Angie Hu, National Officer of Research Exchange 2022 Annual General Meeting September 15-17, Vancouver, BC



I. ACTIVITIES

National Officer & Committee Description:

The CFMS National Exchange Officers (NEOs) and National Officers of Research Exchanges (NOREs) are responsible for facilitating and managing both incoming and outgoing exchange opportunities through the International Federation of Medical Student (IFMSA) Exchange program. Exchange opportunities include clinical placements through the IFMSA Standing Committee on Professional Exchange (SCOPE) and research placements through the IFMSA Standing Standing Committee on Research Exchange (SCORE). NEOs and NOREs collaborate with National Officers in IFMSA partner countries to develop exchange partnerships and work with Local Exchange Officers (LEOs) at CFMS-member schools to coordinate exchange programs at the local/university level. The Exchange Committee (EC) is composed of NEO/NOREs, LEOs, and other medical students interested in supporting the CFMS exchange program.

Exchange Updates as of September 2022:

The CFMS exchange program has been paused since 2019 due to the COVID-19 pandemic. Since January 2022, the exchange team has been focusing on reviewing exchange policies and protocols, evaluating the status and operation of exchange programs in other IFMSA-member countries, and examining the feasibility of re-starting and running an exchange program during current global circumstances.

The NORE was part of the CFMS Delegation to the IFMSA General Assembly in Istanbul, Turkey (August 2022). Some notable sessions focused on exchanges included international mobility and global health education, advocacy and recognition in exchanges, research educational activities, and voting on regulation policy changes. The culminating event was the exchange fair, where National Member Organizations (national medical school organizations) from around the world showcased their exchange programs. The IFMSA August Meeting provided an exceptional opportunity to connect with medical student representatives from around the world and allowed the exchange team to take away insights for restructuring and improving the CFMS Exchange program, ideas for new projects and initiatives, and international contacts for future exchange partnerships. These learnings and networks will greatly aid the upcoming process of rebuilding the exchange program and reinitiating the exchanges for the next exchange season.

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How CFMS medical students can get involved:

CFMS Fall Recruitment is open and we are currently recruiting for a new team of National Exchange Officers. If you are interested in coordinating exchanges at a national level, working with medical students around the world, and participating in IFMSA training opportunities, please consider applying. This is an especially important and exciting role during this crucial and pivotal period of exchange re-initiation!

Additionally, if you are interested in being involved with coordinating exchanges at the local/university level, keep an eye out for upcoming opportunities to apply to become a Local Exchange Officer at your school!

II. MEETINGS ATTENDED

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|----------------------|---|--------|
| January 4 2022 | IFMSA Overview Meeting | Online |
| January 5-9 2022 | IFMSA Americas Regional Meeting | Online |
| January 7 2022 | Global Health National Officer Meeting | Online |
| January 12 2022 | Global Health National Officer Orientation | Online |
| January 19 2022 | IFMSA AmRM Debrief Meeting with IFMSA Quebec | Online |
| January 24 2022 | GH NO - Weekly Planning Meeting #2 | Online |
| January 31 2022 | GH NO - Weekly Planning Meeting #3 | Online |
| February 7 2022 | GH NO - Weekly Planning Meeting #4 | Online |
| February 9 2022 | Global Health National Officer Monthly Meeting | Online |
| February 12 2022 | IFMSA Delegation Co-Leads Meeting | Online |
| February 15 2022 | Exchanges Team Meeting | Online |
| February 27 2022 | IFMSA Delegation Co-Leads Meeting | Online |
| March 1st - 6th 2022 | IFMSA General Assembly | Online |
| March 6 2022 | Global Health National Officer Monthly Meeting | Online |

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| March 22 2022 | IFMSA General Assembly CFMS-Canada Debrief | Online |
| March 29 2022 | Global Health National Officer Monthly Meeting | Online |
| March 30 2022 | Exchanges Transition Meeting with Past NEO | Online |
| April 2 2022 | Exchanges Meeting with SCORE RAAP | Online |
| April 4 2022 | CFMS Spring General Meeting Discussion | Online |
| April 5 2022 | Exchanges Transition Meeting with Past NEO | Online |
| April 9 2022 | Meeting with UofA LEOs | Edmonton, AB |
| April 21-24, 2022 | CFMS SGM 2022 | Calgary, AB |
| April 15, 2022 | Exchange Team Meeting | Online |
| April 9 2022 | Meeting with UofA LEOs | Edmonton, AB |
| May 2, 2022 | Meeting with previous LEO/SCOPE exchangee | Edmonton, AB |
| May 11, 2022 | Exchange Meeting with DGH | Online |
| May 19, 2022 | CFMS Exchange Meeting with LEOs | Online |
| May 26, 2022 | Meeting with SCORE RA Americas | Online |
| May 30, 2022 | Exchange Contract Task Force Meeting | Online |
| Jun 8, 2022 | Exchange Meeting with DGH | Online |
| Jun 26, 2022 | Exchange Meeting with DGH | Online |
| August 1-7, 2022 | IFMSA August Meeting | Istanbul, Turkey |
| September 12 | Global Health Portfolio AGM Planning Meeting | Online |
| September 16-17 | CFMS AGM 2022 | Vancouver, BC |
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III. CONCLUSIONS

Future Directions:

- Follow-up with international contacts established at the IFMSA General Assemblies and set the groundwork for future exchange partnerships and collaborations.
- Work with the IFMSA Exchanges International Team to ensure CFMS-Canada maintains active status for SCORE and SCOPE.
- Check-in with LEOs to ensure that each university has local representation to support exchange reinitiation.
- Prepare for establishing exchange contracts with IFMSA partner countries and operating the CFMS exchange program during the next exchange season.

NORE Reflection:

On a personal note, it has been a privilege serving as NORE this past term. I am extremely grateful and humbled to have been able to work with and learn from our incredible CFMS Global Health team. It has also been wonderful to be part of the IFMSA Dark Blue family – meeting and being inspired by so many Exchange Enthusiasts from around the world. Although our exchange team faced roadblocks and challenges throughout our term, this process has highlighted for me, all the more, the value and importance of international mobility opportunities for medical students. I have faith that our new team of motivated national exchange officers will bring the CFMS exchange program back to life, and we will soon be sending and receiving exchange students again!

Angie Hu (she/her), University of Alberta, Class of 2025