

Resolution for AGM Position Paper titled:

**Building a Health Promoting Learning Environment in Canadian Undergraduate Medical Education**

**Whereas** medical school can be a stressful and challenging time for soon-to-be physicians due to multifactorial reasons including, but not limited to, having added responsibility for patients' care, dealing with changing clinical environments, and having decreased time for personal care.

**Whereas** qualitative and quantitative research have shown Canadian medical students to be at increased risk for depression, anxiety, and burnout compared to the general population.

**Whereas** medical faculties are becoming more aware of the importance of addressing student health.

**Whereas** research has identified strategies that help facilitate a health promoting learning environment specific to undergraduate medical education.

**Be it resolved** that the Canadian Federation of Medical Students (CFMS) adopt the position paper titled Building a Health Promoting Learning Environment in Canadian Undergraduate Medical Education

**Be it further resolved** that the health promoting learning environments task force, joined by members of the CFMS, continue to carry out the work and advocacy efforts of the above mentioned position paper.

**Financial Cost:**

There is no associated financial cost to the adoption of the position paper regarding building a health promoting learning environment.

**Source of Funding:**

No source of funding is required because there is no associated financial cost.

**Level of Effort of Volunteers/Staff:**

The level of effort on the behalf of the CFMS and its representatives will involve future advocacy efforts to support the recommendations as advised in the position paper.

**Moved by:** April Liu, Health Promoting Learning Environments Task Force Lead

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