

EXECUTIVE REPORT

Anthea Lafreniere, President
2016 Spring General Meeting
April 15th-16th, 2016, Montréal, Québec



I. DESCRIPTION OF POSITION

From the CFMS bylaws:

- a) Hold the Office of Chair of the Executive Committee; and
- b) Appoint the Chairs of all committees except as otherwise provided; and
- c) Appoint an Executive Vice President from among the Executive Committee; and
- d) Succeed to the Office of Past-President upon the election of their successor; and
- e) Be responsible for the general supervision and direction of the business of the Federation.

In practice, the role of the President is multifaceted. The President sets organizational goals and oversees their implementation. Specific activities are delegated to members of the Executive Committee and the President is responsible for providing support, guidance, and institutional memory. In addition, the President plays an important role in risk management. The President contributes to agenda-setting for each General and Executive meeting and chairs the proceedings of Executive Meetings. The President is also the designated spokesperson for the Federation and interacts with representatives of media, government, public, and national medical organizations. Representative roles set aside for the President include the Canadian Medical Association Board of Directors, the Physician Resource Planning Task Force, the Canadian Medical Forum, and others by invitation.

II. ACTIVITIES

| Date | Meeting | Location |
|--------------------------|---|----------------|
| Sept. 17 – 20, 2015 | CFMS Annual General Meeting | Windsor, ON |
| Sept. 22, 2015 | FMEC PG SIG | Teleconference |
| Sept. 28 – Oct. 14, 2015 | 1:1 New Executive Committee Calls | Teleconference |
| Sept. 29 – Oct. 3, 2015 | CMA Board Orientation and Meeting | Estérel, QC |
| Oct. 16 – 18, 2015 | CFMS Fall Executive Meeting | Ottawa, ON |
| Oct. 19, 2015 | AFMC Student Portal Steering Committee Meeting | Teleconference |
| Oct. 26, 2015 | CFMS-FMEQ Wellness Survey Meeting | Teleconference |
| Nov. 1, 2015 | Clinical Investigator Trainee Assoc. Canada Meeting | Teleconference |
| Nov. 3, 2015 | Education Portfolio Meeting | Teleconference |
| Nov. 4, 2015 | RDoC Pre-Royal College Employment Summit Dinner | Ottawa, ON |
| Nov. 5, 2015 | CMA Canadian Conference on Physician Leadership Planning | Teleconference |
| Nov. 9, 2015 | University of Ottawa CFMS Leadership Presentation | Ottawa, ON |
| Nov. 13, 2015 | Meeting with the AFMC CEO | Ottawa, ON |
| Nov. 15, 2015 | Lobby Day Planning Meeting | Teleconference |
| Nov. 16, 2015 | AFMC Residency Matching Task Force Meeting | Teleconference |
| Nov. 19 – 20, 2015 | Physician Resource Planning Task Force Meeting and Summit | Ottawa, ON |
| Nov. 22, 2015 | CFMS November Executive Meeting | Teleconference |
| Nov. 25, 2015 | Canadian Medical Forum | Ottawa, ON |
| Nov. 25, 2015 | AFMC-CaRMS Meeting | Ottawa, ON |
| Nov. 27 – 29, 2015 | Resident Doctors of Canada Board Meeting | Ottawa, ON |
| Dec. 1, 2015 | CMF Ideation Session | Teleconference |
| Dec. 1, 2015 | CFMS Finance and Budget Meeting | Teleconference |

EXECUTIVE REPORT

Anthea Lafreniere, President
 2016 Spring General Meeting
 April 15th-16th, 2016, Montréal, Québec



| | | |
|------------------------|---|----------------|
| Dec. 3 – 5, 2015 | CMA Board of Directors Meeting | Ottawa, ON |
| Dec. 4, 2015 | CMA Trainee Engagement Meeting | Ottawa, ON |
| Dec. 8 – 20, 2015 | CFMS-FMEQ Wellness Survey Group/PI Calls | Teleconference |
| Dec. 9, 2015 | University of Manitoba Medical Student Society | Winnipeg, MB |
| Dec. 11, 2015 | Meeting with AFMC Student Affairs Deans Committee Chair | Teleconference |
| Dec. 15, 2015 | Ontario Ministry of Health and Long-Term Care | Teleconference |
| Dec. 15, 2015 | FMEC PG Implementation Project Interview | Teleconference |
| Dec. 16, 2015 | CMA Ambassador Program Meeting | Teleconference |
| Dec. 17, 2015 | Meeting with AFMC CEO | Teleconference |
| Dec. 18, 2015 | Meeting with AFMC Student Affairs Deans Committee Chair | Teleconference |
| Jan. 2, 2016 | CFMS-RDoC Residency Matching Meeting | Teleconference |
| Jan. 8 – 10, 2016 | CFMS Winter Executive Meeting | Toronto, ON |
| Jan. 26, 2016 | AFMC CEO Meeting | Teleconference |
| Jan. 28, 2016 | University of Western Ontario Medical Society Meeting | London, ON |
| Feb. 5, 2016 | Physician Resource Planning Task Force Meeting | Teleconference |
| *Another mtg that day? | | |
| Feb. 10, 2016 | CFMS SGM Planning Meeting | Teleconference |
| Feb. 11, 2016 | CCME Learner's Forum Planning Meeting | Teleconference |
| Feb. 16, 2016 | CCME Learner's Forum Planning Meeting | Teleconference |
| Feb. 17, 2016 | CMA Ambassador Program Meeting | Teleconference |
| Feb. 17, 2016 | Sexual Harassment and Resiliency Meeting | Teleconference |
| Feb. 18, 2016 | Choosing Wisely Canada Meeting | Teleconference |
| Feb. 20 – 21, 2016 | CFMS Lobby Day | Ottawa, ON |
| Feb. 26 – 27, 2016 | CMA Board of Directors Meeting | Ottawa, ON |
| Feb. 26, 2016 | CMA Ambassador Representative and Engagement Meeting | Ottawa, ON |
| Feb. 26, 2016 | NewCo Product Orientation Session | Ottawa, ON |
| Mar. 5 – 6, 2016 | RDoC Board of Directors Meeting | Ottawa, ON |
| Mar. 6, 2016 | CFMS Executive Teleconference | Teleconference |
| Mar. 7, 2016 | CMA General Council Planning Meeting – Resilience Session | Teleconference |
| Mar. 7, 2016 | CFMS-FMEQ Wellness Survey Meeting | Teleconference |
| Mar. 8, 2016 | CFMS-MDFM Partners Meeting | Teleconference |
| Mar. 14, 2016 | CFMS Insurance Offerings Meeting | Teleconference |
| Mar. 21, 2016 | CMA Ambassador Working Group Meeting | Teleconference |
| Mar. 23, 2016 | MDFM Innovation Program Meeting | Ottawa, ON |
| Mar. 24, 2016 | CaRMS CEO Meeting | Ottawa, ON |
| Mar. 30, 2016 | Choosing Wisely Canada National Conference | Toronto, ON |
| Apr. 5, 2016 | CMAJ Editorial Board Representative | Teleconference |
| Apr. 5, 2016 | CCME Hot Topics Session Meeting | Teleconference |
| Apr. 7, 2016 | CFMS-FMEQ Wellness Survey Meeting | Teleconference |
| Apr. 8, 2016 | Canadian Press Interview: Physician-Assisted Death | Teleconference |
| Apr. 12, 2016 | CCME CMA Planning Meeting | Teleconference |
| Apr. 13, 2016 | Interprofessional Education Alliance Meeting | Teleconference |
| Apr. 14 – 16, 2016 | CFMS Spring General Meeting | Montréal, QC |

EXECUTIVE REPORT

Anthea Lafreniere, President
2016 Spring General Meeting
April 15th-16th, 2016, Montréal, Québec



| | | |
|---------------|--|--------------|
| Apr. 15, 2015 | CFMS-FMEQ Executive Meeting | Montréal, QC |
| Apr. 15, 2016 | AFMC UGME Deans Committee Meeting | Montréal, QC |
| Apr. 15, 2016 | AFMC Student Affairs Deans Committee Meeting | Montréal, QC |
| Apr. 16, 2016 | AFMC Board Workshop | Montréal, QC |
| Apr. 16, 2016 | AFMC PGME Deans Committee Meeting | Montréal, QC |
| Apr. 17, 2016 | CCME CaRMS Forum | Montréal, QC |
| Apr. 17, 2016 | CCME Learner's Forum | Montréal, QC |
| Apr. 17, 2016 | RDoC Awards Gala | Montréal, QC |
| Apr. 17, 2016 | National Graduation Questionnaire Meeting | Montréal, QC |
| Apr. 17, 2016 | CCME Hot Topics Session | Montréal, QC |
| Apr. 17, 2016 | FMEC-PG Gala | Montréal, QC |

III. PRIORITIES AND PROJECT AREAS

The Residency Match and Canada's Health Human Resources

The CFMS continues to advocate for a fair and transparent matching process and is concerned about the increasing number of unmatched students. Members of the CFMS Executive actively sit as members of the AFMC Residency Matching Task Force, the Physician Resource Planning Task Force, as well as relevant FMEC PG groups.

AFMC Residency Matching Task Force

I continue to participate via teleconference with the AFMC Residency Matching Taskforce, a group that seeks to address challenges faced by Canadian medical students in the match. The CFMS, FMEQ, RDoC, and FMRQ continue to provide our input as it relates the CaRMS Institutional Agreement and evidence-based strategies for HHR planning and residency-matching enhancements.

PRPTF Summit and Meeting

I, alongside our VP Government Affairs, attended the PRPTF Summit in Ottawa in November 2015. This meeting of current PRPTF members and additional stakeholders in Ottawa was used to test the consensus process that the PRPTF has built since its creation in 2013. The "test" issue identified for discussion was that of the unmatched Canadian medical school graduate. The medical student and resident attendees were able to engage in high level discussion related to health human resources, flexibility in medical education, and the importance of a social accountability framework

We continue to await progress on the HHR planning tool and to continue long-term HHR planning across Canada.

EXECUTIVE REPORT

*Anthea Lafreniere, President
2016 Spring General Meeting
April 15th-16th, 2016, Montréal, Québec*



CACMS-LCME Bidirectional Accreditation

In early January, based on recommendations from the FMEC-PG Accreditation committee, a task force of the AFMC was created to further examine this issue. This group was comprised of representatives from CACMS, the AFMC, and the Canadian Medical Association (CMA). Unfortunately, although decisions about the future of dual LCME-CACMS accreditation for Canadian medical schools have the potential to directly impact our medical trainees, we were disappointed to learn that no learner representation was included on this committee, despite prior request by the CFMS. We provided this Task Force with a letter outlining our concerns, co-signed by RDoC.

While we recognize the potential benefits of unifying Canadian UGME and PGME accreditation, we firmly believe that doing so should not be at the potential loss of joint LCME accreditation. At present, bi-directional reciprocity between the United States and Canada allows Canadian medical graduates to successfully pursue post-graduate or fellowship training in the United States.

Collaboration with Resident Doctors of Canada

Throughout the past 6 months, the CFMS has been able to work closely alongside our national resident colleagues at Resident Doctors of Canada. I have been able to attend regular RDoC Board of Directors Meetings in Ottawa and we were joined by RDoC President Dr. Thomas McLaughlin at our Winter Executive Meeting in Toronto, Ontario. We have collaborated on several important topics, including the Executive Endorsement of the RDoC Entry Disciplines Paper, the CACMS-LCME Memorandum, health human resources, and more.

Along with other medical student leaders, was able to attend a dinner session with RDoC and other learner organizations in November prior to the Royal College Summit on Physician Employment. At that session, we discussed health human resources, employment planning, and the importance of the learner stakeholder voice.

I was able to attend the RDoC Board Meeting March 5th & 6th at which the theme was “Partnerships”. At that session, we discussed the CACMS-LCME Memorandum of Understanding and Canada-US reciprocity, the CFMS Wellness Survey, and other issues of mutual importance. This will be my final meeting representing the CFMS on behalf of RDoC and I look forward to passing this important task on to the new President-Elect.

CMA Member Engagement

The CMA continues to work to engage its medical student, resident, and new-to-practice physician members. The CFMS have continued to collaborate with the CMA on ways to engage its membership through direct feedback at the Fall Executive Meeting, student support of the “My CMA Voice” Facebook page and Linked-In discussion group. I look forward to meeting with the Member Engagement Team at the upcoming CMA Board Meeting in December.

CMA Board of Directors

I have had the pleasure of serving on the CMA Board of Directors since August 2015. The CMA Board of

EXECUTIVE REPORT

*Anthea Lafreniere, President
2016 Spring General Meeting
April 15th-16th, 2016, Montréal, Québec*



Directors continues to address issues of importance to all physicians and trainees, including medical professionalism, a strategy for Seniors' Care, and the overall modernization of the organization. I have gotten involved in the CMA Professionalism Initiative, writing a blog on my perspectives on the R1 Match and healthcare system reforms, and look forward to it being featured later this Spring.

CMA Ambassadors Working Group

I was selected to Co-Chair the CMA Ambassador Working Group alongside Dr. Thomas McLaughlin (RDoC). We have connected with “first fifteen” from across Canada and look forward to creating exciting new member programming at CMA General Council.

CMA Canadian Conference on Physician Leadership

Both myself and Ontario Regional Representative Yousif Atwan met with the team working to create the CMA Canadian Conference on Physician Leadership. The CFMS enjoyed participating in this conference at SGM 2015 in Vancouver, BC. This year, CCPL will be held May 13-14, 2016 in Toronto. We discussed accessibility and cost to medical students both locally and across the country and provided feedback on workshop topics.

CMA Affiliates

I have been pleased to be invited to the upcoming “NewCo” Launch Event in Banff in April. I look forward to being joined by a broad group of medical innovators from across Canada.

Partnerships

Choosing Wisely Canada (CWC)

Throughout the winter, CWC-CFMS Liaison Jordyn Lerner and I met with CWC leadership to discuss further opportunities for organizational collaboration and promotion of health resource stewardship. I attended an invigorating National CWC Conference at the end of March and was struck by the incredible work being done by Canada’s medical trainees. Moving forward, we will explore ways to further partner and to support the growth of CWC projects in residency programs.

CEO Roundtable

I joined the CEOs, Executive Directors, and Presidents of the various national organizations (AFMC, CFPC, Royal College, CMA, National Specialty Associations, and others) in Ottawa at the CEO Roundtable. Of particular interest to our membership, Irving Gold, Executive Director of RDoC, provided an educational sessions on Young Member Engagement. I was able to expand my knowledge in Executive functions such as governance and performance review and look forward to building more of this capacity into our organization.

EXECUTIVE REPORT

*Anthea Lafreniere, President
2016 Spring General Meeting
April 15th-16th, 2016, Montréal, Québec*



CFMS-FMEQ National Medical Student Wellness Survey

The CFMS and FMEQ were awarded a Canadian Physician Health Institute (CPHI) Special Projects Grant in order to develop and institute a national medical student wellness survey across Canada. Survey deployment occurred early in the 2015-2016 academic year and was completed by early March. The uptake of this survey has been nothing short of exceptional, with 5000+ medical students participating. We look forward to the results being presented on Mood and Anxiety Disorders and Burnout at CCME 2016.

The survey did not come without challenges, however, as we faced several barriers to full and timely administration at all medical school sites. Several unexpected barriers related to Provincial, university, and Faculty research access lead to quick action but prolonged deployment. Representatives from within the Deanery who expressed concerns about the communication surrounding survey deployment and the nature of the questionnaire and methodology also contacted the CFMS. We addressed concerns directly and continue to assert the high quality of the research as well as the regular collaboration with stakeholders over the past three years.

Alongside Julien Dallaire (FMEQ), I have continued to facilitate communication between those working on the CFMS Wellness Survey and groups within the AFMC. I coordinated a meeting between both Dr. Erica Frank and Brandon Maser and Drs. Tithecott and Nickell, representatives from the Undergraduate and Student Affairs Deans, to discuss data analysis and methodology and seek out opportunities for collaboration. While a further meeting to connect with the aforementioned Deans to discussing preliminary data and plans did not proceed, we look forward to collaborating with these important groups to the data it to effectively support Canada's medical students

CFMS Governance and Strategic Plan

I presented the CFMS Strategic Plan Mid-Point Assessment Tool at the Winter Executive Meeting. Over the past month, I have connected with the Executive, CFMS Presidents, CFMS Representatives, Global Health Program Members, and those Executive previous involved in the Strategic Plan. I look forward to presenting these results at SGM 2016.

EXECUTIVE REPORT

*Anthea Lafreniere, President
2016 Spring General Meeting
April 15th-16th, 2016, Montréal, Québec*



IV. FOLLOW UP, VISION, GOALS AND RECOMMENDATIONS FOR THIS POSITION

In the next 6 months, there will be many avenues in which to continue to grow the organization. It will be critical to participate in the on-going dialogue on health-human resources, international medical graduates, residency seats, and residency entry-disciplines. We must continue to engage in medical education as we address issues of accreditation, the Match, the Electives Portal and immunization standardization. We have new opportunities to engage our interprofessional colleagues at a national level and grow the voice of trainees in Canada.

As an organization, we will begin to prepare for AGM 2016 and AGM 2017 (further announcements at SGM). I will continue to create tools for internal assessment and accountability for the Executive. Importantly, I will begin a preliminary look ahead to the Strategic Plan 2017-2020.

Looking to the future of medicine, medical education, and medical policy and politics, there are several emerging issues that we as an organization will need to address. How does research fit into our organization and strategic plan? What opportunities are we afforded by the new Canadian government and the renegotiation of the Canada Health Accord? How will physician-assisted suicide impact medical students and our education? How do we fit into the Modern(izing) CMA and what will be the role of the CFMS to assure that our voice is heard? How will climate and the environment influence the health of our patients and the CFMS as an organization? These questions, and the way that we address them, will define our organization in the years to come.

Should there be any questions pursuant to this update, please do not hesitate to contact me.

Anthea Lafreniere
President, 2015 – 2016
president@cfms.org // anthea.lafreniere@gmail.com