Jasmine Leung (she/her/elle)
CFMS Quebec Regional Director (QRD)
2024 CFMS Spring General Meeting
2024 April 12, Vancouver, BC



#### I. INTRODUCTION

The Canadian Federation of Medical Students (CFMS) is the representative voice of Canadian medical students to the national medical organizations, to the federal government, to the public, and to other external bodies. The CFMS represents over 8000 medical students at 15 Canadian medical schools from coast to coast. It is the mission of the CFMS to represent, support, and connect its members. The CFMS aims to communicate within its membership, as well as from its membership, to the world at large. As an ever-expanding organization, the CFMS continually strives to meet the consistent and changing needs of Canadian medical students.

#### II. ACTIVITIES AND PROJECT AREAS

The position of the Québec Regional Director is a one-year position elected by the CFMS General Assembly at the Annual General Meeting (AGM), assuming office directly following the AGM. The CFMS Québec Regional Director is responsible for representing all CFMS member schools in Quebec. The school is:

• McGill University.

The Québec Regional Director also represents individual CFMS members who are from other Quebec medical schools. The Québec Regional Director chairs or attends external meetings, committees, task forces and working groups as required by their regional duties and by their attaché dyad position. They collaborate with medical societies in the planning of Québec events. Additionally, the Québec Regional Director carries out strategic duties in maintaining their fiduciary responsibilities to the CFMS. Finally, the Québec Regional Director serves as a liaison between the CFMS and the Fédération Médicale Étudiante du Québec (FMEQ).

#### III. MEETINGS ATTENDED

Date	Meeting	Location
June 9-11, 2023	CFMS Summer Board Transition Meeting	Halifax
July 19, 2023	CFMS Board 1-on-1 Meeting with CFMS President	Virtual
July 20, 2023	CFMS QRD Transition Meeting with 2022-23 QRD	Montreal

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July 31, 2023	CFMS RD Meeting regarding AGM Bidding Package	Virtual
August 5, 2023	CFMS Virtual Board Meeting	Virtual
August 31, 2023	CFMS AGM RRT Planning Meeting	Virtual
September 13, 2023	McGill MedSoc General Council Meeting	Virtual
September 14-16, 2023	CFMS Annual General Meeting	Toronto
September 16, 2023	CFMS RRT #1 (AGM)	Toronto
September 17, 2023	Meeting with McGill Med-1 Class Presidents for planning of the CFMS Orientation Presentation and Clipboard Distribution - McGill	Montreal
September 20, 2023	CFMS Orientation Presentation and Clipboard Distribution - McGill	Montreal
September 23, 2023	Royal College Regional Advisory Committee - Introduction and Mentor	Virtual
September 30, 2023	McGill MedSoc General Council Meeting	Montreal
October 4, 2023	CFMS Longitudinal Wellness Initiative Task Force (LWITF) Lead Handover Meeting with 2022-23 LWITF Lead	Virtual
October 15, 2023	FMEQ Conseil général (CG)	Virtual
October 20-21, 2023	CFMS Fall Board Meeting	Montreal
November 9, 2023	CFMS Governance Committee Meeting	Virtual

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November 25, 2023	CFMS Virtual Board Meeting	Virtual
November 26, 2023	CFMS Governance Committee Internal Review Task Force Meeting	Virtual
November 28, 2023	Royal College of Physicians and Surgeons of Canada (Royal College) Regional Advisory Committee (RAC) - Orientation Meeting	Virtual
November 28, 2023	CFMS Bilingualism Committee Meeting	Virtual
December 14, 2023	CFMS Wellness Meeting	Virtual
January 2, 2024	Meeting with FMEQ VP External	Virtual
January 7, 2024	Meeting with CMA-QC	Virtual
January 14, 2024	CFMS RRT #3	Virtual
January 25 - 27, 2024	CFMS Winter Board Meeting	Calgary / Banff
February 12, 2024	CFMS Governance Committee Strategic Plan Task Force Meeting	Virtual
February 18, 2024	CFMS RRT #4	Virtual
March 5, 2024	CaRMS and Medical Learners Meeting	Virtual
March 9, 2024	CFMS Virtual Board Meeting	Virtual
March 10, 2024	CFMS RRT #5	Virtual
March 17, 2024	CFMS Board Midterm Check In with CFMS President	Virtual

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March 18, 2024	Meeting with CFMS Pre-Medical Student Task Force Lead	Virtual
March 21, 2024	Meeting with Canadian Association of Latin Medical Students (CALMS)	Virtual
March 24, 2024	FMEQ Conseil général (CG)	Virtual
April 7, 2024	CFMS Pre-Medical Student Task Force Meeting	Virtual
April 11 - 14, 2024	CFMS Spring General Meeting/Canadian Medical Student Conference	Vancouver
April 13, 2024	Canadian Medical Hall of Fame (CMHF) 2024 Induction Ceremony	Vancouver
April 15, 2024	CFMS Medical Education Day of Action (MEDoA)	Vancouver
April 28, 2024	CFMS RRT #6	Virtual
May 18, 2024	CFMS Elections	Virtual
May 23, 2024	Royal College National Advisory Council (NAC) - Wellbeing and Human Resources Meeting	Virtual
June 13 - 16, 2024	CFMS Summer Board Meeting	PEI

#### IV. UPDATES, PRIORITIES AND ACTION ITEMS

#### **Updates on Priorities**

#### A. CFMS Orientation Presentation and Clipboard Distribution

- Collaborated with the Class of 2027 Presidents of the Downtown and Outaouais campuses of McGill in order to deliver the CFMS orientation presentation in-person, provide free pizza, and deliver the free CFMS & RDoC clip boards.
- Answered first-year students questions about the CFMS and shared my past experiences working with the CFMS.

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#### B. Fédération médicale étudiante du Québec (FMEQ)

- Represented the CFMS as meetings of the Conseil général (CG)
- Met and established an open line of communication with the FMEQ VP External
- Regularly communicated with the Vice-President External (VPX) Quebec of the Downtown campus of McGill Medicine, who is a member of the CG
- Regularly communicated with the VPX

#### C. CFMS Regional Roundtables (RRTs)

- Chaired and attended RRTs in collaboration with the other RDs
- Implemented feedback given my Vice-President

### D. CFMS Bilingualism Committee

 Collaborated with the CFMS communications Coordinator, Bilingualism Committee Lead, and Bilingualism Committee members to translate CFMS documents and communications into French

#### E. Medical Student Societies of Quebec Member Schools

- Attended meetings of the McGill Medical Students' Society General Council
- Regularly communicated with the x

#### F. Other Quebec Medical Student Organizations

 Met and established an open line of communication with the CMA - Quebec Student Committee (Cé-AMC)

#### **Updates on New Initiatives**

# A. New permanent role for the CFMS QRD within the Royal College of Physicians and Surgeons of Canada

- Obtained a seat for the CFMS QRD position on the Royal College Regional Advisory Committee (RAC) 4
- Attended RAC Orientation, connected with my assigned RAC mentor, and otherwise fulfilled my duties as a RAC member until the eventual dissolution of the RAC structure within the Royal College
- Secured a permanent seat for the CFMS QRD position on the Royal College National Advisory Council (NAC) Well-being and Human Resources Meeting

#### B. Decreased barriers to becoming an individual members of the CFMS

- Created a bilingual infographic for <u>How to Become a CFMS Individual Member / Comment devenir membre individuel de la FEMC</u>
- Shared the infographic with Quebec medical student leaders and representatives for effective dissemination to students at non-member schools

#### C. CFMS Recruitment Forms Project - completed

- Reviewed and revised all of the CFMS recruitment forms
- Reviewed the previous CFMS recruitment marking sheet and created new CFMS marking sheets for each portfolio

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- Integrated the feedback of relevant Portfolio Directors into the revisions of the recruitment forms and marking sheets
- Harmonized the updated recruitment forms and marking sheets

#### D. CFMS Pre-Medical Student Task Force

- Served as the liaison between the CFMS Board of Directors and the Task Force
- Met with Pre-Medical Task Force Lead and completed introductions with Task Force members
- Scheduled the next Pre-Medical Task Force meeting to finalize the Proposal for a New CFMS Section for Pre-Medical Student Engagement

#### E. Canadian Association of Latin Medical Students (CALMS)

- Met with and maintained an open line of communication with the Presidents of the newly founded CALMS
- Assisted in the translation of the CALMS advertisement into French
- Shared bilingual versions of CALMS promotional materials with Quebec medical student society representatives and student leaders in order to facilitate the connection of Latin medical students within Quebec and with those in the rest of Canada

#### V. FUTURE GOALS

- A. Continue collaborating with the FMEQ to increase student opportunities, offer additional resources available in French, and serve the interests of Quebec medical students.
- B. Improve the collaboration between the CFMS and the CMA-QC student committee and the IFMSA-QC.
- C. Continue working with the Communications Coordinator and Bilingualism Committee to ensure that all of the CFMS's communications and documents are available in both official languages.
- D. Onboard and support the incoming Quebec Regional Director during their transition into the role.
- E. Secure approval for the Proposal for a New CFMS Section for Pre-Medical Student Engagement.

#### VI. REFLECTIONS AND CONCLUSIONS

Serving as the 2023-24 CFMS Quebec Regional Director has been a privilege and a pleasure. I am immensely grateful to have had the opportunity to meet and work with so many hardworking, talented, and inspirational medical students both in Quebec and across Canada. I am so proud of the incredible accomplishments we have achieved together.

I would also like to express my deep gratitude to my fellow members of this year's CFMS Board of Directors. They have supported me through difficult moments and encouraged me to do my best in this role throughout the entirety of my term. I feel so thankful that I had them all as colleagues and so lucky to now call each of them dear friends.

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I am so grateful to my constituents for trusting me to hold this office. Serving as your 2023-24 CFMS QRD has been a true joy.

#### **Jasmine Leung**

M.D.,C.M. Candidate 2025, McGill University | Candidate M.D.,C.M. 2025, Université McGill Quebec Regional Director | Directrice Régionale du Québec Canadian Federation of Medical Students | Fédération des étudiants en médecine du Canada <a href="mailto:quebec@cfms.org">quebec@cfms.org</a> | <a href="mailto:www.cfms.org">www.cfms.org</a>