Victoria Turnbull, Surabhi Sivaratnam CFMS Ontario Regional Directors Annual General Meeting 2022 September 16-17, 2022, Vancouver, British Columbia



#### I. INTRODUCTION AND DESCRIPTION

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of the CFMS to represent, support, and connect its members. The CFMS aims to communicate within its membership, as well as from its membership, to the world at large. As an ever expanding organization, the CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

### **Brief Description**

There are usually two Ontario Regional Directors elected for each term. The CFMS Ontario Regional Directors are responsible for representing all CFMS member schools in Ontario. The schools are:

- Michael G. DeGroote School of Medicine (McMaster University)
- Northern Ontario School of Medicine
- University of Ottawa
- Queen's University
- University of Toronto
- Schulich School of Medicine and Dentistry (Western University)

The Ontario Regional Directors will chair or attend external meetings, committees, task forces and working groups as required by their regional duties and by their attach dyad position. They will collaborate with medical societies in the planning of Ontario Regional events. Finally, the Ontario Regional Directors carry out strategic duties in maintaining their fiduciary responsibilities to the CFMS.

Due to current transition phase of the CFMS Board and unfilled Board positions, the Regional Directors have not been formally attached to one specific portfolio this year.

### II. SELECTED MEETINGS ATTENDED

Date	Meeting	Location	Attendee
May 1st 2022	CFMS Board Meeting	Teleconference	Victoria
May 3rd 2022	RAC Meeting	Teleconference	Victoria, Surabhi
May 3rd 2022	ORD Collaboration Meeting	Teleconference	Victoria, Surabhi

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May 4th 2022	ORD x OMSA SGM Debrief Meeting	Teleconference	Victoria, Surabhi
May 6th 2022	NOSM CFMS SGM Debrief Meeting	Teleconference	Victoria
May 14th 2022	ORD Transition Meeting	Teleconference	Victoria, Surabhi
May 29th 2922	OMSA General Meeting	Teleconference	Victoria, Surabhi
June 6th 2022	NOSM CFMS Communications Meeting	Teleconference	Victoria, Surabhi
June 9-10th 2022	CFMS Summer Board Meeting	Teleconference	Victoria, Surabhi
June 11th 2022	CFMS ORD Prospective Candidate Meetings	Teleconference	Victoria, Surabhi
June 14th 2022	CFMS ORD Prospective Candidate Meetings	Teleconference	Victoria, Surabhi
July 23rd 2022	ORD transition meeting	Teleconference	Victoria, Surabhi
August 28th 2022	CFMS Virtual Board Meeting	Teleconference	Victoria
September 6th 2022	Global Health WHA meeting	Teleconference	Surabhi
September 9th 2022	ORD transition meeting	Teleconference	Victoria, Surabhi
September 10th 2022	OMSA board meeting	Teleconference	Surabhi

III. ACTIVITIES OF THE ONTARIO REGIONAL DIRECTOR

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### 1. Ontario Medical Students' Association (OMSA)

- 1. The Ontario Regional Director represents the CFMS to the OMSA, acting as the communication between the two organizations for all CFMS portfolio members
- OMSA Meetings serve as an opportunity for the two organizations to understand activities and supports in which they overlap and to deliver resources more effectively to students
- 3. The Ontario Regional Directors supported the OMSA's Wellness Weekend initiative with their local initiative budget
- 4. Regarding recent announcements by the Ontario Government's Ministry of Health and Long Term Care of both UGME and PGME positions, the ORDs in partnership with OMSA continue to advocate for the interest of improved learner support. Existing learners have voiced capacity concerns and we continue to advocate for solutions and voicing challenges of adding additional UGME learners.

### 2. Ontario Presidents' Roundtable (OPRT)

- a. The OPRT was initially borne out of the COVID-19 pandemic, offering a space for medical student presidents to communicate changes at their individual schools and learn about advocacy initiatives at other schools
- b. In partnership with the OMSA, the ORDs surveyed Ontario Medical Student Society Presidents regarding their interest in OPRT
- c. The Presidents indicated a strong desire for return of the OPRT
- d. In partnership with OMSA, the OPRT Terms of Reference were drafted and approved
- e. The OPRT is housed within OMSA as OMSA represents this group, but is chaired by the ORDs to allow for strong communication and cross-collaboration

### 3. Royal College Regional Advisory Committee for Ontario (Region 3)

- a. The RAC for Region 3 met in the Fall and Spring
  - i. In the Fall, the ORD represented the position that the Royal College could improve visibility of specialists who have previously gone unmatched to help in reducing the stigma associated with that position
  - ii. In the Spring, the ORDs participated in vital discussions about the importance of burnout and representation in medical culture, and how the impacts of these on faculty interact with impacting students
- b. Discussed improving engagement of medical students with the Royal College have since helped in distributing and advertising the Royal College's Specialty Cafe Podcast

### 4. Ontario Medical School Progress Update

a. The Ontario Regional Directors provide an update and are reciprocally updated by member schools at the OMSA Council Meetings

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a. The Ontario Regional Directors also repeatedly met with individual schools to understand their concerns and mitigate issues on a national scale when feasible

#### IV. ACTIVITIES RELATED TO THE ROLE OF ATTACHE OR OTHER BOARD ROLES

#### 1. Education Portfolio

- a. In collaboration with the Western Regional Directors, overseeing the Education Portfolio following the resignation of the elected Director of Education Neha Malhotra
- b. Appointed to Interim Director of Education to stabilize the re-structuring and transition of the Education Portfolio (please see separate Board Report)
- c. In partnership with the OMSA, the ORD presented to the OMA's Human Resources Committee to advocate for increasing PGME positions in the province. 295 new PGME positions have since been announced. We continue to partner with the OMSA to learn the distribution of positions in terms of specialties and maintain accountability of the Ministry of Health and Longterm Care in delivering these positions appropriately

### 2. Global Health Portfolio

- a. Supporting re-invisioning roles of the global health National Officers, Liasions and Local Officer through an anti-oppressive lens
- b. Outlining communication channels and guidelines for learner-led advocacy iniatives
- c. Supporting the restructuring of National Officer roles, specifically outlining number of
- d. Supporting the global health portfolio's understanding of international meetings such as the World Health Assembly and the Pan American Health Organization Directing Council

### 3. Student Affairs Portfolio

a. Helping interview candidates for National Officer of Services

### 4. Government Affairs Portfolio

- a. We continue to partner with the GA Portfolio for cross-appointment and collaboration on the Match Task Force
- b. As part of cross-collaboration with GA, the cross-appointed Political Advocacy Lead collaborated on uCMG advocacy with OMSA and ORD
- c. Supporting the Director of Government Affairs in preparing logistics for the National Day of Action

### 5. Calls to action

- a. Established the CaRMS Self Identification Questionnaire to collect data on minority applicant results in the Match, and continue to advertise and distribute this to students
- b. Collaborating with GH portfolio to identify ways in which the roles of National Officers, Liasions and Local Officers can be re-invisioned utilizing anti-oppressive lens

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 Continuing to work with Portfolio Directors to ensure Board Meetings and communications are a safe space for fellow Directors to put forward new and innovative ideas, especially those prioritizing EDI principles

### V. REFLECTIONS AND CONCLUSIONS

We are grateful for the opportunity to represent medical students on a national scale on the CFMS Board. Acting as liaisons between OMSA and the CFMS has been brilliant. It has been an absolute pleasure to connect with students throughout Ontario, and bring their voice to a national scale.

This year's Board has weathered significant challenges between challenging transitions and differing visions in how best to integrate EDI within our organization, and more broadly medical education. This year's Board faced resignations related to burnout and stress, and we hope that in future years members of the Board support each other and create an inviting environment for new initiatives and ideas.

We are excited to continue attending to the diverse needs of students across the country, while also continuing our commitment to the needs of those in the Ontario region.

Surabhi Sivaratnam, BHsc

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We respectfully acknowledge that we live and work on the traditional territories of the Erie, Neutral, Huron-Wendat, Haudenosaunee and Mississaugas.