

## EXECUTIVE REPORT

*Corinne Cécyre-Chartrand, Quebec Regional Director 2020*

*2020 Annual General Meeting*

*Virtual, September 18-20th 2020*



## I. DESCRIPTION AND INTRODUCTION

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of CFMS to represent, support, and connect its members. CFMS aims to communicate within its membership, as well as from its membership, to the world at large. As an ever-expanding organization, CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

### Brief Description

The CFMS Québec Regional Director is responsible for representing all CFMS member schools in Quebec. The school is:

- McGill University.

The Québec Regional Director also represents individual CFMS members who are from other Quebec medical schools. The Québec Regional Director will chair or attend external meetings, committees, task forces and working groups as required by their regional duties and by their attaché dyad position. They will collaborate with medical societies in the planning of Québec events. Additionally, the Québec Regional Director carries out strategic duties in maintaining their fiduciary responsibilities to the CFMS. Finally, the Québec Regional Director serves as a liaison between the CFMS and the Fédération Médicale Étudiante du Québec (FMEQ).

## II. SELECTED MEETINGS ATTENDED

Date	Meeting	Location
Dec 20, 2019	Intro CFMS meeting with Victor Do	Phone call
Dec 21, 2019	Intro Dyad Portfolio meeting with Sarah Zahabi	Phone call
Dec 30, 2019	Intro Quebec Rep meeting with Adel Arezki	Phone call
Jan 2, 2020	Wellness Committee intro meeting with Hayley Hill	Phone call

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Jan 3, 2020	FMEQ update meeting with Rami Habib	Phone call
Jan 3-5, 2020	WBM	Toronto
Jan 12, 2020	Wellness Round Table	Teleconference
Jan 19, 2020	FMEQ General Council #3	Montreal, QC
Feb 2, 2020	Wellness Round Table	Teleconference
Feb 7, 2020	National Wellness Challenge Prize Allocation	Montreal, QC
Feb 13, 2020	Student Affairs Director Meeting	Teleconference
Feb 16, 2020	CFMS Board Teleconference	Teleconference
Feb 28, 2020	Student Affairs Working Plan Meeting	Montreal, QC
Mar 1, 2020	Wellness Round Table	Teleconference
Mar 14, 2020	FMEQ General Council #4	Teleconference
Mar 15, 2020	CFMS Board Teleconference	Teleconference
Mar 20, 2020	Board Midway Assessment	Teleconference
April 4, 2020	Student Affairs Board Check-in	Teleconference
April 5, 2020	CFMS Board Teleconference	Teleconference
April 5, 2020	Wellness Round Table	Teleconference
April 6, 2020	Student Affairs Strategic Plan Meeting	Teleconference
April 7, 2020	CMA Wellness Collaboration	Teleconference
April 16, 2020	CFMS Board Teleconference	Teleconference
April 18-19, 2020	CFMS Spring General Meeting	Teleconference
April 22, 2020	Wellness Initiatives Meeting	Teleconference
April 28, 2020	MedGames Partnership Meeting	Phone call
May 2, 2020	“Staying Connected During COVID” Meeting	Teleconference
May 3, 2020	Wellness Round Table	Teleconference
May 3, 2020	CMA Board Teleconference	Teleconference
May 9, 2020	Spring Board Meeting	Teleconference
May 15, 2020	Student Affairs Portfolio Meeting	Teleconference

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May 16, 2020	Spring Board Meeting	Teleconference
May 28, 2020	BMSAC Quebec Director Meeting	Teleconference
June 7, 2020	Wellness Round Table	Teleconference
June 14, 2020	CFMS Board Teleconference	Teleconference
June 20, 2020	CFMS/FMEQ Meeting	Teleconference
July 5, 2020	Wellness Round Table	Teleconference
July 19, 2020	CFMS Board Teleconference	Teleconference
August 2, 2020	Wellness Round Table	Teleconference
August 5, 2020	Student Affairs Portfolio Meeting	Teleconference
August 22, 2020	CMA-Qc Meeting	Teleconference
August 27, 2020	Student Affairs Portfolio Meeting	Teleconference
August 30, 2020	CFMS Board Teleconference	Teleconference
Sept, 13, 2020	Wellness Round Table	Teleconference
Sept 15, 2020	CFMS Board Teleconference	Teleconference
Sept 18-20	Annual General Meeting	Teleconference

### III. PRIORITIES AND PROJECT AREAS

#### a. Bilingualism Task Force

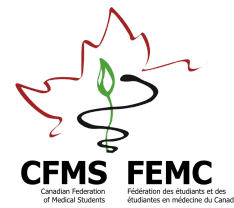
- i. Candidates submitted their nomination forms and with the help of the Bilingualism Task Force Lead, we evaluated each candidate. The teams were selected based on individual scores to establish teams that were appropriately balanced. Team leads were then selected and informed of their new position and role.
- ii. The task force lead is in charge of distributing any translation requests for the CFMS to the other team leads and to review the ToRs for the bilingualism task force. Some members that were previously on the task force also expressed that they wanted to renew their contract for 2019-2020. By the end of January, the bilingualism task force was fully completed and up and running.
- iii. The Terms of Reference of the Task Force were reviewed by the Taskforce Lead.

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- iv. Resolution to be presented at AGM 2020 to propose the creation of the CFMS Bilingualism Committee.

### **b. Student Affairs**

- i. I will continue working as the Student Affairs attaché, providing input on the Director's tasks and an advocacy platform at the round tables, which I chair on the first Sunday of every month until a new Quebec Regional Director is elected at AGM 2020.
- ii. I was responsible for participating in the launch of the CFMS National Wellness Challenge that took place from January 20th to February 14th. I was responsible for translating some documents and posts as well as sending the prizes to the winners of the second week and keeping track of the challenges. It was great to see so many students participate individually as well as in teams. The winners expressed their gratitude after receiving news of their win.
- iii. I worked in collaboration with the Student Affairs Portfolio Director to create the Strategic Plan 2020-2021.
- iv. I worked with the Students Affairs Director to establish Wellness collaboration opportunities with CMA.

### **c. Regional Engagement/advocacy**

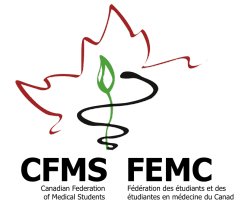
- i. I wanted to increase the CFMS transparency and visibility regionally. I worked alongside the CFMS representative at McGill University to collaborate and incorporate CFMS announcements. We made sure students were aware of the initiatives that CFMS undertook. I also worked closely with McGill's VP Wellness and reps to advertise what was brought forward at the Wellness Round Tables each month.
- ii. I attended FMEQ's General Councils and Congress to get input on regional advocacy points and issues and also provided CFMS presentations to update the rest of the Quebec Students on CFMS initiatives. To increase the collaboration with CFMS and FEMQ, the Wellness Round table also passed a motion to allow the FMEQ Wellness Representative to attend the round tables. By doing this, students from FMEQ were able to participate in the National Wellness Challenge this year. The posts and documents were translated to French to make them more easily accessible to students.
- iii. CMA-Qc's Student Committee and I established a plan to increase collaboration between CFMS and CMA at the regional level and support student initiatives that can be advertised by both our portfolios. We meet every few months with

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- other stakeholders and redirect requests from students regularly.
- iv. Collaborating with the MedGames 2021 Organizing Committee to establish CMFS promotion for this event was cancelled due to the global pandemic. The partnership is to be reassessed next year.

## **IV. FUTURE PLANS AND ACTION ITEMS**

### **a. Future Plans**

- i. I will provide feedback and support to the incoming Quebec Regional Director (Qc RD) to continue collaborating with the FMEQ executive council in order to increase student opportunities, such as the FMEQ Wellness Rep and the FMEQ President and VP. I will encourage the incoming Qc RD to attend all future FMEQ GC's and provide updates from CFMS to all attendees. Although not all Quebec schools are part of CFMS, I believe medical education can be optimized by collaborating on different topics that overlap and learn from all organizations.
- ii. I want to increase collaboration with stakeholders such as CMA at the regional level by organizing regular meetings with the CMA-Qc Student committee to discuss how we can help students attend events or support some initiatives. Hopefully, we can collaborate on certain projects that fall under the Student Affairs umbrella.
- iii. I will be available to the incoming Qc RD to make sure the transition runs smoothly and that all projects are being account for.

### **b. COVID-19 Impacts**

- i. All in-person activities and general councils are now being held via online platforms or teleconferences. Moving forward, I want to make sure that Quebec students are aware of all the CFMS initiatives that are available on the different online platforms by stating the importance of collaborating with McGill's current and incoming CMFS representative.

## **V. REFLECTIONS AND CONCLUSIONS**

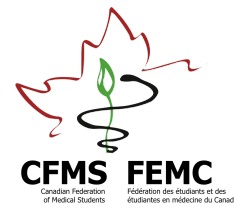
I was late to join the CFMS team but can honestly say that the Winter Board Meeting in Toronto was the perfect opportunity to grasp the extent of all that CFMS does and understand the meaning of the different portfolios! I am thankful for the support the board has given me and I'm

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proud to be part of such a hard working team. I appreciate having had the opportunity of presenting the MDFM Leadership award winners at SGM 2020. Moreover, being part of the Student Affairs Dyad was motivating because student wellbeing is something that I genuinely care about. Over the past few months, I had the privilege of seeing the launch of exciting initiatives and their impact on students. Being able to witness first hand the hard work and dedication that goes into student wellness and learning experience was eye opening. The collaboration amongst all schools during the current global pandemic is truly inspiring. We are living through unprecedented times and moving forward as a team. Thank you for letting me be a part of the CFMS board this year, it's been a true pleasure to serve as Quebec Regional Director so far and I look forward to supporting the incoming who will be able to continue the work and bring new ideas to the table.

Sincerely,

**Corinne Cécyre-Chartrand, M.D., C.M. Candidate (2022)**

Class President | McGill University

Quebec Regional Director | Canadian Federation of Medical Students

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