

**Resolution: Motion to Adopt a Position Paper “Responding to Medical Student Suicide”**

**WHEREAS;** The CFMS supports the health and well-being of its members.

**WHEREAS;** Burnout, depressive symptoms, and suicidal ideations are prevalent amongst medical students (Dyrbye et al, 2016; Rotenstein et al, 2016) and risk of burnout increases as medical training progresses (McLuckie et al, 2018).

**WHEREAS;** Medical students at risk do not always seek or receive the help they need for fear of stigmatization (Matheson et al, 2016).

**WHEREAS;** Only a proportion of Canadian medical undergraduate programs have an existing response policy in the event of a suicide (Zivanovic et al, 2018).

**BE IT RESOLVED THAT** the CFMS adopt the position paper “Responding to Medical Student Suicide.”

**BE IT FURTHER RESOLVED THAT** the CFMS advocate for efforts in prevention, education, early identification, support, and suicide response protocol among Canadian medical schools.

**Financial Cost:** \$0

**Source of funding:** N/A

**Level of Effort:** 0h

**Moved by:**

Bianca Sarkis (McGill University)

**Seconded by:**

James Mattina (McGill University)

**References:**

Dyrbye L, Shanafelt T. A narrative review on burnout experienced by medical students and residents. *Medical Education*. 2016;50(1):132-49.

Matheson KM, Barrett T, Landine J, McLuckie A, Soh NL, Walter G. Experiences of Psychological Distress and Sources of Stress and Support During Medical Training: a Survey of Medical Students. *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*. 2016;40(1):63-8.

McLuckie A, Matheson KM, Landers AL, Landine J, Novick J, Barrett T, et al. The Relationship Between Psychological Distress and Perception of Emotional Support in Medical Students and Residents and Implications for Educational Institutions. *Academic psychiatry : the journal of the American Association of Directors of Psychiatric Residency Training and the Association for Academic Psychiatry*. 2018;42(1):41-7.

Rotenstein LS, Ramos MA, Torre M, Segal JB, Peluso MJ, Guille C, et al. Prevalence of Depression, Depressive Symptoms, and Suicidal Ideation Among Medical Students: A Systematic Review and Meta-Analysis. *Jama*. 2016;316(21):2214-36.

Zivanovic R, McMillan J, Lovato C, Roston C. Death by Suicide among Canadian Medical Students: A National Survey-Based Study. *Canadian journal of psychiatry Revue canadienne de psychiatrie*. 2018;63(3):178-81.