

EXECUTIVE REPORT

*Stephanie Smith, CFMS Past President
2020 Annual General Meeting
Virtual Meeting, Sept 19-20th 2020*



I. DESCRIPTION OF CFMS

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of CFMS to represent, support, and connect its members. CFMS aims to communicate within its membership, as well as from its membership, to the world at large. As an ever-expanding organization, CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

II. DESCRIPTION OF THE PAST-PRESIDENT POSITION

- a) Assume the office of Chair of the Board of Directors
- b) Advise President and Directors
- c) Act as Parliamentarian
- d) Serve as the Chief Electoral Officer for all CFMS elections
- e) Chair of the CFMS Governance Committee
- f) Assume the medical student representative role on the CMA Board of Directors

III. PRIORITIES AND PROJECT AREAS

Over the past year, my priority was to advise the President and Directors as appropriate based on institutional memory working for the organization over the last four years. As the Board Chair, I was responsible for implementing the Board member performance evaluation process and developed a policy to support this process and also expanded to include guidance for inclusion of National Officers in this process for 2020/2021. In addition to the performance evaluations, the policy includes processes for managing professional conduct concerns, which will assist the organization moving forward.

Another focus area was related to leading the Governance Committee. This was my third year on the Governance Committee, and I elated to report that we completed all of our priority goals and many more Terms of Reference and Policies were developed that will support our organization process and procedures moving forward. My past-presidential project was to develop an Awards Committee Terms of Reference and set up the organization for successful implementation of the Committee. I am passionate about recognizing our members for their amazing accomplishments and I am excited to see the amazing people that will be recognized in the future should the General Assembly approve the committee at AGM.

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Due to the COVID-19 pandemic, our Spring General Meeting had to be held virtually. However, we decided to proceed with the Board election process and conducted our first ever virtual elections. I'm pleased that the process went extremely well, with minimally technical glitches and I look forward to conducting the Regional Director elections in the same process at the Annual General Meeting.

IV. MEETINGS ATTENDED

Date	Meeting	Location
19-22 Sept 2019	CFMS Annual General Meeting	St. John's, NL
22 Sept 2019	STRIVE training	St. John's, NL
2 Oct 2019	CMA Meeting Teleconference	Teleconference
3-5 Oct 2019	Canadian Conference Physician Health	St. John's, NL
9 Oct 2019	CMA Patient Voice Committee Meeting	Teleconference
16-17 Oct 2019	CMA Board Retreat	Mont Tremblant, QC
18 Oct 2019	CMA Health Policy Meeting	Mont Tremblant, QC
19 Oct 2019	Chronic Pain Conference (CBT Training for STRIVE)	Lake Louise, AB
20 Oct 2019	CFMS Board Meeting	Teleconference
25-27 Oct 2019	CFMS Fall Board Meeting	Ottawa, ON
11 Nov 2019	Governance Committee Planning Meeting	Teleconference
16 Nov 2019	CMA Patient Voice Committee	Teleconference
18 Nov 2019	Governance Committee Planning Meeting	Teleconference
19 Nov 2019	CMA Nominations Committee	Teleconference
24 Nov 2019	CFMS Board Meeting	Teleconference
27 Nov 2019	CMA Meeting	Teleconference
2 Dec 2019	STRIVE Meeting	Teleconference
5-7 Dec 2019	CMA Board Meeting	Ottawa, ON
10 Dec 2019	Governance Committee Meeting	Teleconference
15 Dec 2019	CFMS Board Meeting	Teleconference
16-17 Dec 2019	Interviews for Quebec Representative	Teleconference
18 Dec 2019	Executive meeting to select Quebec Representative	Teleconference
18 Dec 2019	Governance Committee Workplan Meeting	Teleconference
3 Jan 2020	Governance Committee Workplan Meeting	Teleconference
6 Jan 2020	STRIVE Meeting	Teleconference
7 Jan 2020	CMA Meeting	Teleconference
7 Jan 2020	Resiliency File Leads Meeting	Teleconference
8 Jan 2020	Resiliency Meeting with RDoC	Teleconference
12 Feb 2020	Governance Committee	Teleconference
14 Feb 2020	Awards Committee Planning Meeting	Teleconference

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16 Feb 2020	CFMS Board Meeting	Teleconference
24 Feb 2020	CMA Regional Forum	Winnipeg, MB
26 Feb 2020	SGM Planning Meeting	Teleconference
29 Feb-1 Mar 2020	CMA Board Meeting	Ottawa, ON
15 Mar 2020	CFMS Board Meeting	Virtual
16 Mar 2020	Governance Committee	Virtual
26 Mar 2020	CMA Board Meeting	Virtual
5 April 2020	CFMS Board Meeting	Virtual
14 April 2020	AGM elections preparation meeting	Virtual
15 April 2020	AGM elections preparation meeting	Virtual
16 April 2020	CFMS Board Pre-SGM Meeting	Virtual
18-19 April 2020	CFMS Spring General Meeting	Virtual
21 April 2020	Governance Committee Meeting	Virtual
24 April 2020	CMA Board Meeting	Virtual
3 May 2020	CFMS Board Meeting	Virtual
9 May 2020	Summer Board Meeting Day 1	Virtual
16 May 2020	Summer Board Meeting Day 2	Virtual
14 June 2020	CFMS Board Meeting	Virtual
15 June 2020	Governance Committee Meeting	Virtual
26-27 June 2020	CMA Board Meeting	Virtual
15 July 2020	AGM Planning Meeting	Virtual
19 July 2020	CFMS Board Meeting	Virtual
30 July 2020	CMA Board Meeting	Virtual
10 Aug 2020	Award Committee planning meeting	Virtual
14 Aug 2020	STRIVE meeting	Virtual
15 Aug 2020	Governance Committee planning meeting	Virtual
20 Aug 2020	Governance Committee	Virtual
22 Aug 2020	CMA Board Meeting	Virtual
23 Aug 2020	CMA AGM	Virtual
30 Aug 2020	CFMS Board Meeting	Virtual
2 Sept 2020	Queens CFMS Orientation	Virtual
15 Sept 2020	CFMS Board Meeting	Virtual
16 Sept 2020	AGM elections preparation meeting	Virtual
19-20 Sept 2020	CFMS Annual General Meeting 2020	Virtual

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V. REFLECTIONS

As I reflect on the past four years that I have worked for the CFMS, I am filled with joy and gratitude for all the amazing relationships I have made, the experiences I have had and the privilege to advocate for CFMS members on many initiatives. I still fondly recall meeting Rosemary at my first CFMS meeting as the University of Calgary CFMS Representative, where we realized our unique connection to the military as her late husband had served in the Canadian Armed Forces. We discussed my military experiences as a previous nurse and we immediately connected. I also meet Dr. Anthea Lafreniere, the CFMS President at the time. I was so inspired by her passion, professionalism and commitment. I was motivated by the amazing accomplishments being achieved by the organization and I knew that I had to stay involved. I loved the mix of advocacy and connection with medical students from across the country. It was at that first meeting I decided I would run for President in the future.

Thank you to everyone that supported me on my journey and to the Board of 2019/2020, led by Dr. Victor Do for your enthusiasm, creativity and dedication. This was a very demanding year as you navigated through a pandemic, while concurrently launching initiatives to support and strengthen Equity, Diversity and Inclusivity, Anti-Black Racism, Physician and Learner Wellness and Health Human Resource Planning. Your commitment to serving our members has been evident since day one, and I feel fortunate to have been able to join the team on my last CFMS journey.

The experiences I have had with the CFMS have impacted me in a profound way. It has opened my eyes to the reality of medicine, not only at the clinical level, but to see the many levels of administration, advocacy and education that impact all of our members. I will be forever grateful for the lessons you have ALL taught me, whether at a virtual meeting, Days of Action, SGMs, AGMs, or external organization events. THANK YOU for allowing me to learn more, so that I can serve better. Our profession offers the most beautiful connections, meaning and purpose. I know I am fortunate to have entered into this world of medicine and the CFMS really served as the icing on top of the cake.

Stay positive along your journey and be sure to slow down and enjoy the ride, because it will pass quickly. Always remember that your interactions have impact, whether it's with your friends, family, peers or patients, "People will forget what you say, they will forget what you do, but they will never forget how you made them feel". I still remember Rosemary making me feel like part of the CFMS family immediately. I hope YOU feel this way too, because we could not accomplish all that we do, without the effort of so many committed medical student leaders. So here's to always having those "positive feels".

Stay focused, stay kind (especially to yourself) and most importantly, stay humble.

Stephanie Smith

Stephanie Smith

Past-President & Board Chair | Ancien Président & Président du Conseil d'Administration
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