements of focusing on medical student wellness and health!

- **International Presence**

The CFMS has been actively involved with IFMSA events in 2019 due to the exceptional efforts of the Global Health Team:

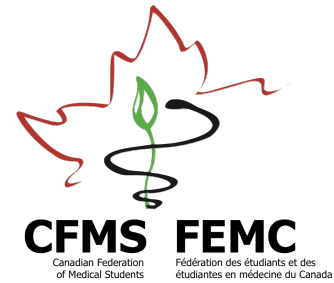
- 2 students attended the IFMSA America's Regional Meeting in Quito, Ecuador from 6-11 January 2019.
- 1 student attended the WHO Executive Board Meeting in Geneva, Switzerland from 22-29 January 2019.
- 6 students attended the IFMSA Annual March Meeting in Portoroz, Slovenia from 1-7 March 2019.
- 1 student attended the UN Commission on the Status of Women in New York City, New York from 11-22 March 2019.

- **Learner Privacy**

The CFMS has been collaborating with the AFMC reference the Learner Handover Document to advocate for privacy and optional completion of the document by students. The education team engaged in many high level conversations with various medical education stakeholders about appropriate learner data stewardship. The CFMS, FMEQ and RDOC endorsed a pilot project to be conducted in the 2019/2020 year for incoming

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resident trainees at 5 schools: U of Calgary, U of Montreal, McGill, Dalhousie and U of T. We look forward to the results of this pilot project and have ensured medical student and resident representation is involved in the research committee to ensure all concerns are addressed with the learner focus at the forefront.

- **Opportunities with Joule**

We have been increasing our collaboration with Joule and are pleased with the introduction of two student-specific grants as part of the Innovations Grant program. Furthermore, for the first time, a CFMS member will sit on the Joule Innovation Council. Joule generously funded 10 CFMS members to attend the first SingularityU Summit in Toronto. VP Communications and Communications dyad partner represented CFMS at TEDMED in 2018 with fellow medical students selected to attend based on a competitive application process.

- **2019 CFMS SGM**

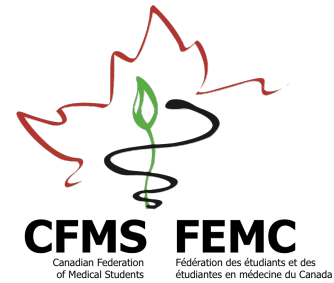
I look forward to the CFMS SGM in Niagara Falls and the opportunity to meet with the CFMS membership. Our meeting will feature conversations with many stakeholders in the medical education community as well as a presentation on health innovation and technology by Joule and a session on physician leadership by the Canadian Society of Physician Leaders. In addition to the President election, we will also see the election of a new board directors and VPs based on the by-laws changes from the CFMS Governance Committee. The communication team has worked exceptionally hard to prepare beautiful graphics and documents for this event and developed strategies for us all to connect with one another while in Niagara Falls. The sponsorship team and local McMaster representatives We gladly welcome back, Dr. Ali Damji as our SGM 2019 chair and feel very fortunate for his continued support with the CFMS. Lastly, a big thank you to Rosemary and Stephanie (our wonderful CFMS staff) for all of the coordination and planning for SGM. We could not do it without you!

IV. REFLECTIONS & CONCLUSIONS

Wow, has it already been 7 months? Throughout my term, I have witnessed the outstanding work and creative initiatives developed to support medical student's wellness, improve the medical education system and residency matching, and improve patient care across the country. The achievements made by so many committed medical students is a true testament of our organizations' ability to work together as a team, advocate for one another and promote each other's efforts.

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Over the past year, the CFMS has focused on strengthening its' governance and operations, with a new organizational structure, election timeline and Term of Reference document development. I believe this will ensure we achieve our full potential as an organization and fulfill our mandate of supporting, connecting and representing Canadian medical students to the best of our abilities. Ensuring that medical students connect with their peers with similar passions and projects ensures greater support and facilitates national level impact and representation. This leads a voice at the table to advocate for improvements in all aspects of our training and clinical encounters. To all the CFMS members—the medical students for whom I've had the privilege of representing—thank you for inspiring me every single day to advocate for you and for others on your behalf. As you can imagine, the multiple hurdles placed in our path can be frustrating and exhausting at times, so I use this inspiration to remind myself why it's worth putting in the extra time and effort, especially when I am post call and really want to sleep!

I am truly honored to have this opportunity and I always welcome your feedback to ensure I am representing you effectively. I would be remiss to not acknowledge the exceptional efforts made by the board members and Executive VP to ensure that I can manage this demanding role while completing clerkship in a three-year program. I have always had the support of the team and know they always have my back. I have been so abundantly impressed by their efforts and I hope you take the time to thank them for all of their endless hours of volunteer work. Your passion and commitment to improving health care for all Canadian citizens and fostering a positive working environment are essential to our success as the future of medicine in the country. Let's make a shift from surviving in medicine, to THRIVING in it. Thank you for the privilege to represent you.

Regards,

Stephanie Smith

M.D. (Class of 2019), Cumming School of Medicine, Canada

President| Président

Canadian Federation of Medical Students | Fédération des étudiants et des étudiantes en médecine du Canada

[+1 705-716-9708](tel:+17057169708) | president@cfms.org | www.cfms.org